

Assessment of Predicting Risk Factors for Cesarean Complication Development in Tikrit City Hospitals

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Abstract: Problem statement: A cesarean birth happens through an incision in the abdominal wall and uterus. In November of 2005, the Centers for Disease Control and prevention (CDC) reported the national cesarean birth rate was the highest ever at 29.1%, which is over a quarter of all deliveries. This means that over 1 in 4 women will experience a cesarean delivery. With any major surgical procedure, there are risks involved. It is important to know and understand your risks before a cesarean procedure, **Approach:** Descriptive study was carried from 1st March to end of October 2009, 200 cases attending Tikrit teaching hospital and 2 private hospitals in Tikrit city that were developing complications after cesarean section during time of the study were enrolled in this study. **Results:** The study revealed that half of study population from age group 20-34 years, 36.5% were developed complications after C/S. It was founded that 36.5% developed wound infections, 31.5% complained from post partum hemorrhage 17.5% of them of secondary type and 14% of primary type. And 6, 7.5 and 1% developed paralytic illness, DVT, death respectively and 34% occurred within first week after C/S and 8% within operation. **Conclusion:** Wound infection and hemorrhage are the most frequent complications that happened after cesarean section and about third of patients with complication had previous complication.

Key words: Cesarean section complication

INTRODUCTION

Cesarean delivery refers an operation that is performed to deliver a baby via the trans-abdominal route (Fuantes, 1997). Cesarean delivery has been documented in ancient Egypt, Asia and Europe (Ash Morgia and Baker, 2006). Written reports of cesarean section and survival not reported till late 1700s and early 1800s (Hill .A. 2010). The first cesarean on a live woman is thought to that of the wife of Jacob Nufer, a sixteenth-century Swiss pig farmer, she was saved by the procedure (Ash Morgia and Baker, 2006).

The name cesarean derives from the Roman law included in the region of the cesarean and not as is commonly thought to the delivery of the infant Julius Caesar (Lamisden and Hideey, 2000). Most hospitals reports a 10-35% of birth rate and its use has increased significantly over the past year and numerous attempts are underway to decrease the cesarean births in some countries such as USA (Fuantes, 1997). By the twenty century, the classical (Medline-vertical uterine incision) operation had become widespread for the obstructed

labor and placenta previa (Ash Morgia and Baker, 2006). Which is associated with high blood loss and risk of uterine rupture (Fuantes, 1997). When Murro-kurr introduced the concept of labor segment operation in the 1920s. The profession was derisive (Ash Morgia and Baker, 2006).

Labor, malposition, prolapsed cord, multiple gestation, fetal distress, malpresentation, medical and surgical indications, obstetrical complications and previous C/S while indication for classical C/S are, pre-term labor placenta previa, transverse lie with back posterior large cervical fibroid, severe adhesions in lower segment, postmortem C/S (Ash Morgia and Baker, 2006).

In many instances C/S deliveries are considered to be life saving procedure for both the mother and the infant. However similar to all surgical procedure, C/S may be associated with increased maternal morbidity and mortality as compared to vaginal delivery (Koroukian and Rimm, 2000; Annibale *et al.*, 1995). So the aim of study is:

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To estimate the rate of different types of complications among cesarean section

To identify the predisposing risks factors for development of cesarean section complication

To study the relation between previous and current complication

To identify the relation between antenatal care and the cesarean section complication

MATERIALS AND METHODS

Descriptive study was carried from 1st March to end of October 2009, ethical consideration like official agreement of patients were obtained from 200 cases attending Tikrit teaching hospital and 2 private hospitals in Tikrit city who were developing complications after cesarean section during time of the study were enrolled in this study and 2 recorded death cases after C/S were included also, special questionnaire form designed for this study including information about some variables that influence complication development like demographical features, history of previous, last pregnancy types and time of complication were collected and analyzed.

RESULTS

The study revealed that half of study population from age group 20-34 years and about 59% from rural while 54% of patients with parity 1-4 as shown in Table 1.

Table 1: Distribution of cases according to some demographical characteristics

Characteristics	Frequency	Percentage
Age		
< 20 years	23	11.5
20-34 years	104	52.0
≥ 35 years	73	36.5
Address		
Rural	116	59.0
urban	84	41.0
Parity		
Para 0	31	15.5
1-4	109	54.5
≥ 5	60	30.0

Table 2: distribution of cases according to previous obstetrical history

Characteristics	Frequency	Percentage
History of abortion		
Yes	49	24.5
No	151	75.5
History of previous C/S		
Yes	76	38.0
No	124	62.0
History of complication after previous C/S		
Yes	73	36.5
No	127	63.5

From Table 2, 24.5% of patients had previous history of abortions, 38% with history of previous caesarean sections and 36.5% were developed complications after C/S.

Regarding the obstetrical history for the last pregnancy (Table 3), it was founded that 48.5% complained from uterine contraction while 7.5, 9.5% with gestational diabetes and hypertension respectively and 23% with history of uterine bleeding, 69% with anaemia and also 55% were attending the antenatal care facilities 37.3% of them reviled regular visits during the last pregnancy.

About types of complications that were happened after last C/S (Table 4) it was founded that 36.5% developed wound infections, 31.5% complained from post partum hemorrhage 17.5% of them of secondary type and 14% of primary type. And 6, 7.5 and 1% developed paralytic illness, DVT, death respectively while 16.5% developed other types of complications like bladder injuries, retained pack, incision hernia.

Table 3: History of last pregnancy

Characteristics	Frequency	Percentage
History uterine contraction		
Yes	97	48.5
No	103	51.5
History of gestational diabetes		
Yes	15	7.5
No	185	92.5
History of uterine bleeding (APH)		
Yes	46	23.0
No	154	77.0
History of hypertension		
Yes	19	9.5
No	181	90.5
History of antenatal visits		
Yes	110	55.0
No	90	45.0
Regular antenatal visits		
Yes	41/110	37.3
No	69/110	62.7
Anemia		
Yes	138	69.0
No	62	31.0

Table 4: types of complications after last C/S

Type of complication	Frequency	Percentage
Post partum hemorrhages		
Primary	28	14.0
Secondary	37	17.5
Wound infection	73	36.5
Paralytic illness	12	6.0
DVT	15	7.5
Bladder injury	4	2.0
Renal failure	2	1.0
Retained pack	1	0.5
Respiratory tract infection	3	1.5
Urinary tract infection	4	2.0
More than one complications	19	9.5
Death	2	1.0

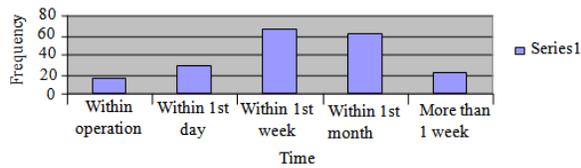


Fig. 1: Distribution of cases with complications according to time of occurrences

From Fig. 1 the time of complications development of cases were founded that 34% occurred within first week after C/S and 8% within operation.

DISCUSSION

As more than 30% of deliveries are now by C/S (Callahon and Caughay, 2009). The risk of both early and long term complications are increased in women delivered by C/S when compared with the outcomes after normal vaginal deliveries with risks of surgical and anesthesia (Ash Morga and Baker, 2006).

The key to successful management of postpartum complications is the identifications patient at risks and the adaptation of precautions to avoid occurrence of the problem, however in many cases complications occurs unexpectly and successful management on early recognition and adequate treatment. The risk of complications increased with previous scar, smoking, poor nutrition, excess alcohol consumption, placenta previa, chronic heart or lung diseases and use of some drugs such as CNS drugs. Some of these factors can be modified or changes (Miller *et al.*, 1997).

Post partum hemorrhage is the most common complications of cesarean section. It defined as blood loss approximately more than 1000 cc after cesarean section. It complicated approximately 3.9% of normal vaginal delivery and 6.4% of cesarean deliveries and accounts for approximately 35% of all maternal deaths caused by bleeding during pregnancy. The risk factors to it in C/S are general anesthesia, chorioaminitis, pre-eclampsia, protracted active phase of labor, arrest of second stage of labor and Hispanic ethnicity (Arias, 1993).

Sub peritoneal hematoma is much less common than genital hematoma that occurs usually after normal vaginal delivery and 50% of them discovered immediately and half of them only present after 24 h (Johnson, 1999), when it should be suspected in cases of postoperative hypovolemia without external blood loss and definitive diagnosis of it by ultrasound and CT scanning (Arias, 1993). Endomyometritis is a polymicrobial ascending infection of organisms that constitute the normal vaginal of flora that infect uterine

living. It affect 10-30% of cesarean deliveries, the most common microorganisms are, *Gardnella vaginalis*, group B Streptococci, *Echerichia coli*, *Bacteroids bividus* and *Mycoplasma*. The risks factors for it are: Meconium, chorioaminitis, prolonged ruptured of m antibiotic membranes, frequent vaginal examination, anemia and low socioeconomic state and it prevented by prophylacticound (Callahon and Caughay, 2009; Arias, 1993; Johnson, 1999). Wound infections include cellulites and abscess are seen in 1-5% of C/S. Cellulites is suspected with local erythema around surgical site and treated by broad spectrum antibiotics. Abscess is a palpable collection within the incision and treated by incision drainage, cleaning and packing. Wound separation can occur are in the absence of infection due to fluid collection of either serum (seroma) or blood (hematoma). If fascia is also separated, this Tremel around dehiscence (Callahon and Caughay, 2009). The incidence of superficial thrombophelbitis increases 7 times (12 per 1000 pregnancies) during postpartum period. It a painful complication hypercoagulability, it is treated with worm compresses and analgesia. It is unlikely to cause DVT or PE (Callahon and Caughay, 2009; Arias, 1993; Shearer, 1993; Lydon-Rochelle *et al.*, 2000), DVT incidence increases 4-5 times (15 per 10000 pregnancies) during postpartum period because this is the time during which a rapid rise in plasma and whole blood fibrinolytic activity occurs. The risk factors are cesarean section, obesity, use of estrogen to suppress lactation, obstetric complication (such as multiple labor, induction, prolonged labor, age less than 30 years old, difficult labor, high parity and deficiency of a natural anticoagulant activity. Pulmonary embolism occurs rarely during pregnancy, Friend and Kakkar (1970) reported an incidence of 2.7 per 1000, but almost certainly this is a high estimate resulting from over diagnosis. In about 95% PE is the result of DVT of ileofemoral veins and in the majority of cases, it occurs in the immediate postpartum period (Callahon and Caughay, 2009; Declerq *et al.*, 2007; ACOG, 2000). The injury to bladder and ureter at the time of C/S is 0.3-0.7% respectively, the risk of injury to bladder is increased three fold in repeated cesarean section previous pelvic surgery, uretric injury can rise to two or six fold when cesarean hysterectomy performed and associated with uterine extension to broad ligament and extension to broad ligament and extensive hemorrhage. The chance of dying from cesarean section is about 200/100000. The other rare complication are retained placenta, mastitis postpartum depression, maternal cardiovascular, accident which is not reported in current study.

CONCLUSION

Nearly two third of complication are wound infection and poor antenatal care visits with history of previous complication are the most predisposing risks factors for development of such complications.

Recommendation: Established a national health program concerned with pregnant women during antenatal visits regarding the health care of women who subjected to C/S after section and during future pregnancies.

Improved health facilities standard to overcome morbidity and mortality that occurred from C/S.

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