

In-Vivo* Evaluation of Hexavalent Chromium Induced DNA Damage by Alkaline Comet Assay and Oxidative Stress in *Catla catla

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ABSTRACT

In the present study, the acute toxicity of Chromium in fingerlings of *Catla catla*, an Indian major carp, was evaluated with renewal bioassay method. *In vivo* studies were designed to assess the extent of Micronucleus Assay, Comet Assay under the exposure of common heavy-metal compounds, namely, Chromium Nitrate, using *Catla catla* ($2n = 20$), as a test model. The laboratory acclimatized fishes were divided into four groups. Group I served as positive control and the other three as exposed groups for three different time durations of 7, 14 and 21 days and were subjected to uninterrupted sub lethal concentrations (50% of 96 h LC_{50}). The experiments were planned in such a way that fish from all the groups were sacrificed on the same day. The frequencies of micronuclei and bi-nuclei were evaluated comparatively in peripheral erythrocytes. As a result, it was observed that, the fishes and different tissues showed differential sensitivity to the heavy-metal treatment. A significant increase in the frequencies of micronucleated and binucleated cells and percentage increase in DNA tail ($p < 0.001$) through Alkaline Comet Assay were observed after 21 days of exposure to chromium. Our results also showed decrease in enzyme Superoxide Dismutase (SOD) activity and increase in catalase enzyme due to increasing chromium concentration. The bio-concentration factor profiles of Chromium in *Catla catla* during sub lethal toxicity study was also calculated.

Keywords: Chromium, Micronucleus, *Catla catla*, Cytotoxicity, Comet Assay

1. INTRODUCTION

Aquatic ecosystem is the final sink for many chemicals used in industry and agriculture and has become a global problem (Adeogun and Chukwuka, 2012). When contaminants are released into the Aquatic Ecosystem, they finally get accumulated in the major aquatic organisms, almost invariably (Lavanya *et al.*, 2011). Among all the contaminants, chromium is the one which are directly or indirectly released into aquatic ecosystem (Gheju, 2011). The influx of this global environmental toxicant into aquatic ecosystems from naturally occurring and anthropogenic sources is a serious problem throughout the world (Kumar *et al.*, 2009). Chromium is a common contaminant in surface water and groundwater

because it is used widely in electroplating and other industries and occurs naturally at high concentrations in ultramafic rocks. Under oxidizing conditions, Cr is highly soluble and mobile as the Cr (VI) anions chromate (CrO_4^{2-}) and bichromate ($HCrO_4^-$) (Ellis *et al.*, 2002). The health effects and toxicity or carcinogenicity of chromium are mainly related to the oxidation state of the metal at exposure. Trivalent (Cr[III]) and Hexavalent (Cr[VI]) compounds are thought to be the most biologically significant, (Jomova and Valko, 2011).

Hexavalent chromium is widely used in many industrial processes such as electroplating, wood preservation. The remediation of chromium contaminated sites poses several unique challenges. Ranipet regions of Tamil Nadu, a Province in India, have Leather Tanneries

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located in an industrial development area, from which treated and untreated effluents are released into Palar river. The granitic formation in the northern part of Palar River catchment has the high infiltration rates and results in fast migration of the contamination to the water table. The Chromium levels in groundwater of these areas were found up to 275 mg L^{-1} as reported by (Rao *et al.*, 2011). Taking the Palar River catchment into consideration to access the genotoxic effects of major Indian carp *Catla catla* is chosen for our study. Ingestion of large amounts of chromium can lead to severe respiratory, cardiovascular, gastrointestinal, hepatic and renal damage and potentially death (Fatemi *et al.*, 2013).

Many studies have directed their attention to assess the effect of chromium in the tannery and electrochemical works. For example, the genetic alterations in direct and indirect exposures of Hexavalent Chromium [Cr(VI)] in leather tanning industry workers have been reported by (Balachandar *et al.*, 2010), while, the indirect effect has been studied by dietary uptake of chromium by fishes. Fish are at the top of the aquatic food chain and normal metabolism of fish may accumulate large amounts of certain metals from water, food, or sediment. However, like essential metals, nonessential metals are also taken up by fish and gets accumulated in their tissues (Yilmaz *et al.*, 2010). As fish fauna serves as a food source for humans, it is essential to know the impact of water pollution on these organisms. Any change in the natural conditions of aquatic medium causes several physiological adjustments in fish (Garg *et al.*, 2009). Fish has attracted much attention in the biomonitoring of water pollution because of its special biological characters such as relatively big body size, long life cycle, easy to raise. More importantly, fish species are at the top of the aquatic food chain and may directly affect the health of humans, which makes it more significance for the biomonitoring using fish. (Foster *et al.*, 2012; Zhou *et al.*, 2008).

Therefore, to provide data supporting the usefulness of freshwater fish as indicators of heavy metal pollution, it has been proposed in the present study, to examine the bioaccumulation and genotoxic evaluation of chromium in the selected organs of freshwater fingerlings *Catla catla*. In the current investigation, the freshwater fingerlings *Catla catla* was used, because it is one of the most common Indian carp and withstands a wide range of experimental conditions. It occurs in the principle rivers of India and is a moderately fast growing freshwater major carp. In addition, it is of great commercial importance and is renowned for its taste.

The DNA damage was evaluated by Micronucleus (MN) and comet assays which are the two sensitive, rapid and extensively used tools for detecting the

mutagenic and genotoxic effects of chemicals in the environment, since Micronucleus (MN) assay is an easy and ideal monitoring system that uses aquatic organisms to assess the Genotoxicity of water in the field and in the laboratory (Ali *et al.*, 2008a; 2009; Bucker *et al.*, 2012). Muid *et al.* (2012) has pointed out that the comet assay is considered a suitable and rapid test for DNA-damaging potential in environmental and biomonitoring studies. Research reports indicate that it can be applicable to freshwater and marine fishes and that gill cells are more sensitive than the hematopoietic cells to micronucleus inducing agents which has been reported by most of the researchers (Al-Sabti and Metcalfe, 1995; Cavas *et al.*, 2005; Fontanetti *et al.*, 2010; Palus *et al.*, 2003).

The concern over aquatic pollution has recently gained importance; thus, monitoring of genotoxic effects is of major importance. The genotoxic effects of environmental pollutants can be monitored using a broad range of both *in vitro* and *in vivo* biomarker assays, while the comet assay is gaining popularity and acceptance over other assays since its advantages include its sensitivity for detecting low levels of DNA damage ($0.1 \text{ DNA break}/10^9 \text{ Daltons}$) (Ali *et al.*, 2008b) To quantify DNA lesions in individual cells for environmental monitoring was also reported (De Andrade *et al.*, 2004). Also many researchers also conducted the pilot study to access the genotoxic efface under the laboratory scale (Emmanouil *et al.*, 2006; Hartmann, 1997; Heuser *et al.*, 2002).

In the present study, we aim to investigate the effects of exposure to sublethal concentrations of chromium in freshwater fish *Catla catla*, under *in-vivo* conditions. The mutagenic and genotoxic effects of chromium exposure was assessed using MN assay and comet assay, by monitoring the frequencies of binucleated cells, as an indicator of cytotoxicity, were in addition to the micronuclei. Micronucleus and binucleus frequencies in erythrocytes were analyzed, including the single-stranded DNA break by comet assay analysis. Further, the response of Catalase and Superoxide Dismutase (SOD) activity in the tissues was determined to get a clear outline of the antioxidant stress potential. This data could provide a useful database for future investigations of pollutant effects in freshwater fish in aquatic environments.

2. MATERIALS AND METHODS

2.1. Experimental Fish and Chemicals

Single breed fingerling of *Catla catla* with a mean length of about $6.00 \pm 2.00 \text{ cms}$ and an average weight of about $10.00 \pm 2.00 \text{ g}$ were procured from commercial fish seed hatchery and safely transported to the laboratory in

syntax tanks containing oxygenated water. Fish were stocked in large aquarium tanks disinfected with potassium permanganate to prevent fungal infection and washed thoroughly prior to introduction of fish (Ali *et al.*, 2009). The specimens were given prophylactic treatment by bathing them twice in 0.05% potassium permanganate (KMnO₄) solution for 2 min to avoid any dermal infections. The fishes were then acclimatized for one month under laboratory condition (Hernández *et al.*, 2006). The faecal matter and other waste materials were siphoned off daily to reduce ammonia content in water (Company *et al.*, 2010). Fish were fed at libitum with rice bran and groundnut oil cake once a day in their experimental tanks. The same food was used for controls and exposed fish and it was always consumed rapidly so soaking of the food by the exposure water was limited (Eyckmans *et al.*, 2011). Water quality was checked every day before and during the exposure. The physical and chemical parameters of the tank water, when the fish were placed in it, are shown in **Table 1**, in comparison with the water of the Krishna River, a major river in South India. Chromium nitrate (analytical grade) used in the present study was purchased from Merck specialties Pvt Ltd, Mumbai, India.

2.2. Determination of Sublethal Concentrations

Preliminary series of short-term (96 h) static toxicity tests were run to determine the median Lethal Concentrations of chromium (LC₅₀) in *Catla catla*. They were estimated by both the Arithmetic-Karber method (Dede and Kaglo, 2001) and Finney's Probit analysis method described by (Finney, 1971).

Experiments were performed in 125l glass aquaria with 100l experimental water, by introducing 35 fish in each tank. Water was continuously aerated, with light and darkness regime at 14 and 10h respectively. The physiochemical parameters of the experimental tank were maintained within the limits as described in **Table 1**. The Physiochemical parameters are maintained in comparison of the Krishna river, Nagarjuna sagar Dam. Prior to the determination of the sublethal concentration, the fishes were subdivided into groups consisting of 35 Nos (Hernández *et al.*, 2006). The acclimatized animals were each exposed to one of the following nominal Chromium concentrations: 0 (control), 30, 60, 90 and 150 mg L⁻¹ total Chromium, obtained after range finding test and the experiment was set in triplicate to obtain the 96 h LC₅₀ value of the test chemical for the species. Mortality and abnormal behavioral responses were recorded every 24 h, until 96 h (Company *et al.*, 2010). During the experiment, dead fish were removed immediately because such mortality in static bioassays may deplete the DO, affecting tolerance limits (Alkassasbeh *et al.*, 2009).

Table 1. Physico-chemical parameters of experimental water

Physico-chemical parameters	Range
Temperature	27±3°C
pH	7.8±0.5
Dissolved oxygen	6.73±0.20 mg L ⁻¹
Hardness of water	145.66±8.14 mg L ⁻¹
Turbidity	2.66±0.57 NTU
Total dissolved solids	254±11.53 mg L ⁻¹

The results are expressed as mean ± SD

2.3. Experimental Design for Acute Toxicity Tests

The fish specimens were exposed to sublethal test concentration of chromium nitrate in a semi-static system with the change of test water on every alternate day to maintain the concentration of the chemical. Group I (n = 20) served as positive control and the other three as exposed groups (n = 20) for three different time durations of 7, 14 and 21 days and were subjected to sublethal concentrations (50% of 96 h LC₅₀) (Quinn *et al.*, 2006; Yadav and Trivedi, 2009). All the experiments were performed in duplicates. Chromium nitrate was dissolved in deionized water and a clear solution was obtained by adding few drops of acetic acid. The exposure was continued up to 21 days. Blood and tissue sampling, as described below, was done at the intervals of 0th, 7th, 14th and 21st days at the rate of 20 fish per interval.

2.4. Sampling and Analysis

Sampling of fish tissue was done at the intervals of 0th, 7th, 14th and 21st days from all tanks. At the end of 24 h of exposure, at least six fish for each of the four groups were anesthetized with benzocaine (0.1 g L⁻¹) and blood was collected from the caudal vein, using heparin-coated syringes (Bucker *et al.*, 2012; Heuser *et al.*, 2002). On each sampling day, the whole blood was collected and immediately processed for Micronuclei assay as described below. About 0.5 mL of diluted blood was added to an isotonic solution (10 mL) for further dilution in dark or dim light to prevent occurrence of any further additional DNA damage.

2.5. Micronucleus (MN) Assay and Scoring Criteria

The MN test was performed according to the methods of (Bolognesi and Hayashi, 2011), with some minor modifications. Blood samples were collected by cardiac puncture using the cold hypodermic micro syringes prerinsed with heparin (anticoagulant). The blood samples were immediately smeared onto precleaned glass slides, air dried overnight and then

fixed in absolute methanol for 15 min. Each slide was stained with 5% Giemsa solution (Medox Biotech India Pvt. Ltd., Chennai) for 20 min. At least 1,500 erythrocytes for each specimen were identified, counted and scored microscopically under 1,000 X in Carl Zeiss microscope (Mortazavi *et al.*, 2005). The main criteria for scoring the Micronucleus (MN) were based on those of Al-Sabti and Matcalfe (1995) considering the absence of connections with the main nucleus, similar coloration and a size of between 1/10 to 1/30 of the size of the main nucleus, since for most fish, chromosomes are much smaller than mammalian chromosomes, as pointed out by (Schmid, 1975). The nuclear abnormalities observed were classified into five categories, adapting the classification proposed by (Ayllon and Garcia-Vazquez, 2000): (a) Micronuclei; (b) Binucleated nucleus-two completely separated nuclei in the same erythrocyte's cytoplasm; (c) Lobed nucleus-evaginations of the nuclear envelope of different sizes; (d) Notched nucleus-having a noticeable depression into the nucleus that does not contain nuclear material and (e) Other Nuclear Abnormalities-all the other types of nuclear morphological alterations found in the nuclei that could not be fitted under the previous four categories.

2.6. Comet Assay

The alkaline comet assay was performed as described briefly, as follows; 100 μL of cell suspension was mixed with 200 μL of 2% low melting temperature agarose at 37°C and then placed on a slide precoated with thin layer of 0.5% normal melting agarose. The cell suspension was immediately covered with a cover glass to obtain a uniform layer and the slides were kept at 4°C for five min, to allow solidification of the agarose (Rojas *et al.*, 1999). The gel was allowed to solidify by keeping the slide in a steel tray on ice for a minimum period of three minutes. The coverslip was removed and a final layer of 0.5% Low Melting Point (LMP) agarose (100 μL) was placed on the slide and covered with a cover slip (Tice *et al.*, 2000).

After removing the cover glass, the cells were lysed in a lysing solution (2.5M NaCl, 100mM EDTA, 10mM Tris, 1% Triton X-100, pH 10) for one hour. After washing in redistilled water, the slides were placed in a horizontal gel electrophoresis chamber. The chamber was filled with cold electrophoretic buffer (1mM EDTA, 300mM NaOH, pH 13) and slides were kept at 4°C for 40 min to allow the DNA to unwind. Electrophoresis was performed for 25 min (1 V/cm, 300 mA). After electrophoresis, the slides were washed three times with

neutralization buffer (0.4M Tris, pH 7.5). All preparative steps were conducted in yellow light to prevent occurrence of additional DNA damage (Avishai *et al.*, 2003; Tice *et al.*, 2000; Velma and Tchounwou, 2010).

The slides were stained with Ethidium Bromide. Air-dried slides were immersed for five minutes in cold water and then stained for five minutes with 80 μL EtBr (20 $\mu\text{g mL}^{-1}$) (Cavallo *et al.*, 2009; Kim *et al.*, 2002). The slides were rinsed in cold water to remove excess stain and covered with a coverslip and analyzed with a fluorescence microscope (NIKON Eclipse 400) equipped with a CCD-4230A video camera. The nuclei were analyzed by use of a fluorescence microscope. For EtBr, a BP 546/10 nm excitation filter and a 590 nm emission filter were used. For each slide, 25 randomly chosen nuclei were analyzed. Three slides were evaluated per treatment and was repeated twice. From the repeated experiments, the averaged median percentage of tail DNA as the primary measure of DNA migration was calculated for each treatment group. Digital images were acquired and analyzed by the CASP software (Anitha *et al.*, 2000; Emmanouil *et al.*, 2006).

2.7. Catalase (CAT) Activity

The activity of catalase (CAT) in the liver was determined spectrophotometrically, at wavelength of 570 nm (Uv-Vis, 3000+, lab India Pvt. Ltd., India), according to the method of Sinha (1972) and was expressed in ml mol of decomposed hydrogen peroxide per sec per gram of tissues wet wt. Sinha (1972) tissue samples were homogenized in 10 volume of ice-cold 0.1 phosphate buffers, pH 7.0 and centrifuged for 20 min at 4°C and 15,000 g. The supernatant was used for CAT. The activity of catalase was determined spectrophotometrically, by measuring the decrease in the absorbance of hydrogen peroxide at 240 nm, with a specific absorption coefficient of 0.0392 $\text{cm}^2 \mu\text{mol}^{-1} \text{H}_2\text{O}_2^{-1}$. 2.5 mL of substrate made up of 10 mM hydrogen peroxide in a 50 mM phosphate buffer of pH 7.0 was added onto 2.5 mg of immobilized CAT preparation. Reaction was carried out at 25°C for 2 min and stopped by adding 0.5 mL of 1.0 M HCl. One unit of activity is defined as the decomposition of 1 μmol hydrogen peroxide per minute at 25°C and pH 7.0 (Sayeed *et al.*, 2003; Sun *et al.*, 2006).

2.8. Superoxide Dismutase (SOD) Activity

The activity of Superoxide Dismutase (SOD) was determined spectrophotometrically at wavelength of

480 nm by epinephrine method according to Sun *et al.* (2006). SOD was determined spectrophotometrically in Liver, Muscle Tissue and Gill samples by measuring the inhibition of the ratio of autocatalytic adrenochrome formation at 480 nm in a reaction medium containing 1 mM adrenaline and 50 mM glycine (pH 10.2). This reaction was conducted at a constant temperature of 30°C for 3 min. Enzyme activity is expressed as superoxide dismutase units per gram of protein. One unit is defined as the amount of enzymes that inhibits the ratio of adrenochrome formation by 50% (Sun *et al.*, 2006; Velma and Tchounwou, 2010).

2.9. Metal Analysis in Tissue Samples

The muscle tissues were washed with distilled water, dried to a constant weight at 60°C for 48 h until constant weight is obtained. Dried samples were homogenized, packed in small pre-cleaned polyethylene bottles and kept at -20°C until analysis. All reagents were of analytical grade. Unless otherwise stated, double deionized water was used for all dilutions. The dried fish samples were placed in a high form porcelain crucible and kept in the muffle furnace. The furnace temperature was slowly increased to 100°C in two hours. The samples were ashed at about 450°C for one night, until a white or grey ash residue was obtained. About 5g of the ash samples were used for digestion. The samples were digested with 25 mL of Nitric Acid (70% V/V) and 5 mL of sulphuric acid (98 % V/V) and 5 mL perchloric acid (%V/V) at 110°C. The Formation of the milky white precipitate confirms the complete digestion of sample. The sample is then filtered in Whatman No-42 filter paper and made upto 50 mL with double deionized water (Al-Yousuf *et al.*, 2000; Mendil *et al.*, 2010; Oyoo-Okoth *et al.*, 2010). The samples were analyzed for heavy metals using Inductively Coupled Plasma Optical Emission Spectrometry (ICPOES) at Sophisticated Analytical Instrument Facility (SAIF), the Indian Institute of Technology, Madras.

2.10. Bio Concentration Factor (BCF)

The Bio concentration factor is the biological sequestering of a substance at a higher concentration than at which it occurs in the surrounding environment or medium. The bioaccumulation factor is the ratio of the contaminant in an organism to the concentration in the surrounding environment at a

steady state, where the organism can take the contaminant through ingestion with its food as well as through direct content.

Bioconcentration factors between the fish tissues and the water were calculated, using the mean metal concentration in each tissue and the corresponding metal concentration in simulated water. Bioconcentration Factor (BCF) is defined as the ratio of the concentration of a specific heavy metal in the organism to the concentration of the metal in the water in which the fish lives (Sun *et al.*, 2006). The BCF was calculated using the formula 1 as described below Equation (1):

$$BCF = \frac{C_f}{C_w} \quad (1)$$

where, C_f and C_w are the concentrations of metal in fish and water respectively, expressed in the same units (mg/kg and mg/L). BCF will, hence, be a simple number, without any units.

2.11. Statistical Analysis

One-way Analysis of Variance (ANOVA) was applied to determine significant differences in the results of various groups. P-Values <0.001 were considered significant. The data obtained from analytical methods were treated statistically using SPSS software (version 17.0 for windows). Descriptive data analysis was performed, including the calculation of mean, SD.

3. RESULTS AND DISCUSSION

The data obtained from acute toxicity test of water-born chromium for *Catla catla* revealed that chromium toxicity increased with increasing concentration and with exposure time. The number of dead fish in relation to the chromium concentrations (20, 60, 100 mg L⁻¹) were assessed and counted during the exposure period and were removed. No mortality was observed during the 96 h at control (0.0 mg Cr L⁻¹) and 100% mortality rate was observed only at 100 mg L⁻¹ (**Table 2**).

The fish exposed to 20 and 60 mg L⁻¹ chromium showed abnormal behavior like erratic swimming and loss of equilibrium. The exposed fish swam to surface more often than the control fish. Neither mortality nor any visible changes in behavior were viewed in the control group. Summary of the different behavioral changes observed due to chromium exposure is presented in **Table 3**.

Table 2. LC₅₀ determination based on arithmetic method of karber

Concentration in ppm	Concentration difference (X)	No. of alive fish (p)	No. of mean fish (p)	Mean death $Y = \frac{Q1+Q2}{2}$	Probit (X×Y)
0 (control)	-	35	0	-	0
20	20	18	17	8.5	170
60	40	0	35	26.0	1040
100	40	0	35	35.0	1400
$\sum XY = 2610$					

$$LC_{50} = LC_{100} - \frac{\sum \text{Probit}}{\text{No of organisms In each group}} \quad LC_{50} = 100 - 2610/35; LC_{50} = 100 - 74.58; LC_{50} = 25.42 \text{ mg L}^{-1}$$

Table 3. Determination of 96 h LC₅₀ Value using Finney's Probit analysis (1964)

Conc.(mg/L)	Log (Conc.)	No. of fish alive (96 h)	No. of fish dead (96 h)	Mortality (%)	Probit
0	0.00	35	0	0.0	-
74.6	1.87	18	17	48.5	4.95
223.7	2.35	0	35	100.0	7.37
373	2.57	0	35	100.0	7.37

The relationship between the chromium concentration and the mortality rate of *Catla catla* for determination of LC₅₀ value was determined according to Finney's Probit Analysis and the results are shown in **Fig. 1**. A dose-dependent increase and time dependent decrease were observed in mortality rate until 96 h. The LC₅₀ value of chromium was determined as 25.42 mg L⁻¹ for *Catla catla* by Arithmetic Method of Karber (Dede and Kaglo, 2001; Mishra and Mohanty, 2008) and Finney's Probit analysis (Finney, 1971). The mean 96-h LC₅₀ value with 95% confidence limits for *Catla catla* by Finney's probit analysis was found to be 25.42 mg L⁻¹ as shown in **Table 3**. This value was estimated to be 25.42 mg L⁻¹ with the Karber's method (**Table 2**). The two methods are in good agreement and this suggests that the water-born chromium is definitely a toxic heavy metal to *Catla catla*.

Based on the 96 h LC₅₀ value, the sublethal concentration (1/2 of 96 h LC₅₀ value = 25.42 mg L⁻¹) of chromium were estimated. This value was used for the bioconcentration and genotoxicity studies. The exposed fish swam to surface more often than the control fish. Neither mortality nor any visible changes in behavior were observed in the control group. The hypertrophy and hyperplasia of the gill epithelial cells were absorbed as the gills were swollen compared to the Control fish (Quinn *et al.*, 2006).

3.1. Accumulation of Chromium in *Catla Catla*

The sublethal concentration was used for this study and therefore, no mortality was recorded during the experimental period for all treatment groups studied. The increased levels of accumulation during the exposure period suggested a rather rapid absorption of this metal.

Similar results have been reported in freshwater isopods exposed to Cu, Pb and Zn (Palaniappan and Karthikeyan, 2009). In the case of bioaccumulation of chromium in the muscle, the accumulation pattern varies with the degree of concentration of the toxicants. Occasionally, fish exposed to Chromium showed vertical and downward swimming patterns, swimming near the water surface, drowsy and erratic swimming and loss of schooling behavior.

During the sublethal toxicity studies the fishes were exposed to 1/2 of LC₅₀ concentration. As the days of exposure increased, the chromium concentration in the fish tissues increased gradually. As the exposure period continued till 21 days. The accumulation of chromium was maximum within 7 days of exposure (9.68 mg kg⁻¹) and after 7 days the chromium is slowly bioaccumulated in the tissues. The maximum accumulation of the chromium was observed on the 21st day of exposure (11.25 mg kg⁻¹). The pattern of accumulation of chromium in *Catla catla* during sublethal toxicity studies were shown in the **Fig. 2**.

3.2. Genotoxicity of Chromium in *Catla Catla* by Micronucleus Assay

Micronucleus was encountered in fish subjected to chromium accumulation. Induction of micronuclei showed a remarkable increase with increased exposure time, when compared with the control. The results suggested that the incidence of micronuclei induction was not dose dependent. In contrast, the group treated with Chromium did not show significant difference in micronuclei frequencies with respect to the control group, although differences between frequencies of the treated and control groups for the other nuclear lesions were highly significant (Anbumani and Mohankumar, 2012).

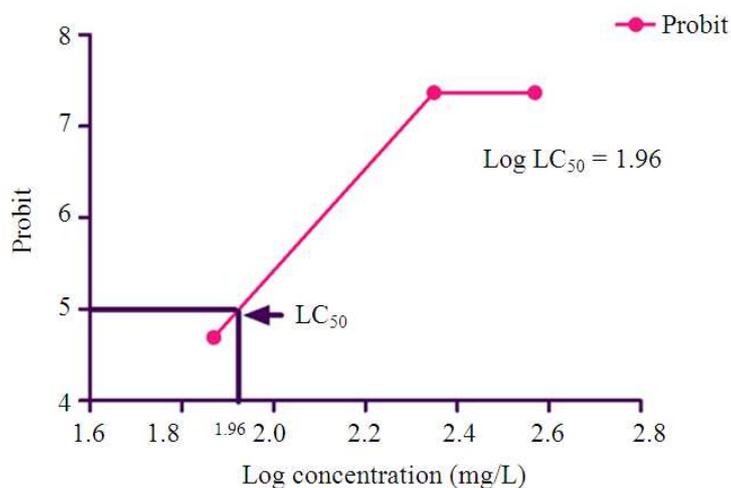


Fig. 1. Probit analysis graph for determining 96 h LC₅₀ by Finney probit method

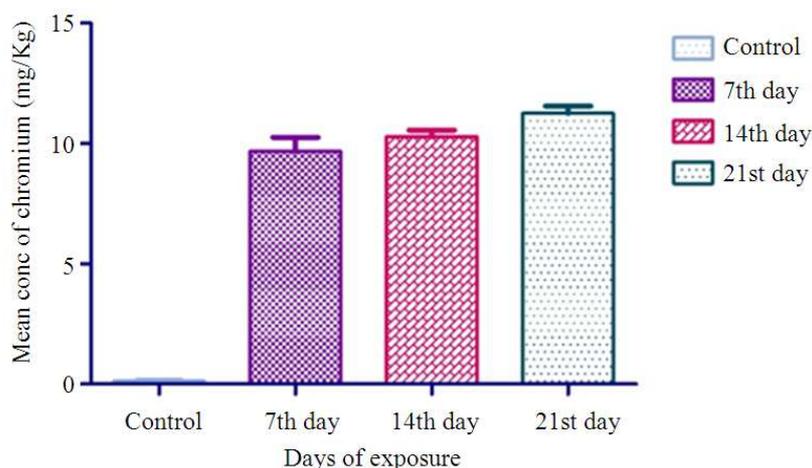


Fig. 2. Exposure by waterborne chromium by *Catla catla* each point represents a mean value and standard deviation of three replicates

Our studies for determination of sublethal concentration, short-term exposure periods ranging between 24 and 96 h were reported to be enough to induce micronuclei and erythrocytes had been reported to be a sensitive biomarker of Genotoxicity (Results not shown). However, results of long-term exposure studies in fish revealed that micronucleus frequencies in erythrocyte's increases as the days of exposure increased as shown in **Table 4**. Apart from MN, other nuclear anomalies like deformed nucleus, nuclear bud and vacuolated nucleus, binucleated cells were observed at sublethal exposure. Similar observations from our results are in agreement with other studies (Klobucar *et al.*, 2012; Yadav and Trivedi, 2009).

The micronucleus formation in the erythrocytes requires cell division. This difference can be explained by a lower mitotic rate caused by a lower average temperature and by older fish (Polard *et al.*, 2011).

3.3. Alkaline Comet Assay

About 100 cells were selected randomly for each sample, i.e., 50 cells were selected from each of the two replicate slides. The observation of cells was made at 400×magnification using a fluorescence microscope with the mean tail length and mean tail moment serving as the indicators. The Observed DNA damage in erythrocytes of *Catla catla* exposed to chromium on different days of treatment is shown in **Fig. 3**.

Table 4. Nuclear abnormalities in peripheral erythrocytes of *catla catla* exposed to sublethal concentration of chromium

Days of exposure	Micro-nucleated cells	Bi-nucleated cells	Lobed	Other nuclear abnormalities
0th day	1.67±0.57	3.34± 2.51	1.11±0.21	0
7th day	9.34±1.52	37.6±16.04	15.21±1.82	3.0±0.52
14th day	71.0±5.56	73.7±5.50	89.4±3.23	22.1±1.26
21st day	126±7.21	83.0±5.56	142±2.11	36±1.52

The frequencies of MN data were analyzed by the ANOVA Kruskal-Wallis and Mann-Whitney tests. The results are expressed as mean±SD and Fold increase of % of nucleated cells in comparison with concurrent controls, $p < 0.001$

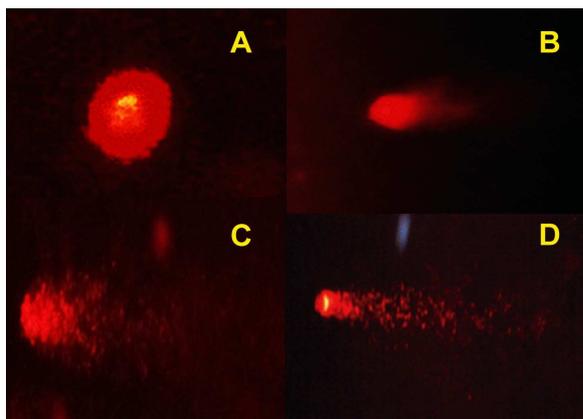


Fig. 3. Comet assay images of DNA damage profile in *Catla catla* in erythrocyte cells exposed to Chromium on different days of exposure A- Control Comet, B-7th Day Comet, C- 14th Day Comet, D-21st Day Comet

The highest DNA damage was observed at 21 days of exposure for all treatment groups; there was a bioconcentration increase in percentage of DNA damage with chemical exposure. The damage was measured by using the tail moment as the parameter of assessment. The percentage of tail DNA as the primary measure of DNA migration was calculated for each treatment group by the Comet Assay Software Project (CASP) software and is shown in **Fig. 4**.

The DNA damage was measured as % tail DNA in the erythrocytes in the control as well as exposed groups as shown in **Fig. 5**. The percentage of tail DNA was significantly ($p < 0.01$) increased with the days of exposure increasing the concentration of chromium. However, inducing DNA damage was tissue specific and showed significantly ($p < 0.01$) higher DNA damage. The highest DNA damage was observed in 21 days of exposure. 15% of tail DNA was observed at 7 days of exposure. There was a general increase in the DNA damage values with increased exposure time.

Olive Tail Movement is determined with the distance between the head and centers of gravity of DNA in the tail and is shown in **Fig. 6**. Although Olive Tail Moment appeared to be the most statistically significant measurement, it provides an estimate of DNA damage in arbitrary units. The Olive Tail Movement is similar to the percentage of the Tail DNA. Since it is wellknown that distinct image-analysis systems give different values for OTM (Kumaravel and Jha, 2006).

Similar mechanism which supports our results have been reported by Quievryn *et al.* (2003). These results indicate that ascorbate is the most efficient biological reductant of Cr (VI) in cells under *in-vivo* conditions and plays a dual role in Cr (VI) toxicity: Protective-antioxidant outside and pro oxidative inside the cell. In fact, reactions utilizing ascorbate in the reduction of chromium (VI) inside the cells generate high levels of chromium-DNA adducts and produce mutation-inducing DNA damage (Quievryn *et al.*, 2003).

From the comet assay results we can also conclude that the mechanism of the DNA damage can be described as follows: The Cr (VI) enters the system either by ingestion or by absorption as an oxyanion. The absorbed chromium is metabolic reduction to Cr (V), Cr (IV) and to the final reduced trivalent (III) form. These reduced forms have been shown to induce a wide range of genomic DNA damage, which make chromium to DNA replication inhibition (Nickens *et al.*, 2010).

3.4. SOD and Catalase

The results as shown in **Table 5** shows, the decreased activity of SOD in tissues of *Catla catla* during acute exposure to chromium, which indicates the presence of ROS-induced peroxidation, which leads to destroy RBC membrane. The results of our present experiments show decrease of superoxide dismutase and catalase enzyme in several samples. The decrease in erythrocyte SOD activity suggests a lower formation rate of intracellular H_2O_2 . Similar decrease patterns was also observed by other researchers (Emmanouil *et al.*, 2006; Kubrak *et al.*, 2011).

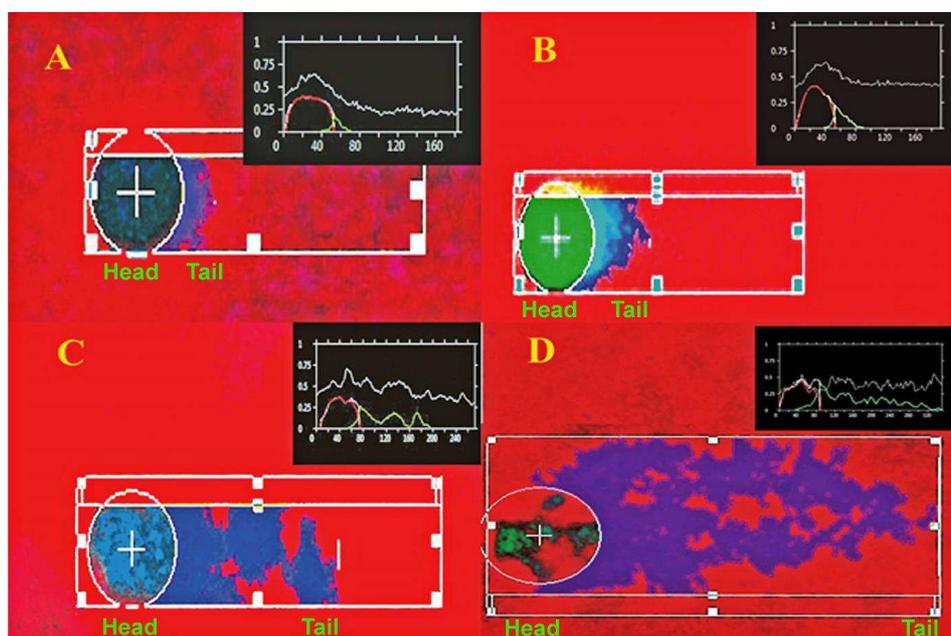


Fig. 4. Comet images of control and damaged cells and the insert with in the images represents the percentage of tail DNA and Olive tail movement A-Control cells, B-7th Days treated cells C-14th day treated cells D-21st Day Treated Cells

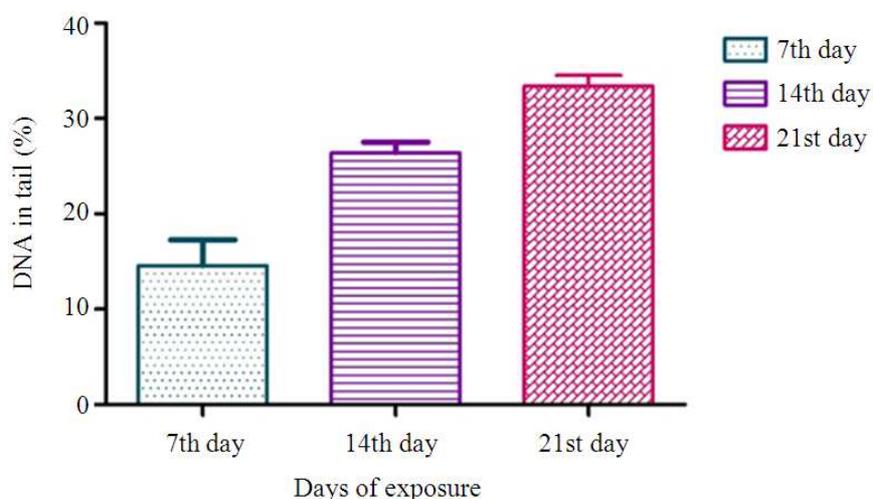


Fig. 5. Percentage of Tail DNA of *Catla catla* exposed to chromium at different Interval in Days

Table 5. Antioxidant enzyme responses observed in *Catla catla* exposed to sublethal concentration of potassium chromate

Days of exposure	CAT Activity in tissue (μmoles of H ₂ O ₂ consumed/min/mg of protein) Mean±S.D	SOD activity in tissue (U/mg protein) Mean±S.D
7th day	0.03±0.02	6.25±0.35
14th day	0.01±0.007	5.37±0.74
21st day	0.009±0.003	4.27±1.42

The results are expressed as mean± SD. ** p<0.001 for the significance of difference vs control (Mann-Whitney test)

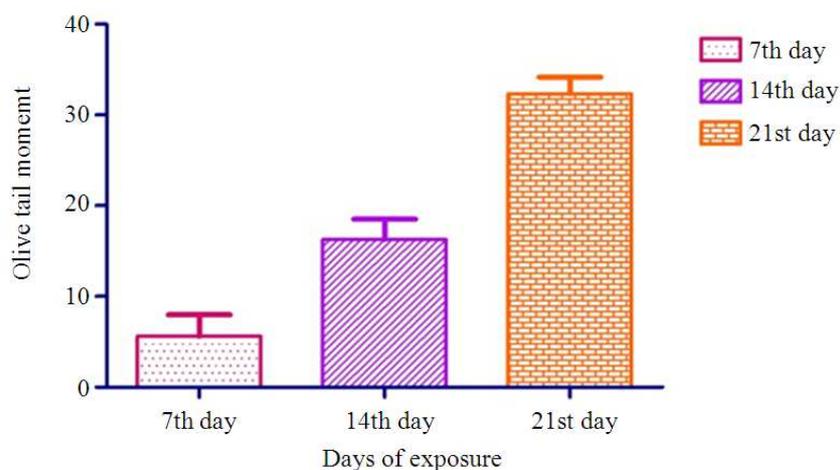


Fig. 6. Olive Tail Movement of *catla catla* exposed to chromium at different time interval in days

Table 6. Bioconcentration factors observed in *Catla catla* during sublethal toxicity study

Days of exposure	Bio Concentration Factor (BCF)
0th day	0.011
7th day	2.534
14th day	3.173
21st day	3.504

3.5. Bio-concentration Factor Profile of Chromium in *Catla Catla*

After the determination of mean concentrations of chromium in experimental water and fish, the bio-concentration factor values were calculated. The bio-concentration factor profiles of chromium in *Catla catla* during sublethal toxicity study are presented in **Table 6**, which shows that bio concentration factor values increases gradually through 21 days.

4. CONCLUSION

The micronucleus test and the comet assay are sensitive tools for the effective evaluation of genotoxicity biomarkers. The results of our experiments indicate an induction of micronuclei as well as other nuclear abnormalities, which were induced even if micronuclei were not; therefore, it is suggested to include these differences in fish genotoxicity analyses based on micronuclei counts. The results found in comet assay method and micronuclei test are in agreement with each other when compared at 21 days of exposure. At 21 days of chromium exposure both comet assay and micronucleus test revealed an increase in % tail DNA

and increased micronuclei frequency in all treatments studied. The results of this study showed the importance of fish liver as potential biomarker of chromium toxicity for comet assay. Our experimental data point out that *Catla catla* could be a suitable monitoring organism to study the bioavailability of water bound metals in freshwater habitats. It is also envisaged that features of oxidative stress could be used in aquatic pollution biomonitoring with varying degrees of specificity. Further studies are in progress to understand the underlying mechanisms involved in long-term toxicity profile of chromium in freshwater fish *Catla catla*. These genotoxic assessment along with the oxidative stress could be effectively used as potential non-specific biomarkers of heavy metal-toxicity to the freshwater fish in the field of environmental biomonitoring.

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5.1. Disclosure

The authors declare no conflicts of interest in this study.

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