

Original Research Paper

# Effect of Novel Engineered *Aspergillus oryzae* on Soybean Meal Fermentation and Optimization of Cultivation Conditions

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**Abstract:** The filamentous fungus *Aspergillus oryzae* is an important strain in fermentation industry. In this study, to test the possibilities of improving polypeptides production, the soybean meal fermentation products were used to investigate the efficiencies of four different novel recombinant engineered *A. oryzae* strains *A. oryzae* subC, *A. oryzae* asp, *A. oryzae* Ap and *A. oryzae* pep. Gel filtration was employed to separate the products produced by the four engineered strains and wild-type *A. oryzae* and the antioxidant activities of each component of the products were compared. The results showed that the proportion of small-molecule peptides produced by *A. oryzae* pep fermentation was higher, mainly in the range of 1000-2000 Da, when compared with that yielded by wild-type *A. oryzae* fermentation. The antioxidant activities of the different components of the fermentation products produced by various engineered strains, especially component I of *A. oryzae* pep, showed varying degrees of improvement on DPPH and ·OH free radical scavenging activities, reaching 73.1%±0.9% and 81.4%±1.2%, respectively. To further enhance the fermentation performance of *A. oryzae* pep, response surface methodology was used to optimize the fermentation conditions. The results indicated that the polypeptide conversion rate reached 40.4% following fermentation with 8% inoculum for 108 h at 31°C. These findings are significant for the development of *A. oryzae* strains and high-value utilization of soybean meal resources.

**Keywords:** Engineered *Aspergillus oryzae*, Fermentation, Molecular Weight Distribution of Polypeptides, Antioxidation, Response Surface Optimization

## Introduction

As a filamentous fungus belonging to the genus *Aspergillus*, *Aspergillus oryzae* has been traditionally used for more than 1000 years for brewing foods such as soybean paste and soy sauce (Abe *et al.*, 2006). Owing to its easy cultivation and absence of aflatoxin secretion, *A. oryzae* is widely used in food processing and industrial enzymes production (Barbesgaard *et al.*, 1992; Brown *et al.*, 2013). *A. oryzae* mainly secretes neutral protease, with relatively low alkaline protease and acid protease activities, thus, presenting low degradation and utilization of raw protein (Zhao *et al.*, 2014). To meet

the needs of the fermentation industry, researchers are committed to develop new *A. oryzae* strains with high protease activity to improve raw protein utilization and composition of fermentation products (Ortiz *et al.*, 2016; Xu *et al.*, 2011; Fang *et al.*, 2009). Genetic engineering has been reported to significantly enhance the protease activity of *A. oryzae* (te Biesebeke *et al.*, 2005; Hunter *et al.*, 2013; Olempska-Beer *et al.*, 2006).

As the byproduct of oil processing industry, soybean meal has high protein content and is an excellent raw protein material (Zheng *et al.*, 2017; Rumsey *et al.*, 1994; Mukherjee *et al.*, 2016). However, soybean meal is currently mainly used as feed, with only a small part of

it employed in fermentation and the majority of the protein material not being effectively utilized, resulting in wastage of resources (Lawrence *et al.*, 2003; Ortega *et al.*, 2016; Nath *et al.*, 2017). Thus, the use of soybean meal as a raw material for further processing and comprehensive utilization has significant prospects (Wang *et al.*, 2017; Liu *et al.*, 2017; Yu *et al.*, 2018). Response Surface Methodology (RSM), which can accurately express the relationship between factors and response values, is an effective method to optimize reaction conditions. Because of its reasonable design and excellent results, it has been widely used in chemical industry, biological engineering and food engineering (Dai *et al.*, 2018). In recent years, Box-Behnken design, an RSM with less factors and experiments, has gained more attention in the food industry, especially in the process of fermentation and optimization of operation conditions (Gunst, 2008).

In this study, engineered *A. oryzae* strains expressing different proteases were utilized for the fermentation of soybean meal. The molecular weight distribution and antioxidant activity of the fermentation products produced by different *A. oryzae* strains were compared and the fermentation conditions were optimized by RSM. The results of this study could help to develop high-yielding strains with desired properties, improve the yield of products and expand the use of soybean meal.

## Materials and Methods

### Materials

#### Strains and chemicals

Wild-type *A. oryzae* (huniang 3.042) preserved in our laboratory and four strains of engineered *A. oryzae* subC, *A. oryzae* asp, *A. oryzae* Ap and *A. oryzae* pep, which had been constructed before and preserved in our laboratory, were used in this study (Yu *et al.*, 2017). The four genetically engineered *A. oryzae* strains expressed different proteases, respectively. Sephadex G-25 was obtained from Pharmacies Technology Co. Trypsin inhibitor (Mr 6511), vitamin B12 (Mr 1355), glutathione (Mr 307), DPPH and 3,5-dinitrosalicylic acid were purchased from Sigma Technology Co. Soybean meal was purchased from Yihai cereal oil.

#### Activation and Cultivation of Strains

The wild-type and four engineered *A. oryzae* strains were activated on Potato Dextrose Agar slant medium (PDA) and cultured at 30°C for 3 days. The PDA medium contained the following: 20.0% potato, 2.0% agar and 2.0% glucose (sterilized at 121°C for 20 min). Then, the spores were collected, washed with 10 mL of deionized water (sterilized). The spore solution was prepared and suspended at a concentration of 10<sup>8</sup>

spores/mL (Liu *et al.*, 2009) and inoculated into solid fermentation medium (100 g) at 2% inoculum volume and 30°C for 4 days. The solid-state fermentation medium comprised the following: 0.1% KH<sub>2</sub>PO<sub>4</sub>, 0.04% MgSO<sub>4</sub>·7H<sub>2</sub>O, 1.0% soluble starch and 1:1 soybean: Water. After the fermentation process, the fermented products were dried to constant weight using oven at 60°C for further analysis.

### Methods

#### Determination of Molecular Weight Distribution

Samples of fermentation of different strains were extracted with deionized water in a water bath at 50°C for 6 h. To inactivate the enzyme activity, the extracts were heated in an oven at 121°C for 10 min. The supernatant was obtained by centrifugation (Sorvall Stratos, Thermo, USA) at 3000 ×g for 10 min and filtered by ultrafiltration (14-A, Ruili Shanghai, China) using an ultrafiltration membrane (cut-off molecular weight, 10 kDa) at P = 0.12 MPa (Ma *et al.*, 2001). Subsequently, the filtrate with molecular weight less than 10 kD was collected, precooled for 2 h at -40°C in a vacuum freeze dryer (Scientz-30ND, Xinzhi Ningbo, China), freeze-dried for 10 h at a vacuum degree of less than 5 Pa and the samples were collected.

The molecular weight distribution of the peptides of the fermented products was determined by gel filtration (Xie *et al.*, 2012). The column conditions comprised a flow rate of 1 mL/min and detection wavelength of 280 nm. As the elution buffer solution, 0.1 mol/L Tris-HCl (pH 7.0) was employed. Subsequently, 5 g of Sephadex G-25 (Pharmacies) were added to 100 mL of deionized water, placed at room temperature for 3 h for swelling, packed in a column with chromatographic system (MA99, Huxi Shanghai, China) and eluted with buffer solution for 1 h. The ultrafiltration samples of different strains with concentration of 5% (W/V) were prepared. Then, 2 mL of the samples were used for analysis under the above-mentioned conditions and the ultraviolet absorption of the effluent was recorded. The outflow volume (mL) was recorded with a measuring cylinder and the analysis was repeated again under the same conditions. Trypsin inhibitor (Mr 6511), vitamin B12 (Mr 1355) and glutathione (Mr 307) were used as standard molecular weight references.

#### Determination of Antioxidant Activity

In this study, the antioxidant activities such as reduction potential, DPPH radical scavenging rate and hydroxyl radical scavenging rate of each component of the fermented products produced by different strains were tested. FRAP and KCN were used to determine the reduction potential and the components of the fermented products produced by different *A. oryzae* strains were

compared by evaluating the absorbance of the reaction solution (Yen and Duh, 1993). The absorbance value was measured at 700 nm and the reduction potential of the sample was characterized by the absorbance value. The scavenging effects of different samples on DPPH free radicals were calculated by the method developed by Parejo *et al.* (2000), by detecting DPPH-scavenging at a wavelength of 517 nm. Hydroxyl (OH) radicals were determined by salicylic acid method (Li *et al.*, 2008) and their concentration was calculated by adding salicylic acid into the system and detecting absorbance at 510 nm.

### Optimization of the Fermentation Conditions

RSM was applied to optimize the soybean meal fermentation conditions of engineered *A. oryzae* pep, which showed high content of small peptide and good antioxidant activity (Roldan-Carrillo *et al.*, 2011). According to the design principle of the Box-Behnken Center Combination Test, three factors that have significant influence on the polypeptides conversion rate were selected as follows: Fermentation time ( $X_1$ ), fermentation temperature ( $X_2$ ) and inoculum volume ( $X_3$ ). Each factor was set at three levels: Low, medium and high. The factors were coded as -1, 0 and 1 and the polypeptides conversion rate (Y/%) was considered as the measures. Design Expert 8.0 software was used for test design. The factors and levels were set as shown in Table 1. The polypeptides conversion rates achieved by fermentation with different *A. oryzae* strains are shown in Table 2.

The polypeptides content was determined using the biuret method (Cotton *et al.*, 1997). In brief, 5 g of the fermentation product were mixed with 10 mL of deionized water and placed in a water bath at 50°C for 6 h. The extracts were heated in an oven at 121 C for 10 min to inactivate the enzyme activity. Then, equal volume of trichloroacetic acid solution (15%) was added and the mixture was allowed to settle for 30 min to precipitate macromolecular proteins. The mixture was centrifuged at 5000 ×g for 10 min at 4 C (Sorvall Stratos, Thermo, USA) and the supernatant was stored in a 25-mL tube at constant volume. Subsequently, 1 mL of the sample solution with 5-fold dilution was mixed with 4 mL of biuret reagent and stored at room temperature for 30 min and the absorbance of the mixture was measured at 540 nm with spectrophotometer (7200, Unico, China). The polypeptides content was determined by comparing with the standard curve obtained using casein (Sigma, USA) as the standard protein and the polypeptides conversion rate was calculated (Liu *et al.*, 2011) as follows:

$$\text{Polypeptides conversion rate} = \frac{\text{Polypeptides content}}{\text{soybean meal protein content}} \times 100\% \quad (1)$$

where soybean meal protein content is calculated as  $M \times 98.9\% \times 42.6\%$ , with M denoting the amount of sample, 98.9% indicating the dry matter content in soybean meal and 42.6% representing the nitrogen content in soybean meal determined by Kjeldahl method (Deacon, 1972). The equation of the standard curve is:  $y = 0.0854x + 0.0145$ .

**Table 1:** Variables and levels used in the experimental design

Symbol	Variable	Coded level			Unit
		-1	0	1	
X1	Fermentation time	96	108	120	h
X2	Fermentation temperature	30	32	34	°C
X3	Inoculation volume	2	4	8	%

**Table 2:** Box-Behnken experimental design comprising three factors and three levels

Run	$X_1$	$X_2$	$X_3$	Polypeptide conversion rate (Y)/%
1	1	0	-1	33.6
2	1	0	1	37.1
3	-1	0	-1	28.5
4	0	-1	-1	34.6
5	0	0	0	43.1
6	-1	-1	0	25.8
7	-1	1	0	30.5
8	-1	0	1	34.7
9	0	0	0	42
10	0	-1	1	38.2
11	0	1	-1	35.3
12	1	1	0	30.7
13	0	0	0	39.3
14	0	1	1	36.3
15	1	-1	0	27.0

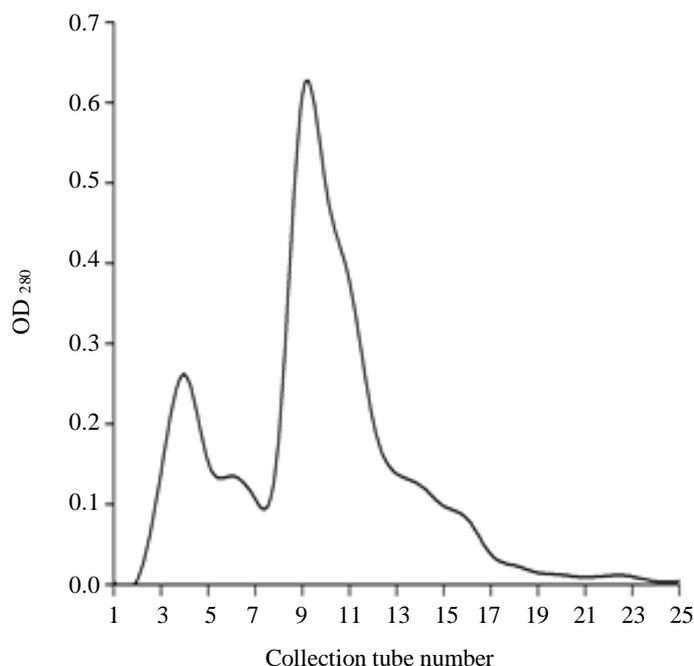
## Results and Discussion

### *Molecular Weight Distribution of Polypeptides in the Fermented Products*

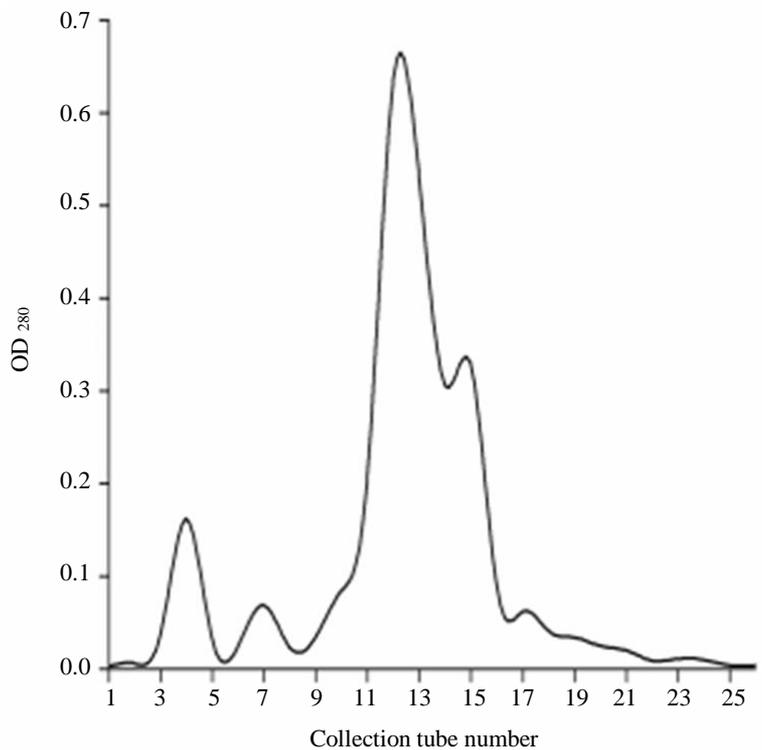
The results of gel filtration of the fermented products produced by different *A. oryzae* strains are shown in Fig. 1-5. The polypeptides in the fermented products produced by different strains were of various sizes and molecular weights and were continuously distributed. When compared with the fermented products produced by wild-type *A. oryzae*, the proportion of small molecular weight peptides in the fermented products produced by the engineered strains was higher, with *A. oryzae* pep exhibiting the largest peak area, indicating the higher percentage of small molecular peptides in the fermented products. When separated by chromatographic column, the peaks of the wild-type *A. oryzae* fermented products were at about 24 min, while those of *A. oryzae* Ap and *A. oryzae* pep fermented products were at about 42 and 48 min, respectively, indicating that the molecular weight of peptides in the fermented products of *A. oryzae* Ap and *A. oryzae* pep was lower than that of peptides in the fermented products of wild-type *A. oryzae*. The molecular weight distribution range of different components of the fermented products of each strain was determined from the molecular weight

of standard protein. The molecular weight of the fermented product of *A. oryzae* pep was mainly in the range of 1000-2000 Da. The highest peak separation liquid of different strains fermented samples which the number of collection pipe is about 10-20 were collected and frozen dried respectively. These samples were recorded as gel filtration separation component I and used in subsequent tests.

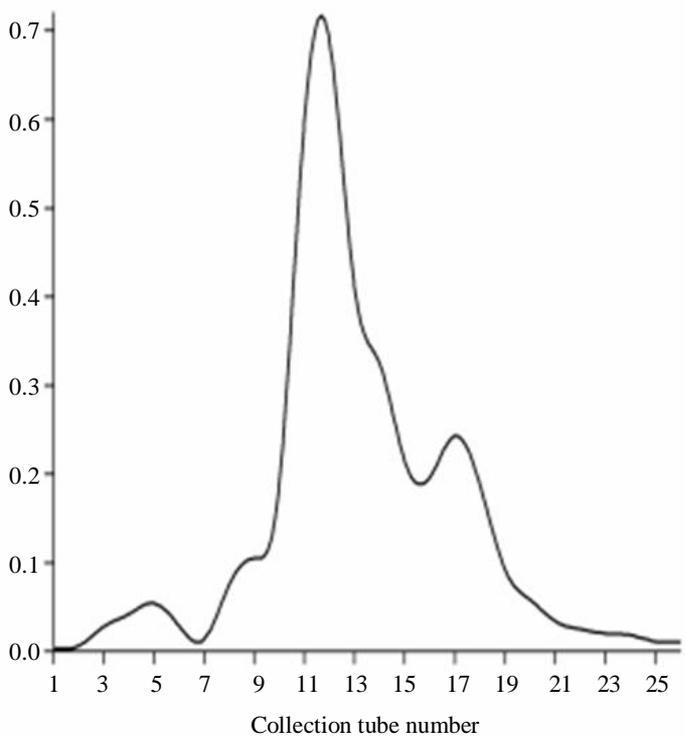
Soybean polypeptide is a mixture of various peptides with different molecular weights. The molecular weight distribution of soybean polypeptide is closely related to its function. As peptide segments with different functional and physiological activities are often distributed in different molecular weight regions, it is crucial to understand the molecular weight composition of polypeptide (Suetsuna, 2000). It has been reported that during solid-state fermentation of soybean meal, microbial strains and their protease are involved in the degradation of soybean protein, increasing free amino acids, producing structural changes in soybean protein and improving the functional properties of soybean protein (Yang *et al.*, 2013). Therefore, the microbial strains used in fermentation and their protease activity can affect the properties of the fermentation products. The results of the present study showed that the peptide composition of soybean meal fermented by different engineered strains of *A. oryzae* varied.



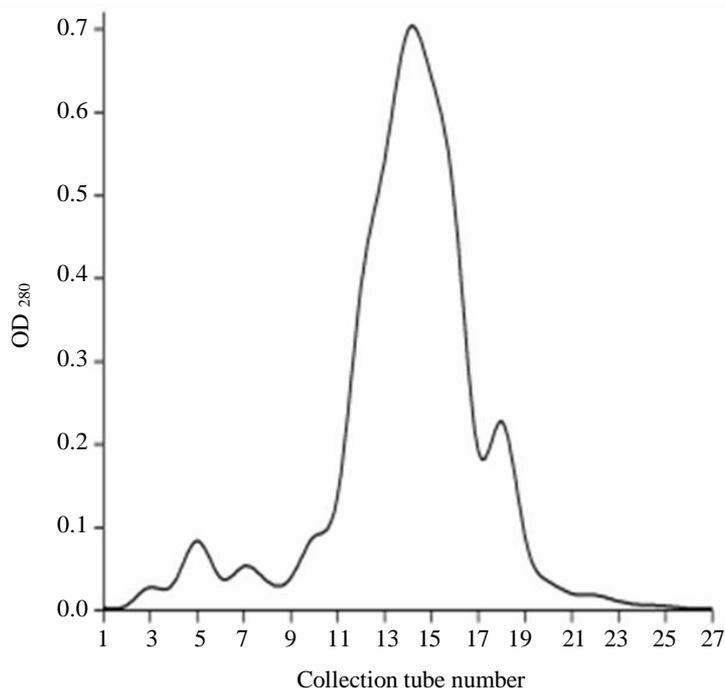
**Fig. 1:** Elution profile of ultrafiltrate of wild-type *A. oryzae* fermented product by Sephadex G-25



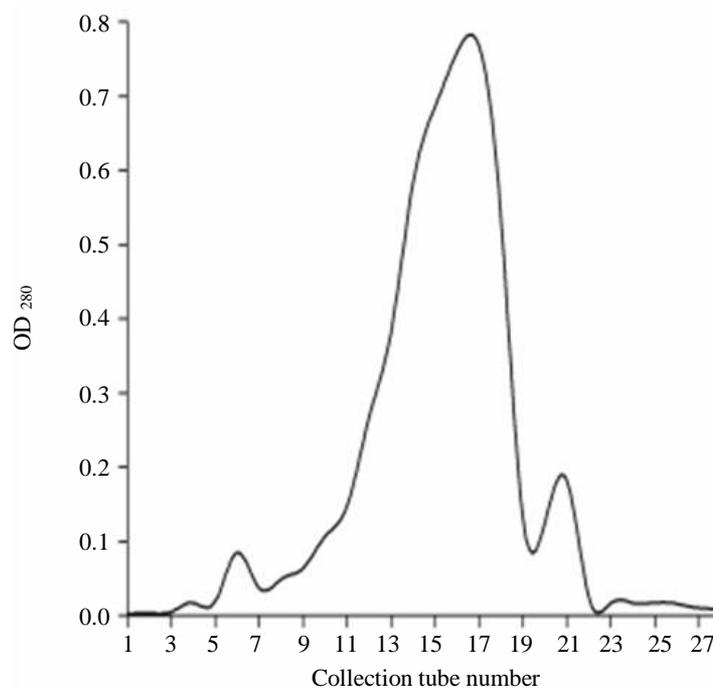
**Fig. 2:** Elution profile of ultrafiltrate of *A. oryzae* subC fermented product by Sephadex G-25



**Fig. 3:** Elution profile of ultrafiltrate of *A. oryzae* asp fermented product by Sephadex G-25



**Fig. 4:** Elution profile of ultrafiltrate of *A. oryzae* Ap fermented product by Sephadex G-25



**Fig. 5:** Elution profile of ultrafiltrate of *A. oryzae* pep fermented product by Sephadex G-25

#### *Antioxidant Capacity of the Fermented Products*

Antioxidant capacity of fermented products is an important index, which can be evaluated by measuring the reduction ability of the products with potassium

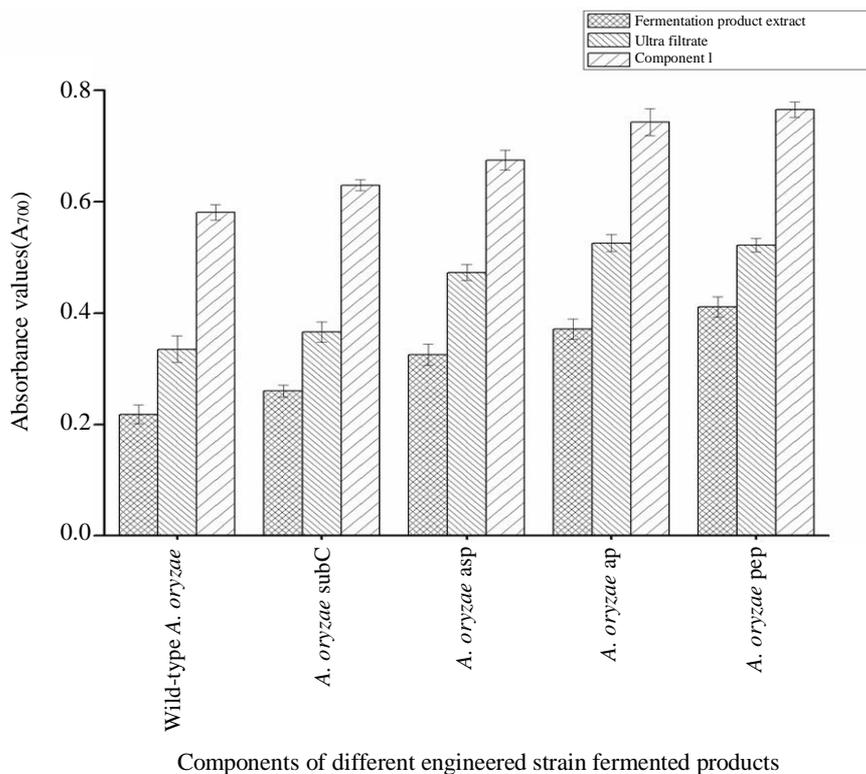
ferricyanide reduction system. The results of total reduction ability of each component of the fermented products produced by different *A. oryzae* strains are shown in Fig. 6. It can be observed from the figure that the total reduction ability of the fermented product

extract, ultrafiltrate and gel filtration component I of different strains was improved at varying degrees after separation. The total reduction ability of component I of *A. oryzae* pep and *A. oryzae* Ap exhibited a higher increase. The absorbance value ( $A_{700}$ ) of the fermented product extract, ultrafiltrate and component I of *A. oryzae* pep was 0.411, 0.522 and 0.766, respectively. After ultrafiltration and gel filtration, the total reducibility of the components of the fermented products presented 1.9-fold increase, when compared with that of the unfiltered fermented product. It has been indicated that soybean meal proteins may exhibit antioxidant activity and that the activity of the polypeptide is closely related to its molecular weight (Xu *et al.*, 2015; Suetsuna, 2000). When compared with the absorbance value of wild-type *A. oryzae* component I, the total reduction capacity of *A. oryzae* pep component I was 1.3-fold higher.

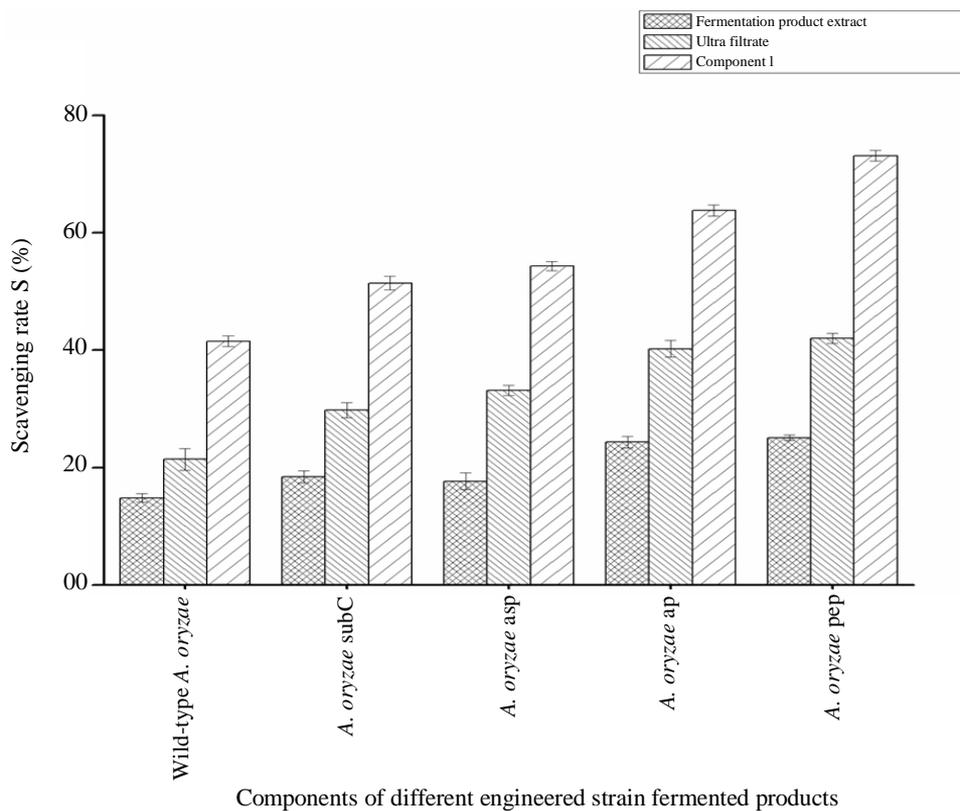
The DPPH free radical scavenging activities of different components of the fermented products produced by different *A. oryzae* strains are shown in Fig. 7. It can be seen from the figure that the scavenging capacity of the fermented product extracts of wild-type *A. oryzae*, *A. oryzae* subC and *A. oryzae* asp showed only slight difference. The scavenging rates of *A. oryzae* Ap and *A. oryzae* pep extracts were slightly increased ( $24.3\% \pm 1.0\%$  and  $25.1\% \pm 1.0\%$ , respectively), while that of component I and fermented product extract of *A. oryzae* pep presented the maximum value, reaching  $73.1\% \pm 0.9\%$ . The DPPH

removal rate of *A. oryzae* pep ultrafiltrate ( $42\% \pm 0.9\%$ ) was 1.7-fold higher than that of the corresponding fermented extract ( $25.1\% \pm 1.0\%$ ). When compared with the fermented extract and ultrafiltrate, component I presented 2.9- and 1.7-fold higher clearance rate, respectively. These results showed that the DPPH scavenging activity of the fermented products improved with the decrease in the molecular weight of the polypeptides as well as increase in the proportion of small molecular peptides in the fermented products.

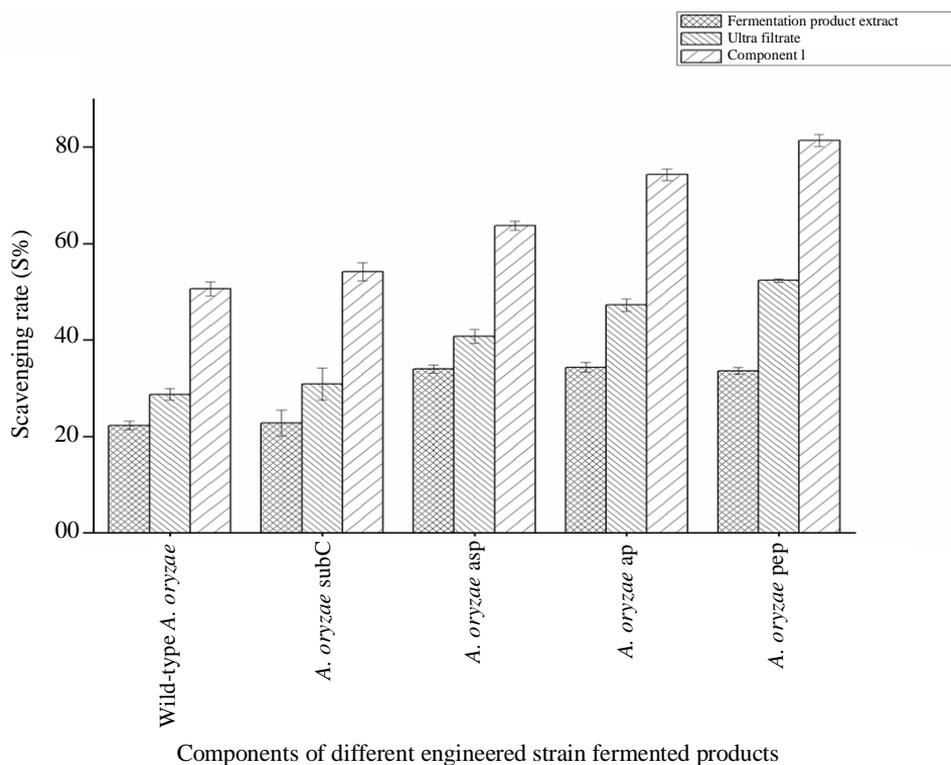
Currently, OH is the most active oxygen-containing free radical known and is also the most toxic free radical to living organisms (Chen *et al.*, 2004). The scavenging effects of each component from different engineered *A. oryzae* strains on  $\cdot\text{OH}$  are shown in Fig. 8. It can be observed from the figure that the  $\cdot\text{OH}$  scavenging capacity of the fermented products produced by *A. oryzae* asp, *A. oryzae* Ap and *A. oryzae* pep was about  $34\% \pm 0.9\%$ , which was 1.5-fold higher than that produced by the wild-type *A. oryzae*. In particular, the scavenging capacity of the fermented products produced by *A. oryzae* subC only slightly differed from that produced by wild-type *A. oryzae*, whereas the scavenging capacities of the fermented products and ultrafiltrate of *A. oryzae* asp was higher than those of wild-type *A. oryzae*. Moreover, the  $\cdot\text{OH}$  clearance rate of the fermented product produced by *A. oryzae* pep reached  $81.4\% \pm 1.2\%$ .



**Fig. 6:** Total antioxidant activity of the components of fermented products produced by different *A. oryzae* strains



**Fig. 7:** DPPH radical scavenging activity of components of fermented products produced by different *A. oryzae* strains



**Fig. 8:** OH radical scavenging activity of components of fermented products produced by different *A. oryzae* strains

It has been reported that polypeptides derived from casein protein using pepsin and presenting molecular weights ranging from 913 to 2951 Da have better superoxide scavenging activity (Ibrahim *et al.*, 2018). The antioxidant activity of polypeptides is the result of a combination of factors such as amino acid composition, amino acid sequence, molecular weight and spatial structure (Han *et al.*, 2013). In the present study, the molecular weight and amino acid composition of polypeptides in the fermented products produced by *A. oryzae* pep were different from those of the polypeptides in the fermented products of wild-type *A. oryzae*, thus, resulting in varied antioxidant activities. Nevertheless, further studies on the amino acid composition and characteristics of polypeptides in the fermentation products produced by different engineered strains are needed.

### Optimization of Fermentation Conditions

By using Design Expert 8.0 analysis software, the experimental data were fitted and analyzed and the quadratic polynomial regression equation was obtained as follows:  $Y = 42.16 + 1.05X_1 + 0.73X_2 + 1.79X_3 - 0.25X_1X_2 - 0.4X_1X_3 - 0.99X_2X_3 - 7.8X_1^2 - 5.17X_2^2 - 0.89X_3^2$ . Table 3 shows the variance analysis of the regression model. It can be observed from the table that the P value of the model is significant, but the lack of fit is not significant, indicating the success of the experimental model. The regression coefficient  $R^2$  of response surface was 0.9317, while the corrected Adj  $R^2$  was 0.8088, revealing that the model had a good fit and small error and could be used to analyze and predict the fermentation conditions of soybean meal by *A. oryzae*. In the previous single-factor experiment, the effects of inoculum volume, fermentation time, fermentation temperature and moisture content in medium on polypeptide conversion rate were studied. The results showed that the influence of moisture content in medium

on polypeptide conversion rate was not significant ( $P > 0.05$ ). Therefore, fermentation time, fermentation temperature and inoculum volume were selected in optimization test of RSM. The F value of variance analysis indicated that the degree of influence of each factor on polypeptides conversion rate presented the following trend: Inoculum size > fermentation time > fermentation temperature.

Figure 9 shows the response surface optimization of the conditions for fermentation with *A. oryzae* pep. It can be seen from the figure that the three charts of the response surface are convex with open ends facing downwards. The optimum fermentation conditions and fermentation results can be predicted according to the mathematical model established by the RSM. Under the conditions of fermentation time of 110 h, fermentation temperature of 31.5°C and inoculum volume of 8%, the theoretical polypeptides conversion rate obtained by RSM was 42.5%. The fermentation conditions of validation experiment were adjusted considering the actual state of the fermentation experiment and feasibility of operation as follows: Fermentation time, 108 h; fermentation temperature, 31°C; and inoculum volume, 8%. Under these adjusted conditions, the polypeptide conversion rate reached 40.4%, which is in good agreement with the theoretical value, indicating that the established model is effective. The polypeptide conversion rate was 2.4 times higher than that achieved with the wild-type *A. oryzae* (17.0%) and is higher than that reported in the literature. In a previous study using soybean meal as raw material, the soybean polypeptides conversion rate had reached 26.4% after fermentation with *A. oryzae* (Gao *et al.*, 2014). In another study on soybean meal fermentation using *Bacillus subtilis*, the polypeptides conversion rate reached 31.5% after optimization of the fermentation process (Liao *et al.*, 2012).

**Table 3:** ANOVA for response surface quadratic model

Source	Sum of squares	df	Mean square	F value	P value*
Model	351.04	9	39.00	7.85	0.0191
X <sub>1</sub> (time)h	8.32	1	8.32	1.62	0.2596
X <sub>2</sub> (Temperature)°C	4.10	1	4.10	0.80	0.4132
X <sub>3</sub> (volume)%	25.56	1	25.56	4.97	0.0763
X <sub>1</sub> X <sub>2</sub>	0.25	1	0.25	0.049	0.8343
X <sub>1</sub> X <sub>3</sub>	0.67	1	0.67	0.13	0.7328
X <sub>2</sub> X <sub>3</sub>	4.18	1	4.18	0.81	0.4089
X <sub>1</sub> <sup>2</sup>	224.40	1	224.40	43.60	0.0012
X <sub>2</sub> <sup>2</sup>	98.72	1	98.72	19.18	0.0072
X <sub>3</sub> <sup>2</sup>	2.20	1	2.20	0.43	0.5420
Residual	25.73	5	5.15		
Lack offit	18.09	3	6.03	1.58	0.4108
Pure error	7.65	2	3.82		
Cor total	376.78	14			

\* $P < 0.01$ , extremely significant difference.  $0.01 < P < 0.05$ , significant difference

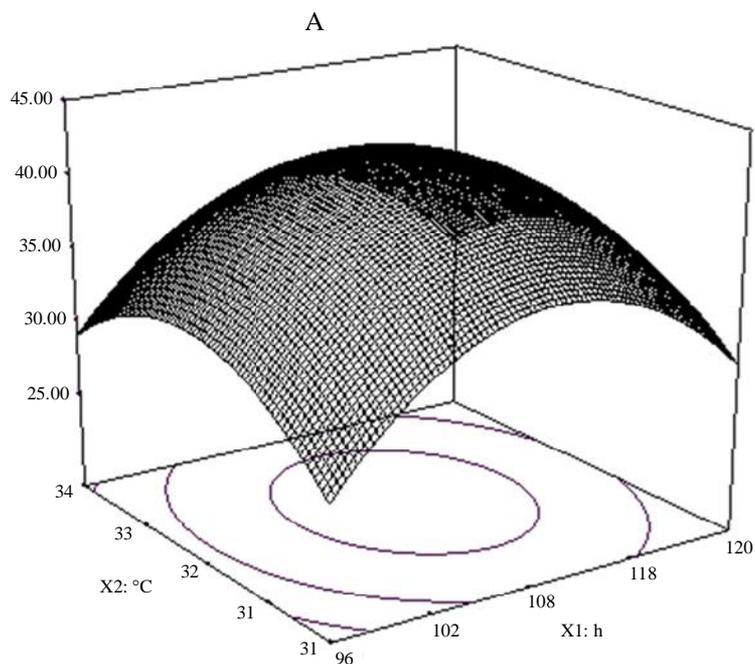
Thus, by using appropriate methods to optimize the fermentation conditions and technology, the product yield can be improved to a certain extent. In recent years, RSM has been widely used in bio-fermentation, food technology optimization and other fields (Wu and Ahn, 2018). When compared with the wild-type *A. oryzae*,

engineered *A. oryzae* strains could produce polypeptides from soybean meal fermentation with high efficiency and obvious advantages. The obtained soybean polypeptides products could be further used as substrates or functional additives in food production process and other industries.

Design-expert? Software  
Factor coding: Actual polypeptide conversion rate

X1 = A: Fermentation time  
X2 = B: Fermentation temperature

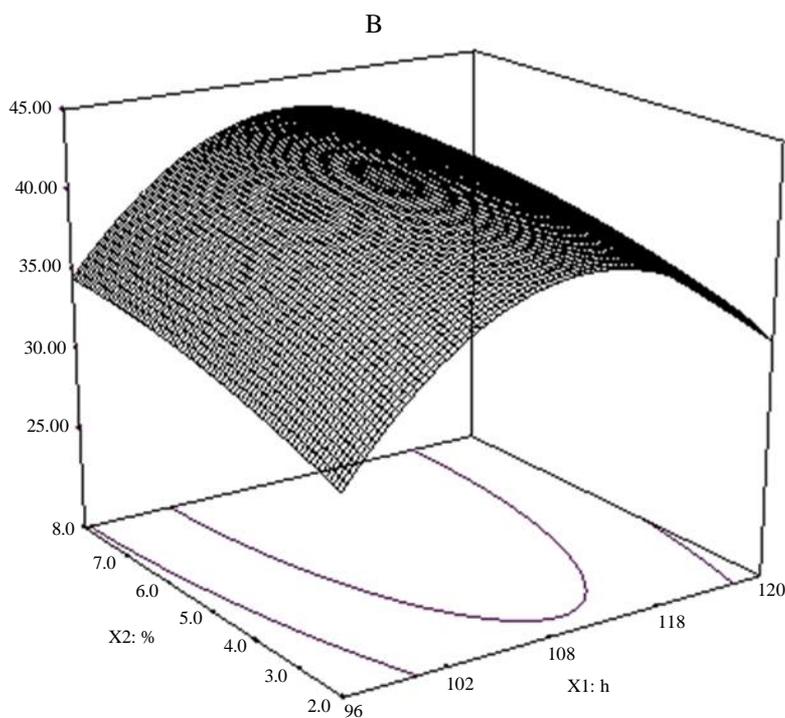
Actual factor  
C: inoculation volume = 500



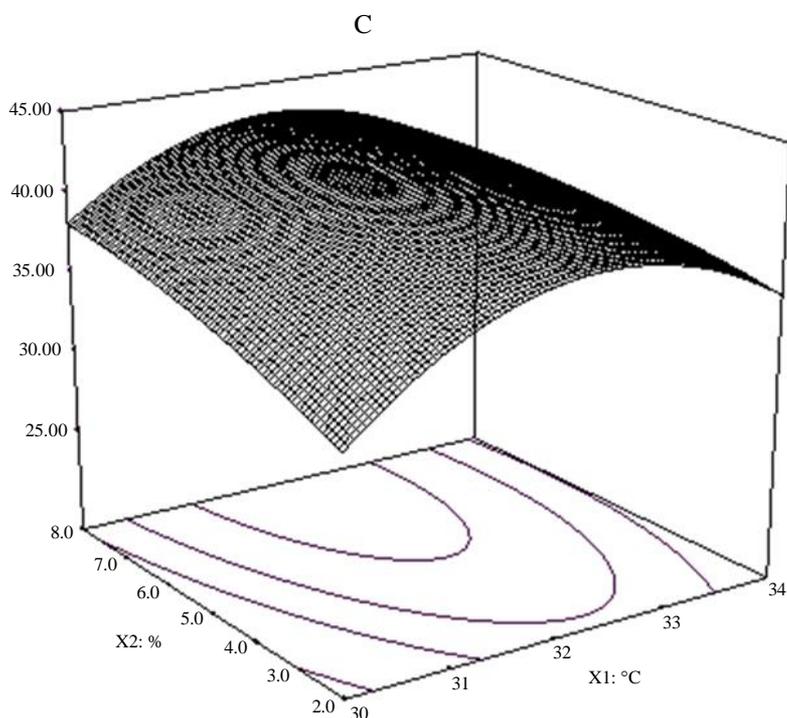
Design-expert? Software  
Factor coding: Actual polypeptide conversion rate

X1 = A: Fermentation time  
X2 = C: Inoculation volume

Actual factor  
B: Fermentation temperature = 32.00



Design-expert? Software  
Factor coding: Actual polypeptide conversion rate  
X1 = B: Fermentation temperature  
X2 = C: Inoculum volume  
Actual factor  
A: Fermentation time = 108.00



**Fig. 9:** Response surface of polypeptide conversions representing the interaction between two fermentation variables with the other variable remaining constant. A) Interaction between time and temperature with 4% inoculum volume; B) Interaction between time and inoculum volume at a temperature of 32 C; C) Interaction between temperature and inoculum volume with time of 108 h

## Conclusion

In this study, the fermentation efficiencies of four different novel recombinant engineered *A. oryzae* strains based on the molecular weight and antioxidant activities of the polypeptides produced had been investigated. The results showed that the proportion of small-molecule peptides produced by engineered *A. oryzae* strains was higher than that produced by wild-type *A. oryzae*. The antioxidant capacity of the engineered strains, especially component I of *A. oryzae* pep, presented varying degrees of improvement. Under optimized fermentation conditions, the polypeptide conversion rate of *A. oryzae* pep reached 40.4%, which was 2.4 times higher than that of the wild-type *A. oryzae*. These results may help to develop efficient *A. oryzae* strains and effective utilization of soybean meal resources.

## Acknowledgment

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## Author's Contributions

**Xiaochun Yu:** Participated in the whole experiment process and coordinated the data-analysis and manuscript preparation.

**Mingshuang Wang:** Participated in part of the experimental design and contributed to the experiment of polypeptides analysis.

**Xin Su:** Contributed to the optimization of fermentation conditions and coordinated the data-analysis.

**Xuejiao Han:** Contributed to the experiment of antioxidant activity.

## Conflict of Interest

The authors have no conflict of interests.

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