

Original Research Paper

Identification of Long Non-coding RNAs Expressed During Early Adipogenesis

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Abstract: Long non-coding RNAs (lncRNAs) are transcripts with a length of more than 200 nucleotides that lack protein-coding capacity. LncRNAs play important roles in the regulation of genes during many biological processes, development and disease progression, such as obesity. Obesity is an increasing health concern around the world. Although multiple studies linking lncRNAs and fully differentiated adipocytes have been published, the systematic analysis of those lncRNAs involved in early preadipocyte differentiation, when fate determination decisions are made, has not been reported. In order to fill this gap, we conducted strand-specific RNA-Seq on mouse 3T3-L1 preadipocyte cells and compared the expression profiles before and after early differentiation for 2 days. We identified 82 lncRNAs that significantly changed their expression after early differentiation, 98% of which were newly discovered in association with early adipogenesis. The most remarkable lncRNAs were U90926, Wincrl, Kcnq1ot1, Malat1 and Hotairm1. Expression patterns for these identified genes were also highly correlated with markers of adipogenesis, including PPAR γ , CEBP α , FABP4 and FASN. Further analysis implies that many of those altered lncRNAs might coordinately inhibit Wnt/ β -catenin signaling pathway to promote preadipocyte differentiation. This work strongly suggests that lncRNAs are critical in the proliferation and differentiation of adipose tissue.

Keywords: Long Non-coding RNA, lncRNA, RNA-Seq, Early Adipogenesis, Preadipocyte Differentiation, 3T3-L1 Cells, Wnt/ β -Catenin Signaling

Introduction

Long non-coding RNAs (lncRNAs) are transcripts possessing longer than 200 nucleotides that do not code for proteins. Most lncRNAs are transcribed by RNA polymerase II in the same way as coding genes and undergo posttranscriptional processing, such as splicing, 5'-capping and polyadenylation at 3'-end (Quinn and Chang, 2016). Poly(A) tails provide the premise for purifying those transcripts and converting mRNAs into cDNAs for sequencing library construction. LncRNAs, together with other non-coding RNAs, e.g., microRNAs, used to be regarded as expression noise. In the recent decades of the genome era, however, many lncRNAs were discovered and found to play important roles in gene regulation, cell differentiation, development and disease progression (Zarkou *et al.*, 2018). LncRNAs may function in multiple diverse ways. Some lncRNAs may

serve to imprint specific genomic loci. For example, KCNQ1 overlapping transcript 1 (Kcnq1ot1), is a lncRNA located on the opposite strand of potassium voltage-gated channel, subfamily Q, member 1 (KCNQ1). Kcnq1ot1 is involved in imprinting a cluster of genes, including KCNQ1, on the sense-strand (Mancini-Dinardo *et al.*, 2006). Other lncRNAs are involved in epigenetic regulation, such as HOX Transcript Antisense RNA (HOTAIR). HOTAIR is transcribed from HOXC locus, but represses the HOXD locus (~40kb) by binding to the Polycomb Repressive Complex 2 (PRC2) and altering chromatin modifications (Tsai *et al.*, 2010). Finally, aberrant lncRNA expression has been closely associated with disease. For example, metastasis associated lung adenocarcinoma transcript 1 (Malat1) was found to be highly up-regulated during metastasis of early-stage non-small cell lung cancer and it is used as a biomarker for prognosis of lung cancer (Ji *et al.*, 2013).

Recently, the role of lncRNAs in adipogenesis and the development of obesity is of great interest (Sun *et al.*, 2013; Wei *et al.*, 2016). While obesity has been a worldwide health issue for several decades, still about 40% of adults in the United States were classified as obese (Hales *et al.*, 2017). Obesity rates in the U.S. dramatically increase yearly based on a study from 1986 to 2010 (Sturm and Hattori, 2013). Moreover, the obesity were associated with increased mortality rate (Flegal *et al.*, 2013). Zeng *et al.* (2018) reviewed the role of some individual lncRNAs in regulating adipogenesis including HOTAIR and U90926. HOTAIR promotes preadipocyte differentiation by enhancing the expression of AdipoQ, FABP4 and PPAR γ genes while the upregulation of U90926 inhibits adipogenesis by decreasing the expression of those same genes. Knoll *et al.* (2015) reviewed the studies of lncRNAs as regulators of the endocrine system including adipose tissue. It contained lncRAP from Sun *et al.* (2013) and several other lncRNAs, such as Sra1 and Blnc1. Sra1 was turned out to be a coding gene in the later annotation (Frankish *et al.*, 2019). Wang *et al.* (2019) reported that lnc-OAD (lncRNA associated with osteoblast and adipocyte differentiation, from 1700018A04Rik gene) was upregulated during the differentiation of mouse 3T3-L1 preadipocytes (Wang *et al.*, 2019). Its knockdown inhibited the cell differentiation through promoting β -catenin expression and suppressed the expression of PPAR γ and CEBP α genes, i.e., the key marker genes of adipogenesis. Sun *et al.* (2013) systematically studied lncRNAs during adipogenesis using RNA-Seq and microarray; they identified 175 lncRNAs that are regulated during adipogenesis between preadipocytes and mature adipocyte after 4-day differentiation (Sun *et al.*, 2013). Existing lncRNA studies focusing on adipogenesis utilize samples during their transition from preadipocytes to mature adipocytes usually after differentiation induction for more than 4 days, as these cells have the greater capacity for lipid accumulation (Sun *et al.*, 2013). We are interested in the decision-making signals that initiate preadipocytes to proliferate and/or differentiate, since expansion of adipose tissue is a hallmark of obesity (Rosen and Spiegelman, 2014).

On a genome-wide scale, many genes are working together forming gene regulatory networks and their control is critical for biological processes (Imani and Braga-Neto, 2019a; 2019b; Imani *et al.*, 2019). Those networks usually contain the coding genes, which is already of great complexity. With the lncRNAs added to the network, the study becomes even more complicated. For example, how the lncRNAs function within a known pathway and regulate it needs to be explored.

This study focuses on early initiation of adipogenesis in the 3T3-L1 mouse cell line. These cells are committed to the adipocyte lineage, yet can be cultured in a pre-

determined state. When adipogenesis is initiated with insulin, dexamethasone and isobutylmethylxanthine, lipid droplets appear at about the 5th day and most experiments are performed around Day 10-14 (Green and Meuth, 1974). Interestingly, Day 2 differentiating 3T3-L1 preadipocytes form a transient primary cilium that may inhibit Wnt signaling, allowing adipogenesis to continue (Ross *et al.*, 2000). We induced differentiation of 3T3-L1 preadipocytes and conducted strand-specific RNA-Seq to compare lncRNA expression profiles between Day 0 and Day 2 (after 2-day differentiation induction). We identified 82 lncRNAs that were significantly changed in their expression levels after differentiation induction. Of these, 98% are newly associated with early adipogenesis and had not been previously reported. This work strongly suggests that lncRNAs play a significant role in the expansion and differentiation of adipose tissue.

Material and Methods

Cell Culture

Mouse 3T3-L1 preadipocytes (ATCC CL-173) were incubated at 37°C and 5% CO₂ in standard growth media consisting of DMEM (ATCC) with 10% bovine calf serum (Atlanta Biological). Media were replaced every 2~3 days. Cultures were kept within 80% confluence.

Preadipocyte Differentiation

3T3-L1 cell cultures with <10 passages were grown to 100% confluence. Day₀ samples were harvested at this point in triplicates. Media in Day₂ cultures were replaced with differentiation media consisting of DMEM, 10% fetal bovine serum, 10 μ g/ml insulin, 400 ng/ml dexamethasone and 115 μ g/ml isobutylmethylxanthine. Day₂ samples were incubated for 2 days and harvested in triplicates.

RNA Extraction and RNA-Seq Sample Preparation

Total RNAs from 3T3-L1 preadipocyte cells, harvested at Day₀ and Day₂, were extracted with a RNeasy Mini Kit (Qiagen) using a QIAshredder (Qiagen). Total RNAs were stored in -80°C freezer. RNA samples were checked for quality with an Agilent 2100 Bioanalyzer at The University of Rochester Functional Genomics Center and all RNA samples had a RIN number of \geq 9.3.

Total RNAs were sent to the Center for Genome Research and Biocomputing (CGRB) at Oregon State University for library construction and sequencing. Libraries were prepared at CGRB using a WaferGen PrepXTM mRNA Strand-Specific Library Preparation Protocol (WaferGen Biosystems). In short, mRNAs were purified using the WaferGen Robotic Poly(A) Selection approach and then further fragmented by RNase III. The adapters were ligated one at a time on the mRNA

fragment, first the 3' adaptor and then the 5' adaptor. The 3' adaptor was ligated with an ATP-independent RNA ligase followed by blocking the 3' end with a primer to make it double-stranded. The 5' adaptor was ligated next with an ATP-dependent ligase. This assures that minimal adapter dimers form and the adapters are ligated in a directional manner. The 1st sequence read should be from the 5' to 3' direction. That is, all the libraries are strand-specific and the directions of reads are identical to the original direction of transcripts or mRNAs. All libraries were barcoded and sequenced in one lane on an Illumina HiSeq3000 platform with 151bp single-end reads.

Bioinformatic Analysis

The sequencing reads from the Illumina HiSeq3000 were first analyzed with FastQC (Andrews, 2010) for quality control. For all the reads, based on the quality scores, the leading and tailing low quality stretches were trimmed, keeping a 100bp stretch from positions 7 to 106. Those trimmed reads were mapped to the mouse 10 mm assembly using STAR v2.5.2a (Dobin *et al.*, 2013) with the following parameters: `--outSAMtype BAM SortedByCoordinate --outSAMstrandField intronMotif --outFilterMismatchNmax 3 --alignIntronMax 300000 --`

`alignSJDBoverhangMin 1 --alignEndsType EndToEnd --chimSegmentMin 2`. Reads for each gene were counted using HTSeq-count (Anders *et al.*, 2015) with the default parameters including strand-specific and union modes and the corresponding annotations. The annotations used in this study are UCSC RefSeq (version 20170804, <https://genome.ucsc.edu>) for RefSeq genes and GENCODE mouse vM22 long non-coding RNA annotation (Frankish *et al.*, 2019). Gene differential expression analyses were conducted with DESeq2 (Love *et al.*, 2014). We used prefiltering criteria of ≥ 10 reads summing the counts of all samples for each gene. All data were normalized by a medium-to-ratio approach and dispersion was estimated by DESeq2. Data were fitted in a negative binomial generalized linear model. Wald statistics were used to determine significantly changed genes. For functional analysis, we extracted promoter regions of significantly altered lncRNAs with ± 5 kb of transcription start sites and formatted them into BED files (UCSC Genome Browser). The regions were analyzed using the GREAT web tool (McLean *et al.*, 2010). All the above steps were summarized in the workflow in Fig. 1. Data were visualized by UCSC Genome Browser (Casper *et al.*, 2018) and Integrative Genomics Viewer (IGV) (Robinson *et al.*, 2011).

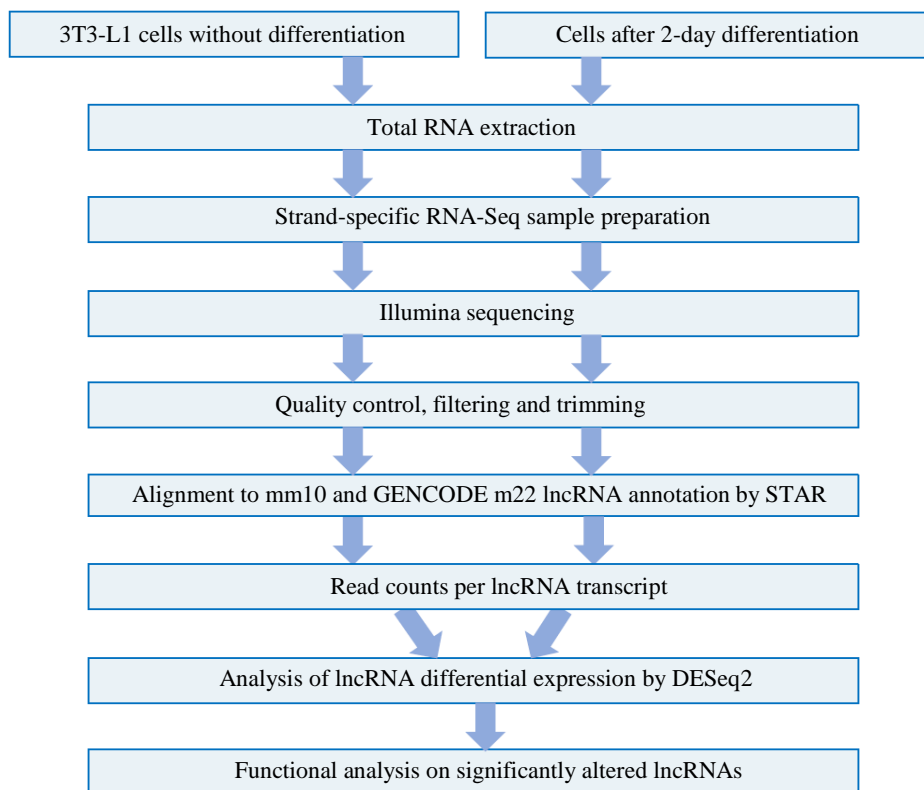


Fig. 1: Workflow of lncRNA differential expression during early adipogenesis. The samples and their corresponding data were handled separately until the step of differential expression analysis where all the data were analyzed by DESeq2 to determine the significantly altered lncRNAs

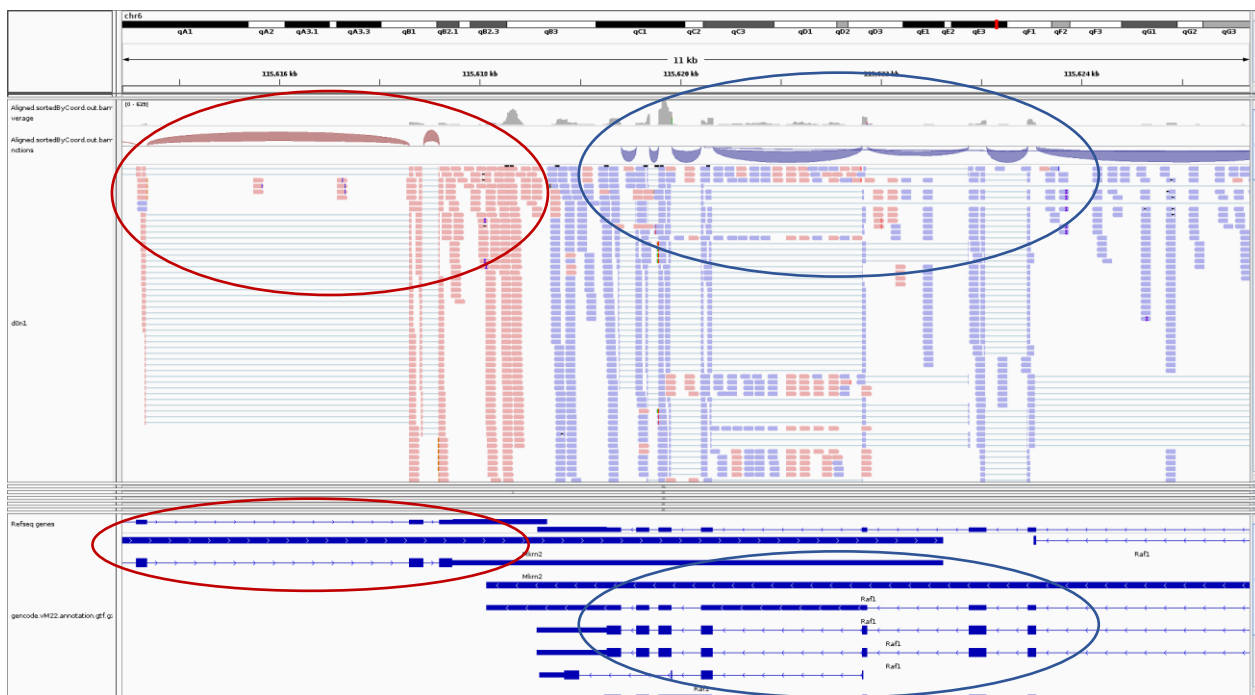
Results

Global Gene Expression Altered during Early Preadipocyte Differentiation

Unlike previous studies comparing the preadipocytes and differentiated adipocytes (usually more than 4 days after differentiation induction), we focused on early differentiation at Day 2. Morphological changes, such as lipid accumulation, can be readily observed at 4 days after differentiation, but not at Day 2. In order to identify the genes that significantly changed their expression levels, we extracted RNAs from Day_0 and Day_2 (2-day differentiation) 3T3-L1 cells in biological triplicates and made strand-specific sequencing libraries using an oligo-dT probe approach to capture both mRNAs and lncRNAs. After sequencing and demultiplexing, we obtained a total number of reads ranging from 31 to 48 million for the 6 samples. After a careful quality check with FastQC (Andrews *et al.*, 2010), we trimmed all reads and kept the bases from 7 to 106 for each read. Reads with low overall sequencing quality were filtered and the remaining reads were mapped against the mouse GRCm38 mm10 assembly (Fig. 1). Eighty-five percent of the reads in each sample were mapped to the mouse genome. Since the libraries were constructed as strand-specific, it facilitates the assignment of reads to the original transcript based on

their directions. For example, in Fig. 2A, the Mkrn2 and Raf1 genes are overlapping at their 3'-ends. We can clearly distinguish the red reads belonging to the Mkrn2 gene and the blue reads belonging to the Raf1 gene, including the reads at splice junctions. Another example is shown in Fig. 2B, where the protein-coding gene Bach2 and lncRNA Bach2os (BTB and CNC homology 2 opposite strand) are overlapping and Bach2os locates inside Bach2. We can easily find the blue reads belonging to Bach2os through this strand-specific RNA-Seq approach.

The number of reads for each gene was determined using an HTSeq-count script and the NCBI RefSeq gene annotation (latest version for mm10) (Anders *et al.*, 2015). After differential expression analysis with DESeq2 (Love *et al.*, 2014), there were 2,471 genes that significantly changed expression during early preadipocyte differentiation from Day 0 to Day 2 (Fig. 3). It is striking that so many genes altered their expression during early differentiation even though phenotypical changes were slight. This is a large percentage (~10%) among the 25,000 total genes in the mouse genome. When excluding genes that were not or extremely lowly expressed in 3T3-L1 cells, the percentage went up to about 18%. Key marker genes, i.e., PPAR γ , CEBP α , FABP4 and FASN, were differentially expressed, consistent with re-programming preadipocytes (Fig. 3).



(A)

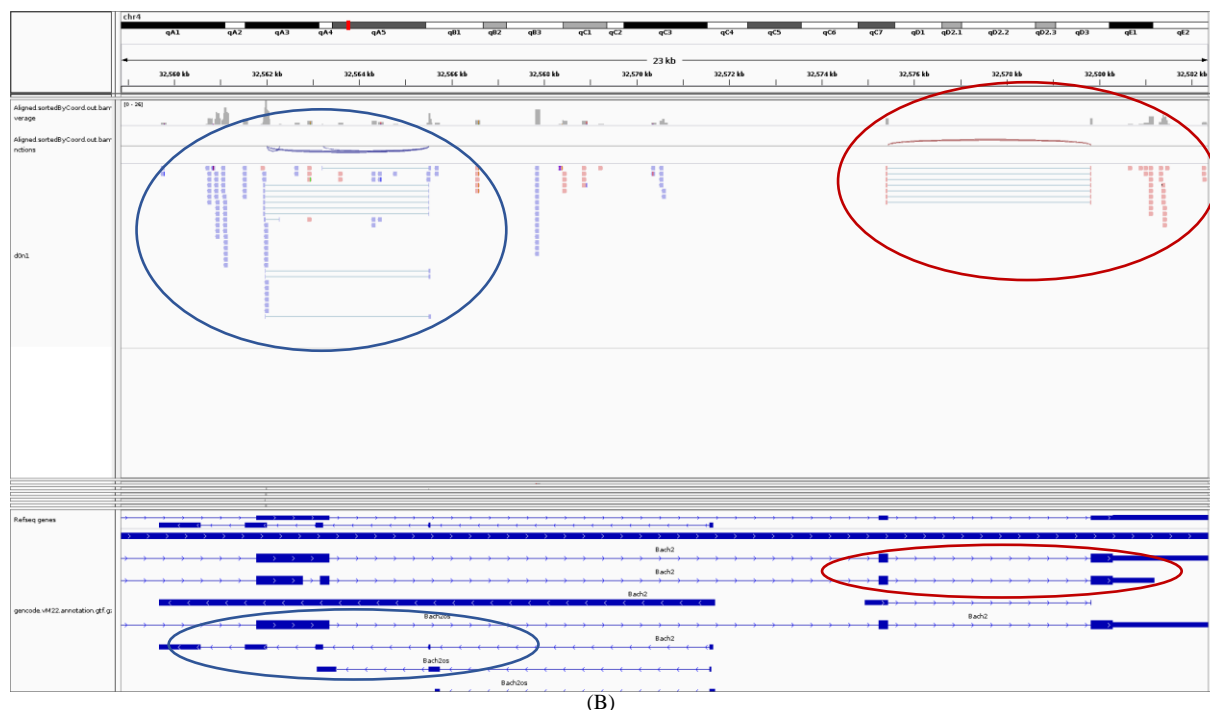


Fig. 2: Strand-specific RNA-Seq can distinguish the overlapping transcripts; **(A)** Mkm2 and Raf1 are overlapping genes but have opposite directions. Red blocks represent the reads on the positive strand, which came from Mkm2 gene with the same direction pointing to the right. Blue blocks represent the reads on the negative strand coming from Raf1 gene. The most distinguishable characteristics is that in the red oval region, only the splicing junctions detected from Mkm2; in the blue oval, only Raf1 splice junctions detected and more remarkably alternative splicing events detected too; **(B)** Coding gene Bach2 and lncRNA Bach2os are overlapping genes but have opposite directions. Red blocks represent the reads on the positive strand, which came from Bach2 gene with splicing junctions detected. Blue blocks represent the reads on the negative strand coming from Bach2os lncRNA with splice junctions, which might be novel alternative splicing. Red oval is for forward strand transcripts and reads, blue oval for backward strand transcripts and reads.

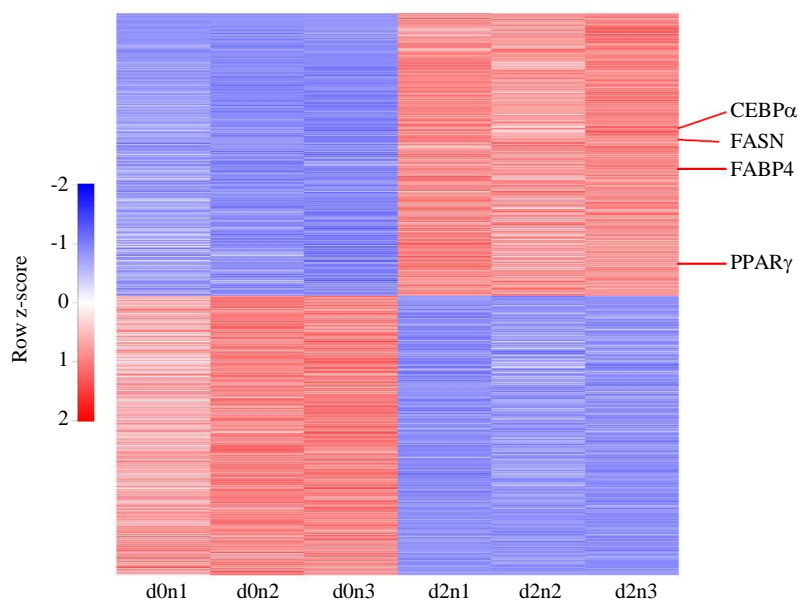


Fig. 3: RNA-Seq results based on NCBI RefSeq annotations. Heatmap of the 2,471 genes that significantly changed their expression between preadipocytes and early adipocytes after 2-day differentiation induction. d0n1–d0n3 are samples at Day_0; d2n1–d2n3 at Day_2. Genes were ordered based on FoldChange from largest to smallest. The upregulated genes shown in the upper half; downregulated genes in the lower half of the heatmap. Some significantly altered marker genes of adipogenesis are labeled at the right side.

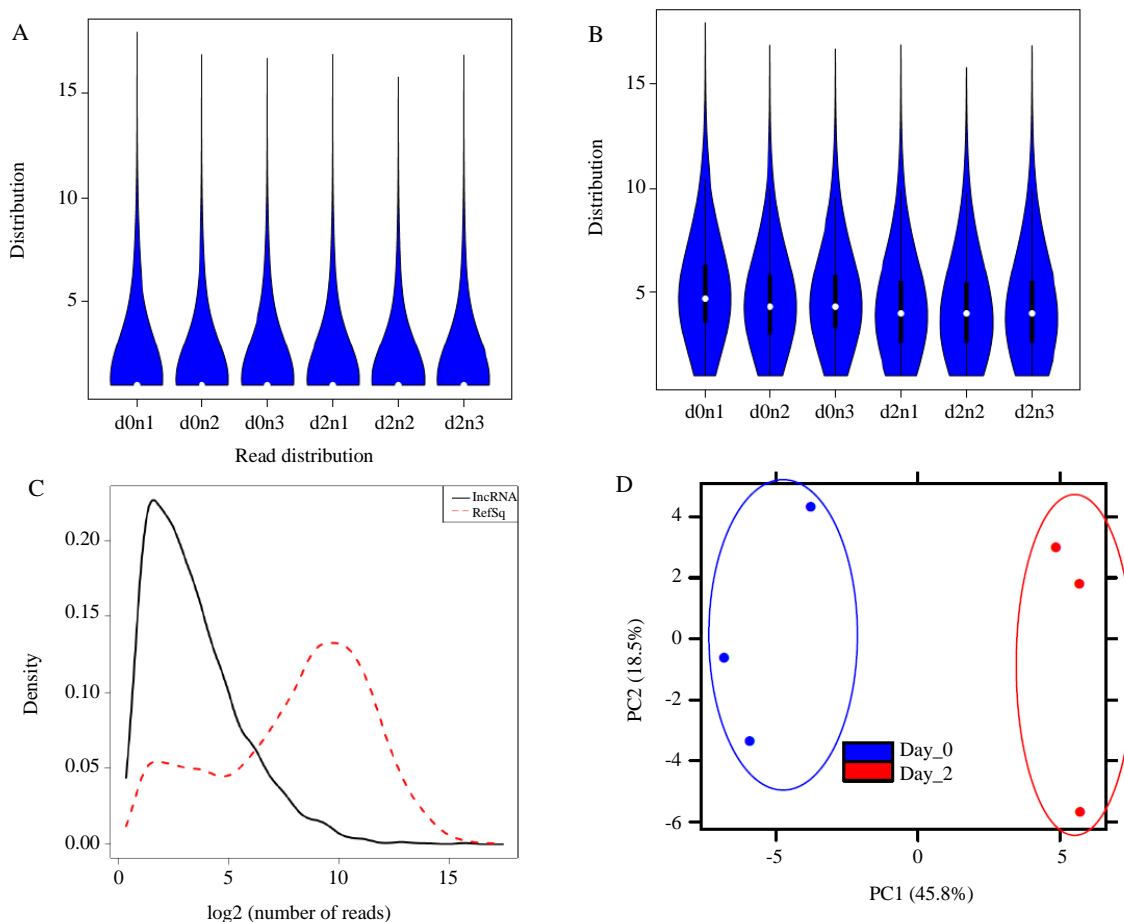


Fig. 4: RNA-Seq data profiles. (A) and (B) Violin plots of 6 samples of RNA-Seq count data, before and after prefiltering, respectively. Each lncRNA has a read count based on the alignment of RNA-Seq sequencing data. d0n1 to d0n3 are samples at Day_0; d2n1 to d2n3, at Day_2. In the center of each violin, the black vertical bar is 25th to 75th percentile and white dot is the medium. The cutoff of prefiltering in (B) was set as total reads of a row ≤ 10 . All the count data were log₂ transformed. (C) Comparison between read counts of lncRNA genes and RefSeq genes. Black solid line: lncRNAs; Red dashed line: RefSeq genes. The analysis was based on averaged counts across all the 6 samples after prefiltering and normalization. Note that the RefSeq genes also contain non-coding RNAs including lncRNAs. (D) Principal Component Analysis. Cyan dots: Day 0 samples; red dots: Day 2 samples.

Overall Expression Profile of lncRNAs

The overall expression of lncRNAs before preadipocyte differentiation and during early differentiation, was specifically examined using the GENCODE Mouse Release M22 (GRCm38.p6) long-non-coding RNA gene annotation from our RNA-Seq data. The Version M22 lncRNA annotation contains 13,450 lncRNAs, which is a subset of the GENCODE M22 comprehensive gene annotation (Frankish *et al.*, 2019). Most of the lncRNAs contain poly(A) tails as coding mRNAs do and therefore lncRNAs were included in the sequencing libraries during sample preparation and library construction. Violin plots show that before prefiltering, the majority of lncRNAs had zero or extremely low expression (Fig. 4A). We applied prefiltering to remove the unexpressed or very low expressed lncRNAs (Love *et al.*, 2014). The cutoff is set as sum of reads in a

row ≥ 10 , where each row is a gene or lncRNA. 2,606 (19.4% of total 13,450 lncRNAs) remained after prefiltering. This also indicates that the overall expressional level of lncRNAs are low. The data shape is close to a normal distribution, similar to that seen for coding genes via RNA-Seq (Fig. 4B). Near-normal distribution meets the best expectation for further differentiation analysis (Cambronne *et al.*, 2012). Compared with that of the coding mRNAs, the expression of lncRNAs were remarkably low (Fig. 4C), which is consistent with previous reports (Cabili *et al.*, 2011). For comparison, lncRNAs have average counts of ~ 110 reads per gene and RefSeq genes have average counts of $\sim 1,700$ reads per gene. Principal component analysis (PCA) was used to determine if samples cluster based upon experimental conditions; PCA showed that samples clustered into two groups, Day 0 and Day 2, (Fig. 4D) suggesting that the biological triplicates

agreed with each other. Therefore, the lncRNA expression profiles after early differentiation (Day 2) were altered compared to non-differentiated cells at Day 0.

Identification of lncRNAs that Significantly Changed Expression During Early Preadipocyte Differentiation

We used DESeq2 to determine lncRNAs with significantly altered expression levels during early preadipocyte differentiation (Love *et al.*, 2014). The count data of all samples were modelled in a negative binomial model and normalized using a medium-to-ratios approach. Differential expression between the two conditions was determined by a generalized linear model using a Wald statistics test (Love *et al.*, 2014). The p-value generated by

DESeq2 was adjusted by the Benjamini-Hochberg procedure, which is termed as false discovery rate or FDR; with a cutoff FDR of $\leq 10\%$, 82 lncRNAs significantly changed their expression between Day_0 and Day_2. Among these, 34 lncRNAs were downregulated and 48 upregulated (Fig. 5; Supplemental Table S1). The heatmap shows the expression level changes and agreement among the biological triplicates with variations (Fig. 5A). The fold changes and FDRs of those lncRNAs are shown in volcano plot (Fig. 5B). The 82 lncRNAs in our list can be grouped into several categories: 17 lncRNAs were known and had been annotated with functions; 15 lncRNAs were RIKEN cDNAs; 3 lncRNAs were expressed or are novel transcripts; and the remaining 47 were predicted lncRNAs (Table 1). We will focus on the 17 known lncRNAs.

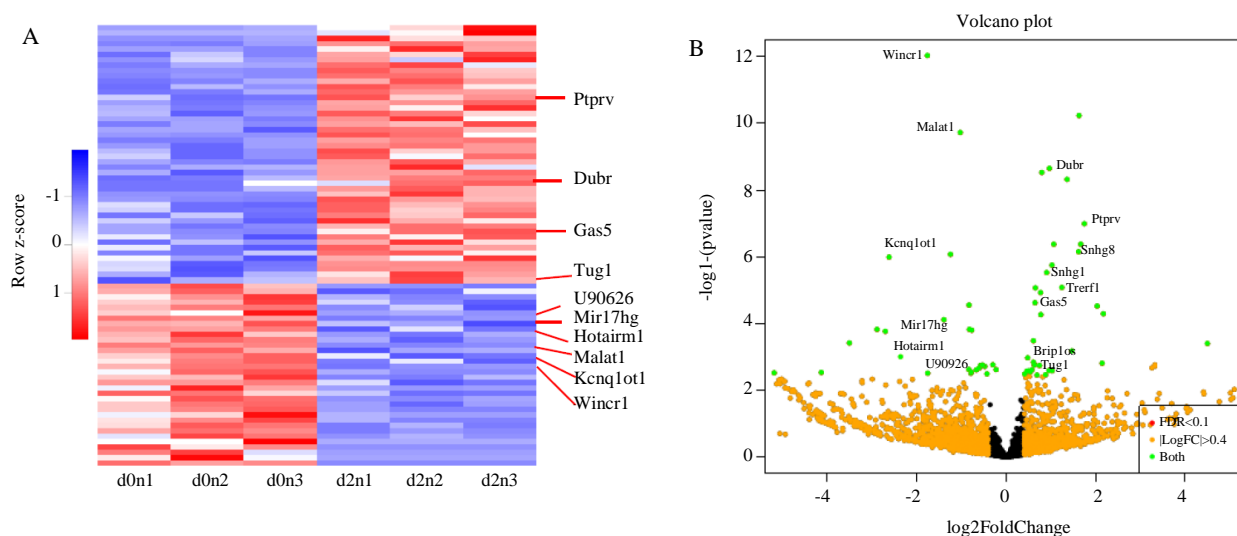


Fig. 5: Differentially expressed lncRNAs. **A.** Heatmap of the 82 lncRNAs that significantly altered expression. d0n1 –d0n3 are samples at Day_0; d2n1-d2n3 at Day_2. Each row represents a lncRNA. LncRNAs were ordered based on FoldChange from largest to smallest. The upregulated lncRNAs shown in the upper half; downregulated lncRNAs in the lower half of the heatmap. Some significant altered lncRNAs are labeled in the right side. **B.** Volcano plot shows all the lncRNAs passed prefiltering criteria. lncRNAs with $|\log_2\text{FoldChange}| > 0.4$ shown in orange; lncRNAs with FDR $\leq 10\%$ shown in red; lncRNAs passed both shown in green. Some lncRNAs passed both criteria are labeled

Table 1: Categories of lncRNAs that significantly altered

Known lncRNAs	Brip1os, Dlx6os1, Dubr, Gas5, Hotairm1, Kcnq1ot1, Malat1, Mir17hg, Ptg2os2, Ptpvr, Snhg1, Snhg6, Snhg8, Trerf1, Tug1, U90926, Wincrl
lncRNAs with RIKEN cDNAs	1600019K03Rik, 2210408F21Rik, 2310001H17Rik, 2410006H16Rik, 2610001A08Rik, 4833415N18Rik, 4933404O12Rik, 4933412E12Rik, 5430403N17Rik, 5530601H04Rik, 6430584L05Rik, C430049B03Rik, C730002L08Rik, D030025P21Rik, E130307A14Rik
lncRNAs with expressed or novel transcripts	AC103362.1, AI506816, R74862
Predicted lncRNAs	Gm10369, Gm11476, Gm12796, Gm14062, Gm15232, Gm17066, Gm17501, Gm17586, Gm20427, Gm20460, Gm20488, Gm20559, Gm21982, Gm26737, Gm35608, Gm35853, Gm36989, Gm37060, Gm37258, Gm37589, Gm37637, Gm37800, Gm38042, Gm38082, Gm42432, Gm42595, Gm42635, Gm42679, Gm42793, Gm42843, Gm43010, Gm4316, Gm43256, Gm43327, Gm43422, Gm43426, Gm43482, Gm43747, Gm43953, Gm48276, Gm48878, Gm49308, Gm49323, Gm49367, Gm49759, Gm6093, Gm6634

Two lncRNAs in our list (Table 1 and Supplemental Table S1) have been reported to be involved in adipogenesis, while the remaining 80 lncRNAs are unknown regarding adipogenesis or obesity. LncRNA U90926 was downregulated 0.58-fold (FDR 8.8%) after a 2-day differentiation, which is consistent with the report by Chen *et al.* (2017) that expression level of U90926 decreased after differentiation of 2-day and more on 3T3-L1 cells using microarray. They also observed that the expression of U90926 decreased while PPAR γ increased. In our RNA-Seq results, PPAR γ also increased by 1.3-fold (FDR 3.4%) along with other differentiation marker genes, such as FABP4 (1.55-fold up, FDR 1%), CEBP α (1.74-fold up, FDR 2.8%) and FASN (1.68-fold up, FDR 0.9%). Chen *et al.* (2017) found that overexpression of U90926 remarkably inhibits 3T3-L1 preadipocyte differentiation. Another lncRNA, growth arrest-specific 5, or Gas5, was reported that its expression level increases along with the adipocyte differentiation after 24 to 96 hours of induction in 3T3-L1 cells and high cell density during culture also induces its expression (Coccia *et al.*, 1992; Liu *et al.*, 2018). We observed that Gas5 expression increased by 1.56-fold with FDR 0.3% after 2 days of differentiation. Moreover, our differentiation was conducted at 100% confluence. Our data agreed well with the published data (Coccia *et al.*, 1992; Liu *et al.*, 2018).

Apart from U90926 and Gas5, the remaining 80 lncRNAs have not been reported to be involved in adipogenesis or obesity. Several lncRNAs in the known lncRNA category are noteworthy because they have already been shown to be involved in Wnt-signaling, albeit in other tissues (Table 2). Wincrl, or Wnt signaling-Induced Non-Coding RNA 1, was downregulated by 0.29-fold, FDR 2.0×10^{-9} after 2 days of differentiation. Mullin *et al.* (2017) reported that Wincrl was induced by β -catenin activity during skin fibrosis as its name suggests. Wincrl further regulates the expression of key markers of dermal fibrosis. Kcnq1ot1 is involved in imprinting a cluster of genes on the sense-strand including KCNA1 (Mancini-Dinardo *et al.*, 2006). Our results show that Kcnq1ot1 was down-regulated by 0.42-fold, FDR 0.02%. Hotairml, or Hoxa transcript antisense RNA, myeloid-specific 1, is a lncRNA that is located on the opposite strand of Hoxa gene cluster. It was down-regulated by 0.56-fold, FDR 8%. Zhang *et al.* (2018) studied Hotairml in the pathogenesis of hepatocellular carcinoma and found that it was down-regulated and might have resulted in inhibiting tumor cell proliferation reduction and promoting apoptosis through Wnt signaling pathway. Malat1 is one of the earliest identified lncRNA, which is related to various pathological processes from diabetes to

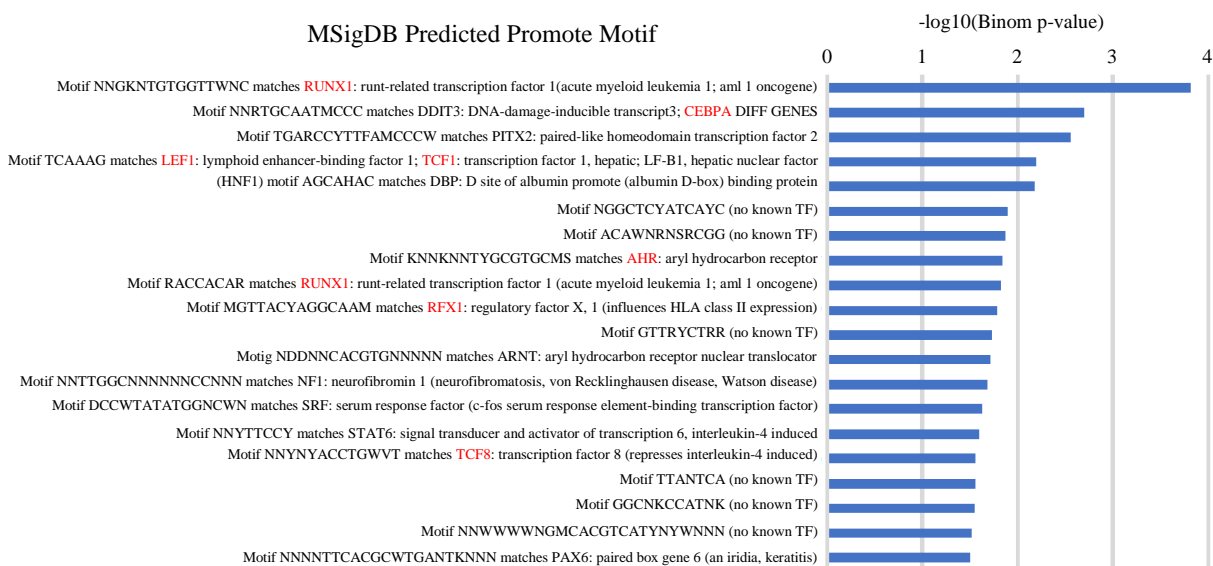
cancers (Wu *et al.*, 2015). Malat1 was down 0.49-fold for 2 days of differentiation. Mir17hg, or Mir17 host gene, is a lncRNA of Pri-miRNA class hosting miR-17 to miR-92 on Chromosome 14. Mir17hg was down-regulated by 0.57-fold, FDR 1.1%. While lncRNAs mentioned above were all down-regulated, multiple lncRNAs were up-regulated, including Dubr (Dppa2 upstream binding, 1.95-fold up), Ptpvr (protein tyrosine phosphatase, receptor type V, 3.35-fold up), Snhg8 (small nucleolar RNA host gene 8, 2.03-fold up), Snhg1 (small nucleolar RNA host gene 1, 1.57-fold up), Tref1 (transcriptional regulating factor 1, 1.70-fold up), Brip1os (BRCA1 interacting protein C-terminal helicase 1, opposite strand, 1.38-fold up) and Tug1 (taurine upregulated gene 1, 1.22-fold up). Those up-regulated lncRNAs might play important roles during early preadipocyte differentiation, however, the mechanisms of their function remain to be uncovered.

Functional Analysis of lncRNAs Involved in Early Preadipocyte Differentiation

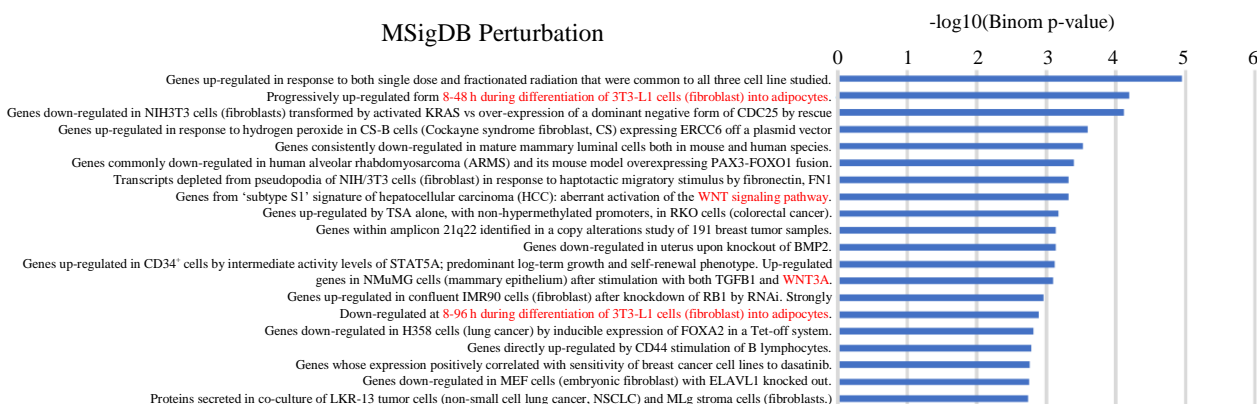
Because the gene ontology information is very limited, we analyzed the promoter regions of lncRNA in our list using GREAT (McLean *et al.*, 2010) in order to find their biological implication. We took ± 5 kb region of lncRNA's transcription start site and feed into the GREAT web tool version 3.0.0 with the "two nearest genes" option. Since the number of genes are relatively small, we lowered the threshold of Minimum Region-based Fold Enrichment to 1.2 and used Raw P-value threshold of 0.05. Among the multiple categories GREAT detected, two of them are most interesting: Molecular Signatures Database (MSigDB) Predicted Promoter Motifs and MSigDB Perturbation (Fig. 6). In the promoter motif analysis, we found that several Transcription Factors (TFs) stood out including RUNX1, AHR, CEBPA and RFX1 (Fig. 6A). Those 4 TFs were also in the list of significantly expressed genes of mRNA-Seq results. RUNX1, or runt-related transcription factor 1, was down-regulated by 0.74-fold, FDR 0.03%. AHR, or aryl-hydrocarbon receptor, was down-regulated by 0.52-fold, FDR 2.1×10^{-8} . CEBPA, or CCAAT/enhancer binding protein (C/EBP) alpha, was up-regulated by 1.74-fold, FDR 2.8%. RFX1, or regulatory factor X 1, up-regulated by 1.75-fold, FDR 0.12%. All these lncRNAs might be regulated by those TFs in a coordinated way although the exact mechanism is not known yet. From the previous perturbation studies in MSigDB, we found that expression of some lncRNAs matched the published data (Burton *et al.*, 2004), especially the data from 8-48 h or 8-96 h during differentiation of 3T3-L1 cells into adipocytes, which is consistent with our experimental design (Fig. 6B).

Table 2: Selected novel lncRNAs detected in early adipogenesis

lncRNA	FoldChange	FDR	description
Wincr1	0.29	2.0442E-09	WNT induced non-coding RNA 1 (Wincr1)
Kcnq1ot1	0.42	0.00018037	KCNQ1 overlapping transcript 1 (Kcnq1ot1)
Malat1	0.49	1.3783E-07	metastasis associated lung adenocarcinoma transcript 1
Hotairm1	0.56	0.08079799	Hoxa transcript antisense RNA, myeloid-specific 1
Mir17hg	0.57	0.01126712	Mir17 host gene
Tug1	1.33	0.09161191	taurine upregulated gene 1
Brip1os	1.38	0.08305572	BRCA1 interacting protein C-terminal helicase 1, opposite strand
Shhg1	1.57	0.00116532	small nucleolar RNA host gene 1
Trerf1	1.70	0.00151888	transcriptional regulating factor 1
Dubr	1.95	1.2309E-06	Dppa2 upstream binding RNA
Shhg8	2.03	0.00029959	small nucleolar RNA host gene 8
Ptprv	3.36	3.1882E-05	protein tyrosine phosphatase, receptor type, V



(A)



(B)

Fig. 6: Functional analysis of lncRNAs using GREAT. **A.** Promoter motif analysis. Promoters of ±5kb of transcription start site of each lncRNA were searched in MSigDB (Molecular Signatures Database). Only top 20 motifs listed. Several motifs are noteworthy: RUNX1, CEBPA, AHR, RFX1, TCF1 and TCF8, which are underlined red. **B.** Perturbation analysis. The lncRNAs significantly altered are involved in multiple published perturbation studies in MSigDB. The interesting ones are underlined red, including 3T3-L1 adipogenesis and Wntsignaling pathway. Threshold of Minimum Region-based Fold Enrichment was set at 1.2 and Raw P-value threshold was set at 0.05

Discussion

Long non-coding RNAs have been reported to be involved in many biological processes, such as adipogenesis, development and disease pathogenesis, especially cancers. We can improve our understanding of how lncRNAs work by specifically identifying the lncRNA involved in biological processes. Here we used cutting-edge strand-specific RNA-Seq technology to study early preadipocyte differentiation. The strand-specific approach provides power and advantage to distinguish overlapping transcripts in opposing directions, such as antisense and opposite strand genes (Fig. 2). We identified 82 lncRNAs that significantly changed their expression after 2-day differentiation of 3T3-L1 preadipocytes (Fig. 5 and 6). Only 2 (U90926 and Gas5) had previously been reported to be involved in adipogenesis or obesity; they most likely promote adipogenesis through the canonical transcription factors, i.e., PPAR γ , CEBP α , FABP4 and FASN (Chen *et al.*, 2017; Li *et al.*, 2018). Our data agreed with their findings. Interestingly, both Liu *et al.* (2018) and Li *et al.* (2018) studied Gas5 in adipogenesis in 3T3-L1 cells for 4 days differentiation induction and mesenchymal stem cells for 3 or more days induction, respectively. Both groups concluded that Gas5 suppresses adipogenesis, through other microRNAs, which is controversy to our results (Li *et al.*, 2018; Liu *et al.*, 2018). However, this could be explained that both groups studied Gas5 for more than 3 days of differentiation (we did 2 days) and they used overexpression system and knockdown approach, which might result in cell fate during early adipogenesis.

The remaining 80 lncRNAs, however, were relatively unknown with regard to adipocyte differentiation. After further analysis, we found that many known annotated lncRNAs on our list (Table 2) have connections to the Wnt/ β -catenin signaling pathway. There are many reports linking lncRNA with Wnt signaling pathway (Zarkou *et al.*, 2018). When we were analyzing the promoter regions of the lncRNAs in our list, one item intrigued us, i.e., Wnt signaling pathway in Fig. 6B and LEF1/TCF1/TCF8 (proteins involved in Wnt pathway) in Fig. 6A. The Wnt/ β -catenin signaling pathway controls many biological processes during animal development and tissue homeostasis. It is tightly regulated as its functions are critical for early tissue development as well as cell proliferation during growth and tissue maintenance. The Wnt pathway is involved in cell differentiation, such as adipogenesis and obesity (Chen and Wang, 2018). Wnt/ β -catenin signaling pathway was reported to inhibit adipogenesis in 3T3-L1 cells through the key marker genes, i.e., CCAAT/Enhancer Binding Proteins α (CEBP α) and Peroxisome Proliferator-Activated Receptor γ (PPAR γ).

Our results show that Gas5 was upregulated during early preadipocyte differentiation (Fig. 5) is consistent

with the findings from Song *et al.* (2019), who found that Wnt/ β -catenin signaling pathway was activated in colorectal cancer cells. However, lncRNA Gas5 could inhibit the activation of this pathway and repress tumor cell invasion, metastasis and migration. Furthermore, Shi *et al.* (2019) found that stabilization of lncRNA Gas5 led to restored glucose processing in type 2 diabetic patients and suggested Gas5 to be a therapeutic target for diabetes. Therefore, escalated Gas5 level inhibits Wnt signaling pathway and further promote adipocyte differentiation. Kcnq1ot1 was originally discovered at an imprinting lncRNA (Mancini-Dinardo *et al.*, 2006). Gu *et al.* (2019) found that lncRNA Kcnq1ot1 delayed bone fracture healing through the Wnt/ β -catenin pathway. Gao *et al.* (2018) found that Kcnq1ot1 promotes osteoblast differentiation by activating the Wnt/ β -catenin signaling pathway (Gao *et al.*, 2018). Those two papers and our results indicate that Kcnq1ot1 is important for adipogenesis. Hu *et al.* (2017) and Li *et al.* (2019) reported that increased Malat1 expression level facilitated nuclear translocation of β -catenin and induced its target gene expressions through Wnt/ β -catenin signaling pathway. On the contrary, decreased Malat1 level reversed nuclear translocation of β -catenin, which is consistent with our findings. Hotairm1 was found to be downregulated in hepatocellular carcinoma and inhibited the proliferation and promote the apoptosis by suppressing the Wnt/ β -catenin signaling pathway and then inhibit the tumor progression. (Mu *et al.*, 2019; Zhang *et al.*, 2018) Yuan *et al.* found that the overexpression of interferon regulatory factor-1 (IRF-1) downregulated Mir17hg in gastric cancer cells and inhibited the tumor progression by inhibiting Wnt/ β -catenin signaling pathway. Yuan *et al.* (2019) Wincr1 was found to be activated by Wnt/ β -catenin signaling pathway in fibroblast cells. (Mullin *et al.*, 2017) So Wincr1 might be the downstream target of Wnt signaling pathway during adipogenesis. In short, during the early adipogenesis, Wnt/ β -catenin signaling pathway was inhibited by the down-regulations of Kcnq1ot1, Malat1, Hotairm1 and Mir17hg and the up-regulation of Gas5 (Fig. 7), perhaps together with transcription factors and non-coding RNAs, such as microRNAs (Li *et al.*, 2018; Liu *et al.*, 2018).

We also compared with the lncRNAs identified between preadipocytes and mature adipocytes from Rinn laboratory (Sun *et al.*, 2013). To our surprise, the profile of lncRNAs in their data is significantly different from ours (Supplemental Table S2). Malat1 and Kcnq1ot1 were up-regulated by 9.7- and 4.8-fold, respectively, while they were down-regulated in our results. However, several other lncRNAs (Snhg1, Trerf1, Snhg8 and Brip1os) were downregulated in their results, which is opposite to ours.

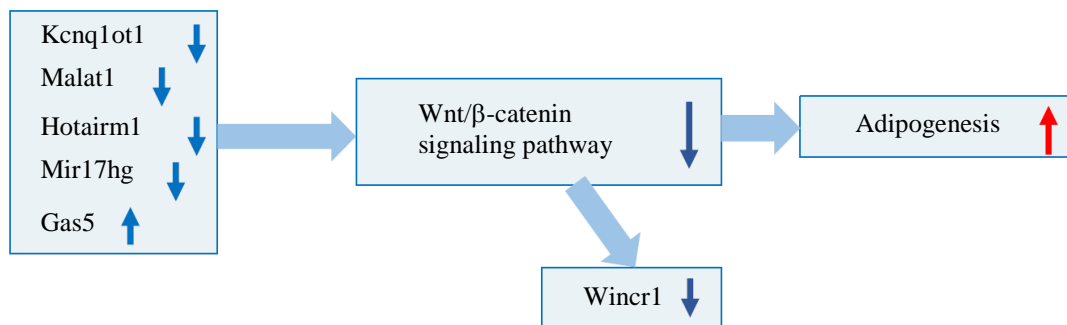


Fig. 7: Model that lncRNAs are involved in early preadipocyte differentiation through Wnt/ β -catenin signaling pathway. Blue arrow means down-regulation; red arrow means up-regulation

In another study, lnc-OAD (1700018A04Rik) were reported to be required for adipocyte differentiation in 3T3-L1 cells (Wang *et al.*, 2019). lnc-OAD was rapidly stimulated at day 1 but returned to basal level at day 2, then increased again after day 4. This is consistent with our data at day 2, where expression of 1700018A04Rik was not significantly changed compared with day 1 (data not shown). All these suggest that the expression levels of lncRNAs are dynamic depending on different stages of cell development. It further infers that lncRNAs provide very precise regulation during the adipogenesis process.

To be summarized, in this study we identified a cohort of lncRNAs that play important roles during early preadipocyte differentiation, among which many lncRNAs were discovered for the first time. Besides the key transcription factors, such as PPAR γ , CEBP α , FABP4 and so on, lncRNAs may act as fine-tuning the adipogenesis process. Those lncRNAs may serve as biomarkers for diagnosis or therapeutic targets. We hope all these findings will shed light on obesity research and therapy.

Conclusion

We identified 82 lncRNAs in early preadipocyte differentiation in 3T3-L1 cells and 98% of them are novel. Those lncRNAs promote adipogenesis possibly through inhibiting Wnt/ β -catenin signaling pathway.

Supplemental Tables

- S1. lncRNAs significantly changed after 2 days differentiation
- S2. lncRNAs compared with PNAS2013 data (Sun *et al* 2013)

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Author's Contributions

Rongkun Shen: Designed research, analyzed data, conducted research and wrote the manuscript.

Rachel A. Soeder: Conducted research, analyzed data.

Henry D. Ophardt: Conducted research.

Peter J. Giangrosso: Conducted research, analyzed data.

Laurie B. Cook: Designed research and wrote the manuscript.

Conflict of Interest

The authors declare no conflict of interest.

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