

DIFFERENT CLINICAL AND ANGIOGRAPHIC FINDING IN A SET OF IRANIAN IDENTICAL TWIN: A CASE REPORT

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ABSTRACT

Both genetic and environmental causes are involved in developing of Coronary Artery Disease (CAD), but there is a notable controversy about the environmental and genetic factors that play a role in the pathogenesis of CAD. The value of each individual risk factor on CAD and the incidence of coronary artery disease in identical twins are indefinite. To find out genetic mechanisms of coronary heart disease, the assessment of twins study may help us. On the other hand the natural history of coronary artery disease in an asymptomatic twin with a symptomatic counterpart is undistinguishable. We present a case report about different coronary angiographic findings on an Iranian identical Lady Twin with different clinical outcome in access to incidence of CAD in twins. Based on our patient and the information on other patients, the asymptomatic twins of symptomatic counterparts need aggressive assessment and management for occult coronary artery disease.

Keywords: Identical Twin, Coronary Artery Disease, Coronary Angiography

1. INTRODUCTION

Atherosclerosis is the combined result of environmental factors such as infection (Pourahmad *et al.*, 2009) and personal predispositions (Jahromi *et al.*, 2010). Factors such as low serum adiponectin (Shojaie *et al.*, 2009a) and annexin V levels (Shojaie *et al.*, 2009b) are a part of involving factors in atherosclerosis. The genetics of arteriosclerosis and Coronary Artery Disease (CAD) have been an important research point for several years (Hara *et al.*, 2013). The degree to which, every genetic and environmental factors contributes to the development of CAD is not definitely known (Nilsson, 2012). The incidence of coronary artery disease in identical twins is unclear. Although, researching on monozygot twin with CAD is helpful for understanding the role of genetics in atherosclerosis. Only a few case reports

have showed angiographic findings of monozygot twin pairs with coronary heart disease (Qi *et al.*, 2013). We report a monozygot twin with different clinical and angiographic finding.

1.1. Case Presentation

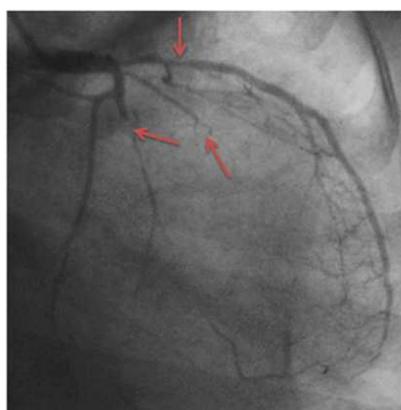
Twin A: Twin A is a 51 years old obese woman; she was presented with typical chest pain at sleep 3 years ago. She had been admitting in Motaharee Hospital affiliated to Jahrom University of Medical Sciences with diagnosis of Extensive anterior Myocardial Infarction (MI). She has some coronary risk factors such as hypercholesterolemia, obesity (Body Mass Index: 31 kg m⁻²), hypertension (BP: 140/80) and diabetes mellitus. Coronary angiographic studies showed three vessels disease including significant narrowing of the Left Ascending Artery (LAD) in the proximal segment and after first diagonal and severe

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stenosis in the first and second diagonal (D1, D2) and Obtus Marginals arteries (OM) and other stenosis were seen in the mid part of right coronary artery (**Fig. 1**). Twin A had undergone Coronary Artery Bypass Graft (CABG) including Left Internal Mammary Artery (LIMA) to LAD and two saphenous vein grafts to RCA and marginal branch of the circumflex artery. Her post-operative period was uneventful and she was discharged from hospital at the sixth day after surgery. The patient has a good condition now.

Twin B: Twin B is a 51 year-old woman, who was presented with chest pain 2 week after news of CABG in

her sister and admitted with the impression of unstable angina. She had some coronary risk factors such as hypercholesterolemia, obesity (Body Mass Index-BMI: 31.2 kg m^{-2}) and hypertension (BP: 150/80). Angina pain progressed in hospital course and due to this she was referred for coronary angiography. Coronary angiography showed only significant stenosis in Left Anterior Descending artery (LAD) (**Fig. 2**). Twin B had undergone coronary angiography and after 6 months Percutaneous Coronary Intervention (PCI) and stenting was done for her. The patient has a good condition now.

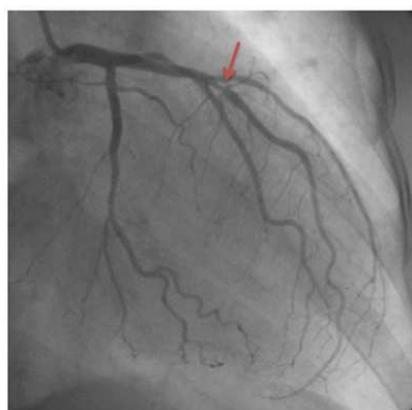


Narrowing in proximal segment of the LDA and severe stenosis in the D1, D2, OM



Stenosis in the middle segment of RCA

Fig. 1. Coronary angiography of Twin A



Severe narrowing in the middle segment of LAD

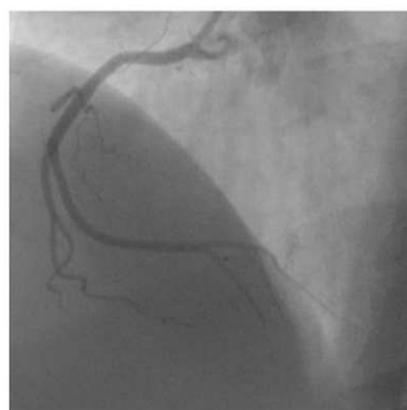


Fig. 2. Coronary angiography of Twin B

2. DISCUSSION

In our report, a pair of twin developed CAD at the same age with difference in coronary risk factors, coronary event and also in angiographic findings. One of our twins had three vessels disease that undergone CABG and another was only single vessel disease that PCI was done for her (**Table 1**).

Frings *et al.* (2000) Study on the angiographic coronary anatomy in three monozygotic and three dizygotic twin pairs did not have any evidence in support of the hypothesis in which the coronary blood supply is strictly determined by heredity factors. They compared the location of the stenosis in monozygotic twin pairs with those in dizygotic pairs and cannot confirm a strict heredity of the location of coronary lesions. They concluded that the dominance pattern of the coronary blood supply or the locations of coronary lesions are not identical in “identical twins” with coronary artery disease.

In opposite of this, Gullu *et al.* (2007) strongly suggested that genetic is highly related not only on the development of coronary artery anatomy but also on occurrence of atherosclerotic lesions in closed similar regions. Kanda *et al.* (1991) presented a pair of twin with painless MI and suggested possible effect of genetic factors in atherogenesis. A side-by-side comparison of twin-pair angiograms reveals the close similarity on location and character of lesions observed in twins from this report (Qi *et al.*, 2013).

Some studies suggested that development of coronary artery branches might be independent from genetics effects (Nilsson, 2012).

Gullu *et al.* (2007) strongly believed that genetic is highly related not only on the development of coronary artery anatomy but also on occurrence of atherosclerotic lesions in the same regions. Our patients had different risk factors same as the Gullu’s report but also opposite, with

different angiographic results. We believed that with few twin cases and complex manner of atherosclerosis, it is difficult to discuss about it. Therefore, the same reports with larger numbers of twins are helpful to investigate genetics influence of atherosclerosis.

Hara *et al.* (2013) study showed that genetic factors have influence in the development of coronary anatomy or expression of coronary disease. However, age at first coronary event, coronary event and coronary risk profile are highly concordant. Marenberg *et al.* (1994a) suggest that in twins with younger ages, the death from coronary heart disease is influenced by genetic factors in both men and women. The results also imply that the genetic effect decreases at older ages.

Benedict (1958) described a set of twins with CAD. His report mentioned several points of interest including young age, similar electrocardiogram changes and development of coronary events with a small difference in time (6 months). It was considered that a high index of suspicion on occult CAD should be maintained in the asymptomatic twins if a coronary event has occurred in the other twin (Marenberg *et al.*, 1994b). Similarly in our report the time of presentation of twin B was just about six month after twin A. Five publications included of 18 monozygotic twin pairs with angiographic assessment of CAD were presented from 1975 to 2009 (Gullu *et al.*, 2007; Douglas *et al.*, 2009). Among these, most patients were men (13 of 18). Most of twins had the same coronary risk factor (10 pairs) and similar coronary artery involvement (13 pairs). But only 7 pairs had the same risk factor associated with similar coronary artery involvement. Also 2 pairs had different risk factor with different coronary artery involvement similar to our report. Discordance between coronary artery involvements in twins in our study may be due to atherosclerotic lesions is independent from genetic as some mention studies suggested.

Table 1. Clinical and angiographic characteristics of identical twin with coronary artery disease

Twin	A	B
Sex	F	F
Coronary Risk factors	Obesity, DM, HLP, HTN	Obesity, HLP, HTN
BMI (kg/m ²)	31	31.2
Age of Coronary Event (yrs)	48	48
Coronary event	MI	AP
Coronary Angiography	3VD	1VD
Procedure	CABG	PCI

(AP = Angina Pectoris; BMI = Body Mass Index; CABG = Coronary Artery Bypass Graft; DM = Diabetes Mellitus; HLP = Hyperlipidemia; HTN = Hypertension; MI = Myocardial Infarction; 3VD = three Vessel Disease; 1VD = single Vessel Disease; PCI = Percutaneous Coronary Intervention)

We must be notice that various genes are involved in atherosclerosis and genes study didn't investigate in any twins reports. For that, it is difficult to describe effect of genetic in twins with CAD.

We recommended cardiac evaluation for the asymptomatic twin, especially if the symptomatic pair's lesion is significant as it was the case in our patient.

3. COCLUSION

Discordance between coronary artery involvements in twins may be due to atherosclerotic lesions is independent from genetic as some mention studies suggested. Further studies with larger numbers of twin pairs are needed to evaluate influence of genetic and environmental in CAD.

4. ACKNOWLEDGEMENT

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