

Apoptosis Inducer Capacity of Cardiotonic Steroids of *Urginea maritima* Extract on SH-SY5Y Neuroblastoma Cells, with Less Susceptibility among Neuron-Module Cells

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Abstract: Natural products have played a significant role in conventional treatment and in the development of new drugs for a wide range of illnesses, including malignant disease. *Urginea maritima* is classified as a herb is endemic to the Mediterranean area. This herb was renowned in traditional ethnopharmacological applications. Notwithstanding, there is a lack of evidence pertaining to the characterization of the *Urginea maritima* constituents contained within a water-based extract and their bioactivity in human neurological disorders. Therefore, we sought to investigate the composition and to evaluate its antitumour capability against the human malignant neuroblastoma cells. Through the utilization of several *in vitro* techniques, the present work illustrates that cardiotonic steroids are the main constituents of *Urginea maritima* aqueous extract and grouping of polyphenolic compounds are present. This result was based on interpretation of the mass spectrum obtained via electrospray ionization time-of-flight tandem mass spectrometry. The current study finding confirms that the constituents of the extract trigger a series of toxic reactions. In terms of cell proliferation inhibition, malignant SH-SY5Y neuroblastoma cell proliferation was selectively inhibited in a time- dose dependent manner. As verified quantitatively using the MTS colorimetric assay, with less toxicity was observed toward neuron-model cells. Apoptosis was efficiently induced in SH-SY5Y neuroblastoma cells as evidenced by Fluorescent microscopy using PI staining and DNA-specific dye DAPI revealed nuclear fragmentation, which profounds the apoptosis mechanism. Our novel findings clearly emphasize that the principal constituents of this unusual natural product can exhibit dual effects on neuron cells. This preferential selectivity provides an interesting basis for widespread medical application and a promising therapeutic strategy against neurological diseases, specifically human malignant neuroblastoma disorders.

Keywords: *Urginea maritima*, Cardiotonic Steroids, Proliferation Inhibition, Neurotoxicity, Nuclear Fragmentation

Introduction

Neuroblastoma is the most common extra-cranial solid tumor that mainly affects infants. Approximately 10-15% of most deadly malignancies of all predicates are associated with neuroblastoma (Cernaianu *et al.*, 2008; Oselkin *et al.*, 2010). It is an extreme heterogeneity tumor, whereas high-risk Diseases are very aggressive metastatic tumors. Although the most

intensive multimodal therapies available are currently being applied, the survival rates of patients with high-risk neuroblastoma remain low. Thus, the identification of new pharmaceutical candidates for neuroblastoma malignancies is strongly needed (Park *et al.*, 2010).

Extensive research has conducted over the last decade, in expanding knowledge concerning the pathogenesis mechanisms of neurological disorders are complex with many targets and pathways (Blaylock and Maroon, 2012).

In line with these findings, natural products with their great structural diversity have offered major opportunities for the identification of new suitable-drugs, which hold much promise as therapeutic agents to combat neurological diseases (Dunn *et al.*, 2011).

U. maritima is renowned in traditional ethno pharmacological applications as far back as the time of the ancient Egyptians. Nevertheless, the anticancer biological activities of this medicinal plant are still largely unexplored (El-Seedi *et al.*, 2013). Previous phytochemical analyses have identified Cardiotonic steroids as the major constituents in organic solvent extracts of *U. maritima* species (Kopp *et al.*, 1996). Anthocyanins, flavonoids, fatty acids, polysaccharides and calcium oxalates are similarly present (AL-Tardeh and Delivopoulos 2006; Huang *et al.*, 2010). However, such knowledge of characterization and bioactivities properties regarding of *U. maritima* constituents of water-based extracts are poorly acknowledged. In this study, a more selective and a sensitivity analysis was designed by means of High-Performance Liquid Chromatography (HPLC) coupled with electrospray ionization time-of-flight tandem mass spectrometry (ESI-TOF-MS/MS) to explore the composition of phytochemical compounds in *U. maritima* water-based extracts. These analysis tools have been proven effective in identifying and quantifying the important pharmaceutical information of herbal medicines (Wang *et al.*, 2000). Recent works have scientifically proven the efficiency and unique character of (CTS; Cardiotonic steroids) in targeting and attacking various cancer cells with less toxicity to non-malignant cells (Newman *et al.*, 2008; Prassas and Diamandis, 2008). Noteworthy, compelling scientific evidence detected that malignant cells have exposure to cardiac steroids exhibit alterations in the activity of the Na⁺/K⁺-ATPase (Yu, 2003; Mijatovic and Kiss, 2013). Thus, this class of compounds has received much attention as regards their potential as antineoplastic agents. Furthermore, *in vitro* and *in vivo* epidemiological data suggested that plant-derived cardiac steroids mediated anticancer activities through a regulated multitude of cellular processes such as proliferation, apoptosis and cell cycle arrest in various types of cancer cell lines, including human MCF-7, MDA-MB2311, prostate, melanoma, hepatoma cell, pancreatic, lung, colon cancer cells (Felth *et al.*, 2009) and leukemia cell lines (Jiang *et al.*, 2010; Waheed *et al.*, 2012; Zhitu *et al.*, 2012). Moreover, systematic works of the past few years, have discovered that polyphenol compounds have been playing an important role in protecting nerve cells from oxidative damage. Therefore; they may have valuable health effects and can be considered as therapeutic agents against neurological disorders (Jiang *et al.*, 2010; Kelsey *et al.*, 2011). In parallel of this evidence, the

presence of grouping of polyphenolic compounds in the composition of *U. maritima* aqueous extract could be attributed to its efficient anti-tumorspecific action against neuroblastoma SH-SY5Y cell line. With displayed less toxicity in a direction to neuron-model cells. To the best of our knowledge, no data have published on anti-proliferation and apoptosis-inducing mechanisms underlying the effects of *U. maritima* ingredients against solid tumors (Blaylock and Maroon, 2012; Huang *et al.*, 2010). Consequently, this study aims to investigate the phytochemical composition of *U. maritima* aqueous extracts and evaluates its anti-proliferation and apoptosis-inducing effects against SH-SY5Y neuroblastoma cell lines. With hope to identify a new potent candidate, that would be feasible for the management of neuroblastoma disorders.

Materials and Methods

Reagents and Chemicals

CellTiter 96*^A Aqueous Non-Radioactive Cell Proliferation Assay Solution (MTS; Promega, USA); Minimum Essential Medium Eagle (EMEM; Sigma, USA); Ham's F12 (Sigma, USA); non-essential amino acids (100×) (PAA Laboratories GmbH, Austria); L-glutamine (200 mM) (Sigma, USA); gentamicin (10 mg mL⁻¹) (PAA Laboratories GmbH, Austria); Fetal Bovine Serum (FBS) (PAA Laboratories GmbH, Austria); dimethyl sulfoxide (DMSO; Sigma, USA); Retinoic Acid (RA; Sigma, USA); Proscillaridin-A, powder (Sigma-Aldrich); Propidium Iodide (PI) stain (BD Pharmingen, USA); DAPI stain (Thermo Scientific Inc., USA).

Aqueous Extract of *U. maritima* Preparation

Bulbs of the medicinal plant *U. maritima* were collected from green mountains towns (Sosa Township) in Libya. The field studies did not involve any endangered/protected species. Prof. Mohammed Alsharif performed the botanical identification. The specimens were deposited in the herbarium section of the department of Botany Science, University of Garyounis, Libya. The dry bulbs of *U. maritima* were ground into a fine powder. A total of 100 g of this powder was weighed and mixed with 1000 mL boiling sterile double-distilled water. The mixture was shaken on a horizontal shaker at 37°C and 250 rpm for 72 h. Eventually, all of the supernatants was separated out and a 500 mL bottle-top filter (sterile, 0.22 μm pores; Corning, USA) was used to obtain a highly purified, light brown filtrate. The filtered solution of *U. maritima* aqueous extract was lyophilized under sterile conditions in the freeze-dryer system. The concentrated *U. maritima* extract was dissolved in DMSO (Sigma, USA) to obtain a stock solution (the percentage of

DMSO in the experiment did not exceed 0.5%). Dilutions of the stock solution at 1.0 mg mL⁻¹ were prepared, these solutions were stored at 4°C.

Mass Spectrometry (ESI-TOF-MS/MS)

Liquid Chromatography (LC)-ESI-MS/MS production scanning via triple-stage quadrupole mass spectrometry designed for the identification and quantification of phytochemical composition of *U. maritima* aqueous extract. The TOF mass analyser displays high mass accuracy (~3 ppm), confirmation of molecular formulas and high-quality results in the accurate assignment of recovered fragments. A highly purified water extract from *U. maritima* was analysed by HPLC coupled with ESI-TOF-MS/MS. The HPLC analysis was performed in a Waters 2795 separation module fitted with an auto-injector (20-µL) injection loop coupled to a Varian 385-LC evaporative light scattering detector. Reverse-phase column chromatography analysis was conducted on a C-18 column supplied by Phenomenex Jupiter (USA). The LC-ESI-MS/MS analysis was performed using a Bruker Daltonics micro-OTOF-Q mass spectrometer linked to a Dionex UltiMate 3000 LC.

SH-SY5Y Neuroblastoma Cell Culture

The human malignant neuroblastoma SH-SY5Y cell line was kindly provided by Tissue Culture Research Laboratory, Institute of Science (IOS), University Technology MARA. The SH-SY5Y cells were cultured in 1:1 EMEM: Ham's F12 nutrient mixture (Sigma, USA) with 1% non-essential amino acids, 1% L-glutamine (Sigma, USA), 1% gentamicin (10 mg mL⁻¹) and 10% Fetal Bovine Serum (FBS). The SH-SY5Y cells were maintained in an incubator in a 5% CO₂ atmosphere with 95% humidity at 37°C.

R A-Differentiated (Neuron-Model) Cell Culture

Retinoic acid (Sigma, USA) well known as potentially enhance differentiation condition of the SH-SY5Y neuroblastoma cells to neuron phenotype characteristics. Approximately 2×10⁴ a density of SH-SY5Y neuroblastoma cells per well were plated in a 96-well plate. The following day Retinoic acid was added at a final concentration of 10 µM in complete culture media of EMEM-F12 supplemented with 1% glutamine (Sigma, USA), 1% non-essential amino acid (PAA Laboratories GmbH, Australia), 1% Gentamicin (10 mg mL⁻¹) (PAA Laboratories GmbH, Austria) and 10% fetal bovine serum (PAA Laboratories GmbH, Austria). The cell incubation in a humidified atmosphere containing 5% CO₂ at 37°C. The media with fresh Retinoic acid (R.A) was renewed after three days; cells were ready for testing on the sixth day.

Viability Inhibition effect of *U. maritima* on SH-SY5Y Neuroblastoma Cells

The viability and proliferation inhibition effect of *U. maritima* aqueous extract was determined MTS assay and a GloMax-Multi Detection System (Promega, USA), with reading at 490 nm. In brief, human malignant neuroblastoma SH-SY5Y cells (1×10⁵ cells mL⁻¹) were seeded in 96-well plates and incubated overnight in an incubator in a 5% CO₂ atmosphere with 95% humidity at 37°C. Following day, 100 µL fresh media containing a serial dilution of aqueous *U. maritima* extract, with final concentrations ranging from 100 µg mL⁻¹ to 1 mg mL⁻¹. The plates were incubated with the extract for 24, 48 and 72 h. After the corresponding incubation period, 20 µL MTS solution (Sigma, USA) was added and incubated for 2 to 4 h. The results are representative of at least three independent experiments and the percentage of viability was calculated using the following formula:

$$\% \text{Viability} = \frac{\text{Absorbance of test wells}}{\text{Absorbance of control wells}} \times 100$$

Nuclear Fragmentation Detection by DAPI Probe Assay

Both Human neuroblastoma SH-SY5Y and neuron-module cells were treated with 10 µg mL⁻¹ *U. maritima* aqueous extract and washed twice with PBS solution after certain incubation times. The cells were fixed with 3.7% paraformaldehyde, permeabilized for 15 min and incubated for 10 min with 1 µg mL⁻¹ of DNA specific dye (DAPI) The stained cells were imaged (Obj. 40X) in order to examine morphological alteration in the nuclei.

Results

Characterization Phytochemical Ingredients of Aqueous *U. maritima* extract

In the current study, a specific and sensitive method was designed by using ESI-TOF-MS/MS to identify and quantify the major pharmaceutical ingredients of Libyan *U. maritima* water-based extract. A total of 44 cardiac glycoside compounds and their isomers were characterised. Among these phytochemical compounds, CTs (namely, bufadienolides) were the most abundant ingredient in the botanical product. Figure 1A indicates that peak retention times (17.585) were further confirmed by HPLC retention times and that the fragmentation pattern was elucidated based on a standardization sample that was identical to proscillaridin A (3-(6-deoxy-α-L-mannopyranosyl oxy)-14-hydroxybufa-4, 20 22, trienolide, scillarenin 3β-rhamnoside). The obtained results agree with the standard sample peak for proscillaridin A (Sigma-Aldrich), as shown in Fig. 1A and 1B.

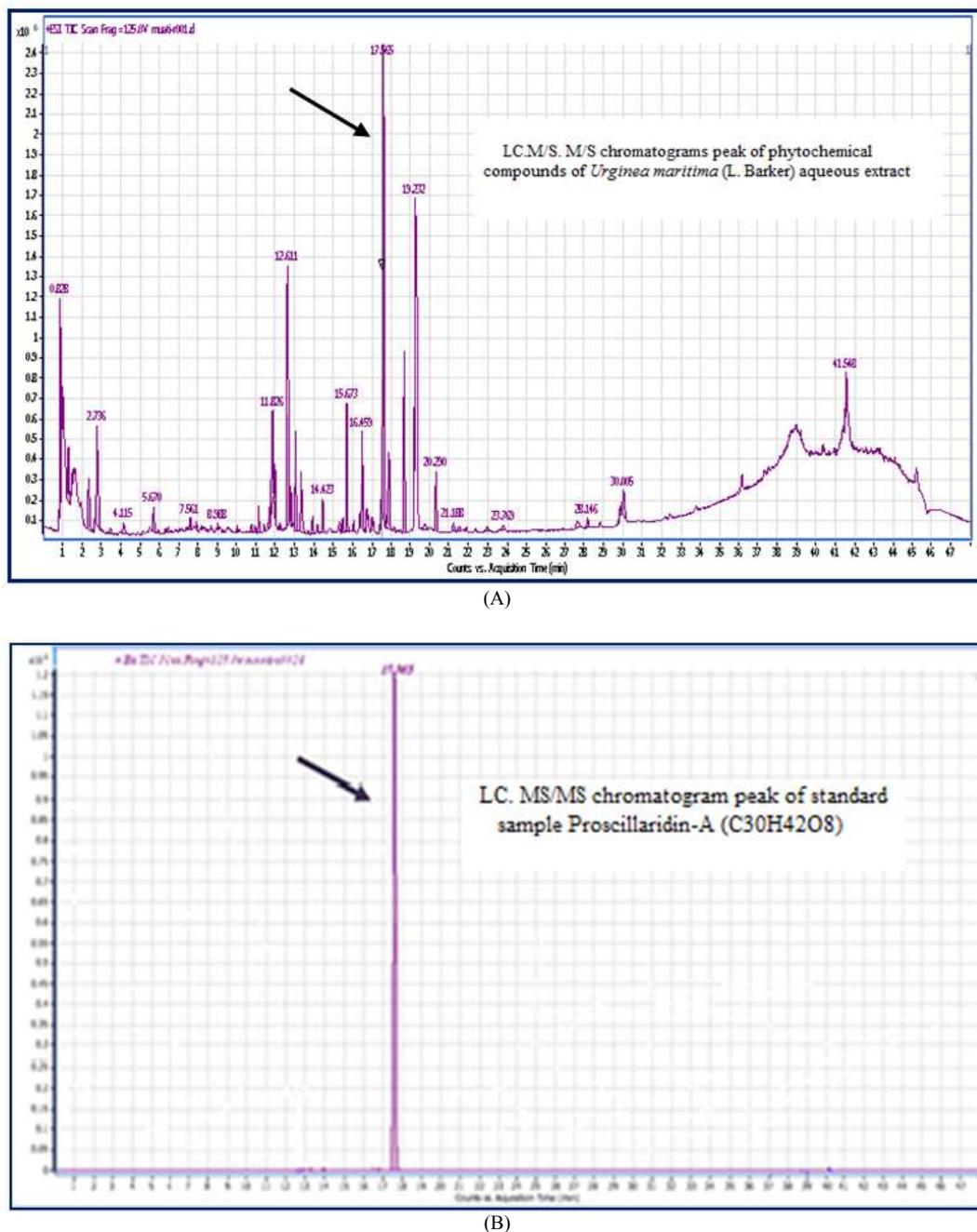


Fig. 1. (A) LC. M/S M/S chromatograms of *Urginea maritima* (L. Baker) aqueous extract from (100 $\mu\text{g mL}^{-1}$), while (B) LC. M/S M/S chromatogram peak retention standard sample (Proscillaridin-A, $\text{C}_{30}\text{H}_{42}\text{O}_8$), 10 μM , obtained data from micro TOF-Q, Analyzed by Agilent Hunte Qualitative Analysis-version B03.01 software

Viability Inhibition Effects of Aqueous *U. maritima* Extracts

The cell viability of neuroblastoma SH-SY5Y cells was assessed by MTS assay after incubation with different concentration of *U. maritima* water-based extract ranging from 100 $\mu\text{g mL}^{-1}$ to 1 mg mL^{-1} . The malignant SH-SY5Y neuroblastoma cells exhibited a

significant decrease in viability at low *U. maritima* concentrations, whereby; an eventual decline was noted at the highest concentration of *U. maritima* extract 1 mg mL^{-1} , which is reported 16% of the SH-SY5Y cell viability. In relation to that, the estimated IC_{50} values (concentration that caused the death of 50% of SH-SY5Y cells) of *U. maritima* aqueous extract were 10 $\mu\text{g mL}^{-1}$, 1 $\mu\text{g mL}^{-1}$ and 100 ng mL^{-1} after incubation of 24,

48 and 72 h, respectively. In contrast, an increased in the total cell numbers among the untreated SH-SY5Y neuroblastoma (negative) control groups was observed. The obtained result display that the action of the viability and proliferation inhibition of the aqueous *U. maritima* extract increased significantly within a dose-time dependent manner compared with corresponding the untreated SH-SY5Y cells.

Neurotoxic Effects of Aqueous U. maritima Extract

The incubation of R A-differentiated cells within a various concentration of *U. maritima* extra consist of 100 $\mu\text{g mL}^{-1}$, 1 ng mL^{-1} and 10 ng mL^{-1} for 24 h, demonstrated that the RA-differentiated cell viability estimated values 110.58% \pm 2.466, 111.97% \pm 3.399 and 110.90% \pm 6.116 for the concentration 100 $\mu\text{g mL}^{-1}$, 1 ng mL^{-1} and 10 ng mL^{-1} respectively, recorded as the highest percentage of R A- differentiated cell viability. Particularly, these viability proportions were reported higher than the viability percentage of (negative) control cells. The obtained data demonstrated that no-significant (ns) neurotoxicity potential of the tested pico and nano-concentrations of *U. maritima* aqueous extract toward the neuronmodel cells. Based on, One-way ANOVA analysis followed by Dunnett's M.C.T. (Graph Pad Prism 5.01 software).

Results of Nuclear Fragmentation by DAPI Probe

Malignant neuroblastoma SH-SY5Y cells were examined by fluorescence microscopy (Leica) using (40 \times) magnification. Late apoptotic and died cells with disrupted cell membranes identified by using the vital dye Propidium Iodide (PI) stain. The nuclei of treated undifferentiated SH-SY5Y cells and RA-differentiated cells were stained with the DNA-specific dye DAPI.

The nuclear morphology indicated by the gradual increase in fluorescence intensity was attributable to high DNA fragmentation. Distinctive apoptotic symptoms appeared after 12, 24 and 48 h of exposure the SH-SY5Y cells to 10 $\mu\text{g mL}^{-1}$ *U. maritima* aqueous extract (Fig. 6B).

The nuclear morphology of the control group was rounded, clear-edged and uniformly stained, which was observed in both untreated SH-SY5Y cells and treated neuron-module cells as well. In contrast, apoptotic cells exhibited size-reduced, irregular edges around the nucleus; chromatin concentrated in the nucleus; and an increased number of nuclear body fragments (arrows 6A). The percentage of DNA fragmentation and the formation of apoptotic bodies increased significantly.

Discussion

Products that more effectively affect the tumorigenic cellular events than those in non-

tumorigenic cells are still a critical target that is strongly needed in human neurological disorders. With their great structural diversity, natural products have offered major opportunities for the identification of novel drugs that are active against a wide range of diseases, including neurological disorders (Dunn *et al.*, 2011; Huang *et al.*, 2010; Wen *et al.*, 2014). Recent significant research reported that the mechanisms by which natural extracts are powerful in promoting healing are relatively complex. These mechanisms often regulate a range of genes that affect entire biological processes or cell signaling systems. Conversely, most synthetic drugs address a single biological process or cell signaling pathway. Therefore, natural drugs are suitable for treating an enormous of diseases (Kang *et al.*, 2010; Slingerland *et al.*, 2013). Moreover, a significant number of researchers have become interested in further related investigations, which have sparked the use of CTSs and their natural sources as healthcare and pharmaceutical agents to treat neoplastic cells of diverse histological origin (Mijatovic *et al.*, 2007; Prassas and Diamandis, 2008; Xu *et al.*, 2011).

The term "CTSs" refers to natural, mostly plant-derived compounds. There are two classes of CTSs: Namely, cardenolides and bufadienolides. Both classes share the ability to operate as potent inhibitors of the plasma membrane Na(+)/K(+)-ATPase (Bagrov *et al.*, 2009; Haux *et al.*, 2001). Recently, widespread scientific work both *in vitro* and *in vivo* have discovered that in addition to pumping ions, the Na(+)/K(+)-ATPase plays a role in the regulation of cell growth by stimulating the expression of various genes and organizes cytosolic cascades linked to many cellular events in different tissues (Prassas and Diamandis, 2008). This novel finding suggests that CTSs disrupt important key cellular pathways; hence, CTSs may be considered as a precious pharmaceutical agent in cancer therapeutics (Newman *et al.*, 2008; Slingerland *et al.*, 2013). In this preliminary study, we have focused our interest on the medicinal plant *U. maritima* to identify, quantify and elucidate its biological properties to discover the effectiveness of this natural compound against human malignant neuroblastoma. The current report is the first to conclude that bufadienolides (namely, Proscillaridin-A) and their isomers as well as a cocktail of polyphenols that are typical of the phytochemical composition of water-soluble extracts of *U. Maritima* (Fig. 1). Extensive studies have revealed that the Na(+)/K(+)-ATPase, with its highly specific ligands (CTSs), is capable of producing profound anticancer effects, including significant inhibition of proliferation, induction of apoptosis and cell cycle arrest in a large panel of cancer cells (Daniel *et al.*, 2003; Waheed *et al.*, 2012; Zhitu *et al.*, 2012).

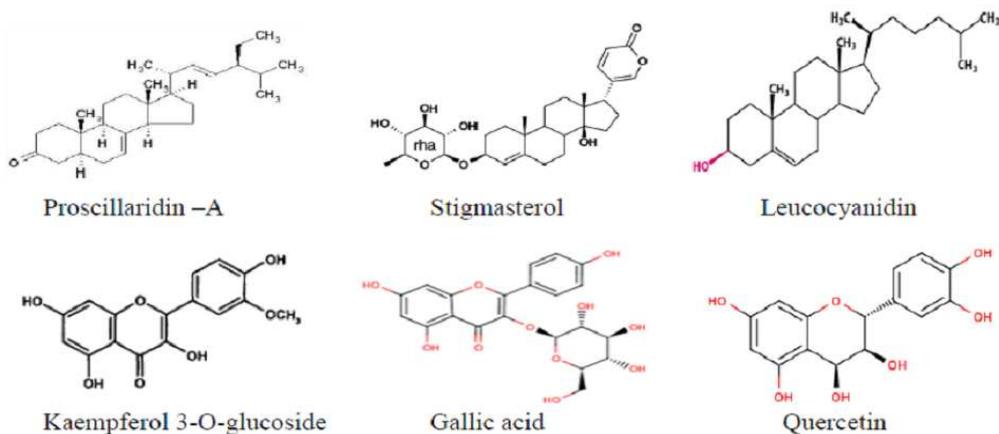


Fig. 2. The structure of important phytochemical compounds involved in the medicinal herb *U. maritima* aqueous extract

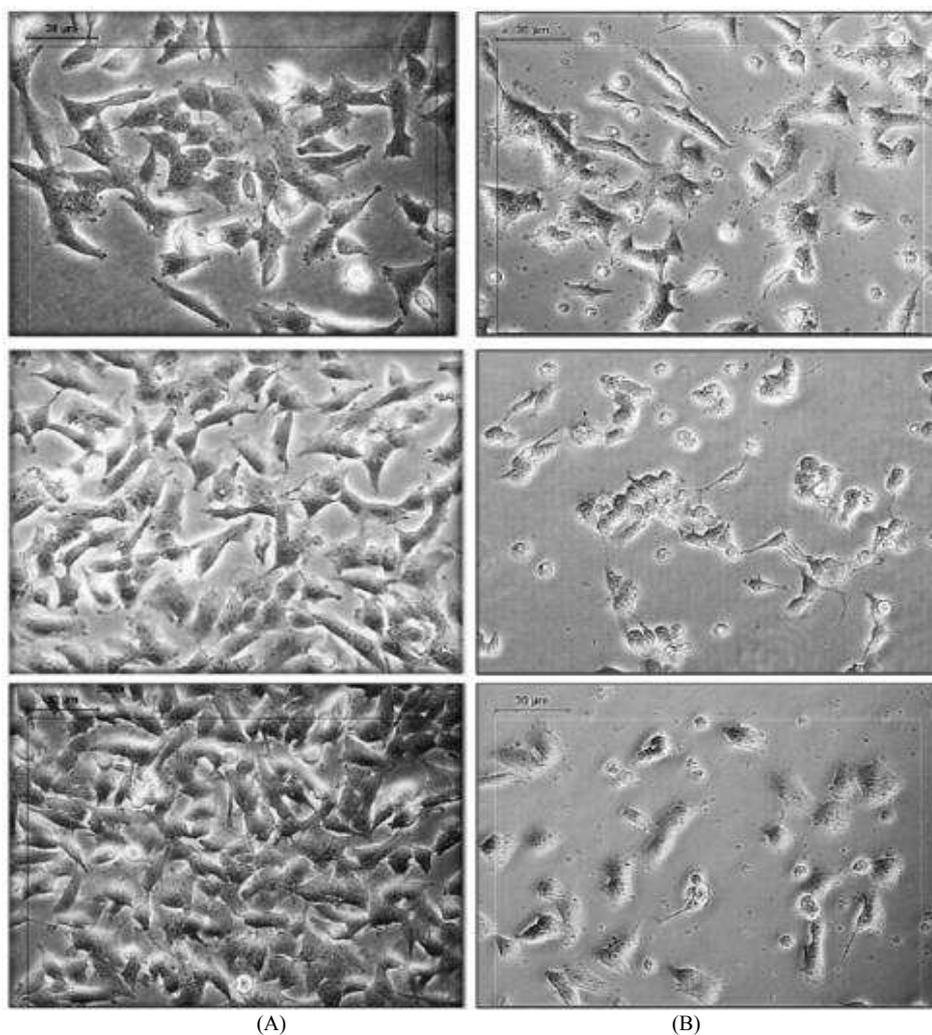


Fig. 3. Photo represented a morphological alteration of malignant SH-SY5Y cells after treating with IC₅₀ of aqueous *U. maritima* extract, at different duration, Cells were observed under Phase contrast inverted Microscopy (Leica, Obj-20 xs) (A) negative control (untreated cells) (B) *U. maritima* treated SH-SY5Y cells

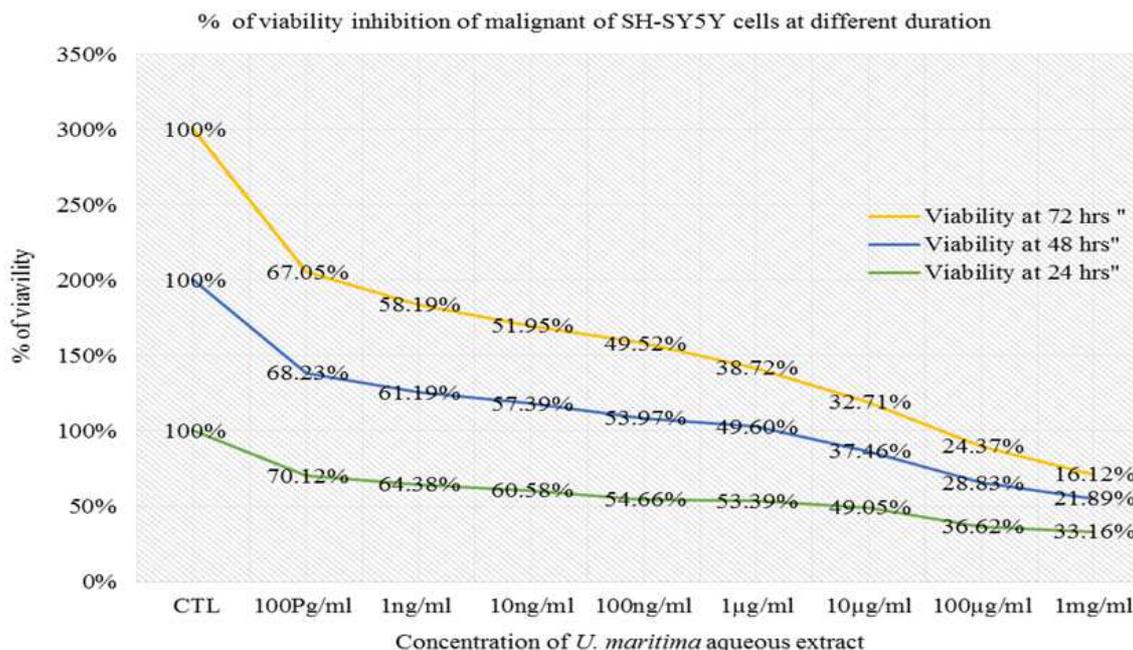


Fig. 4. The diagram representing the mean of the SH-SY5Y neuroblastoma cell viability were shown significantly decreased in a dose-time dependent manner after exposure to various concentrations of *U. maritima* aqueous extract ranging from 100 pg mL⁻¹ to 1 mg mL⁻¹ at different duration 24, 48 and 72 h. Compared with corresponding control cells. Each data represents the mean ± SD of three independent experiments, n = nine

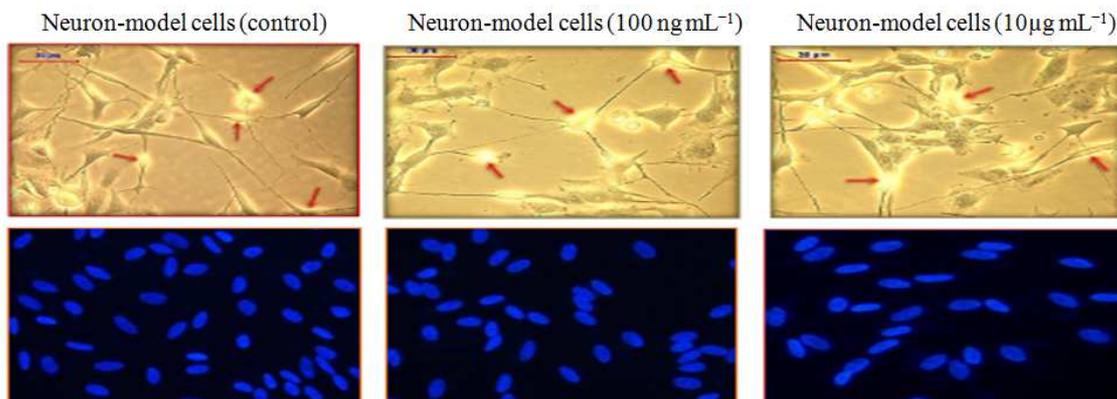
A successful study conducted by Prassas and Diamandis (2008) reported that CTSs inhibit the growth of numerous cancer cells, with a threshold concentration around the nanomolar level, which is similar to the therapeutic plasma concentration in patients treated with CTSs (Lopez-Lazaro *et al.*, 2005). Furthermore, interestingly, malignant cells are generally more susceptible to the effects of CTSs than normal cells. This mediation may be caused by the altered density of an enzyme in the plasma cell membrane and by changes in isoenzyme expression in malignant cells (Malikova *et al.*, 2008; Rashan *et al.*, 2011). In line with this observation, the present study's data also showed that the *U. maritima* composition caused greatly significantly reduced viability coupled with morphological alteration of malignant neuroblastoma SH-SY5Y cells (Fig. 3). With less susceptibility among neuron-like cells upon exposure to a nano-to-microscale concentration of *U. maritima* as confirmed quantitatively by the MTS colorimetric assay (Fig. 4 and 5) and as qualitatively well established by fluorescence imaging using the PI stain (Fig. 6A). In the present study, these characteristics were observed after exposure of SH-SY5Y cells to different concentrations of aqueous *U. maritima* extract. The apoptotic effect of the botanical extract was attributable to increases in the numbers of both early apoptotic and late apoptotic cells as confirmed by using DNA-specific dye (DAPI). Moreover, chromatin condensation and nuclear fragmentation, which led to

profound apoptosis (Fig. 6C). This characteristic highly clear with increasing the time points of incubation of neuroblastoma SH-SY5Y cell with micro-concentration of *U. maritima* aqueous extract, which indicated that apoptosis death mechanism is closely linked to the cytotoxic mechanism of the active constituents containing in the *U. Maritima* aqueous extract (Fig. 6B).

From a clinical viewpoint, the phytochemical constituents of *U. maritima* are ideal for malignancy treatment because of their preferential killing of tumor cells via apoptosis rather than necrosis; due to the fact that death occurs by apoptosis, the cells break into fragments that are subsequently isolated by phagocytes, hence reducing cellular inflammation. Collectively, these clinical observations, along with the safety profile of CTSs, which have well-known usage in medical cardiology, have established evidence identifying the constituents of *U. maritima* water-based extract as distinctly promising compounds that have the antitumor capability. Advanced studies have emphasized significant results for the cytotoxicity and antiproliferative capability of CTSs (such as bufadienolides), Proscillaridin-A, Stigmasterol, Spinasterol and 6-stigmasten-3beta in various human cancer cell lines (Dunn *et al.*, 2011; Winnicka *et al.*, 2010). On the other hand, several investigations have confirmed that Stigmasterol, Spinasterol, 6-stigmasten-3beta compounds, in addition to well-known natural antioxidants that include Quercetin, Kaempferol,

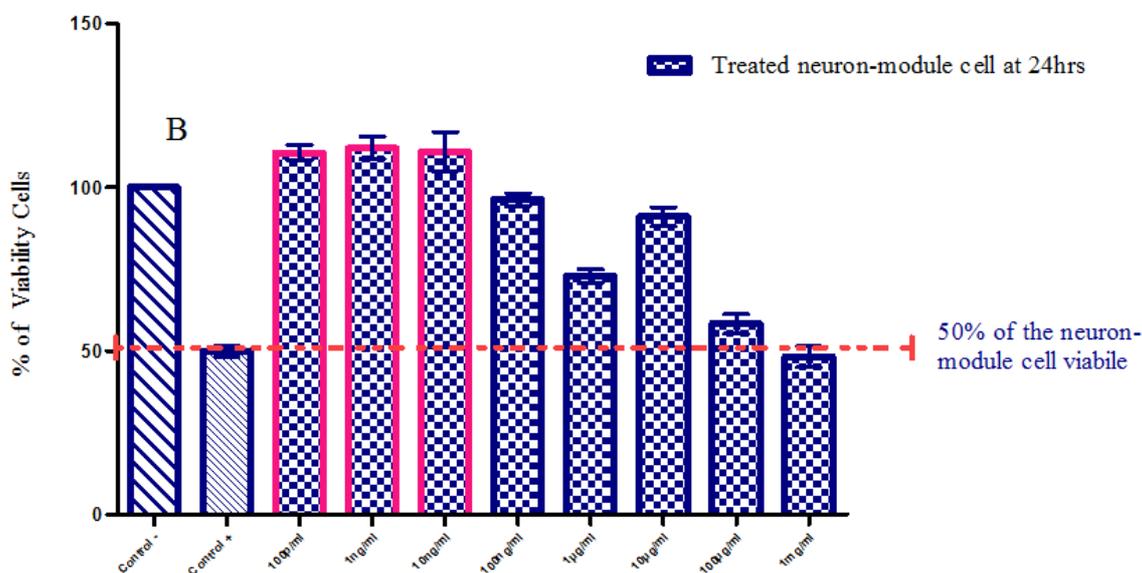
Leucocyanidin and Gallic acid, are cytoprotective and neuroprotective in a neuron model (Choi *et al.*, 2012; Kelsey *et al.*, 2011; Oselkin *et al.*, 2010). Other compelling *in vivo* anti-inflammatory study performed by Wen *et al.* (2014) revealed that bufalin significantly downregulated the expression levels of pro-inflammatory signals, including Nitric Oxide Synthase (iNOS), cyclooxygenase-2 (COX-2), IL-1 β , IL-6 and

TNF- α . This interesting study provides evidence that bufalin possesses strong anti-inflammatory action *in vivo*, which may involve reduced activation of NF- κ B and suppression of pro-inflammatory mediators. Along with previous results observed in various other preclinical investigations, these findings confirm the idea that bufadienolides could be a novel potential therapeutic agent for the treatment of inflammatory diseases.



(A)

Neurotoxicity effect of *U. maritima* extract on neuron-module cells



Various Concentration of *U. maritima* aqueous extract

(B)

Fig. 5. The Representative photos show non-significant (ns) neurotoxicity activities of aqueous *U. maritima* extract on neuron-module cell after exposure to testing IC50 concentrations of *U. maritima* compared to negative control (untreated) neuron-module cells (A), at duration 24 h. Cells observed under phase contrast inverted fluorescent microscope (Leica, Obj-20 xs). Chart represented the mean percentage of neurotoxicity of *U. maritima* on neuron-model cell compares with the control group (a) were shown non-significant (ns) neurotoxicity bioactivity of most tested doses of aqueous *U. maritima* extract, that ranging from 100 pg mL⁻¹ to 1 mg mL⁻¹. Red column showed extend of neuron-module cells viability more than the untreated cells (negative) control at duration. Each data represents the mean \pm SD of three independent experiments, n = nine

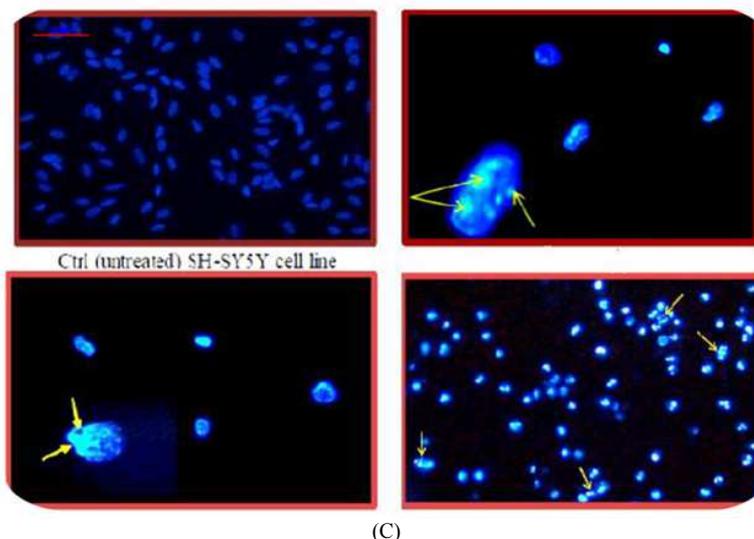
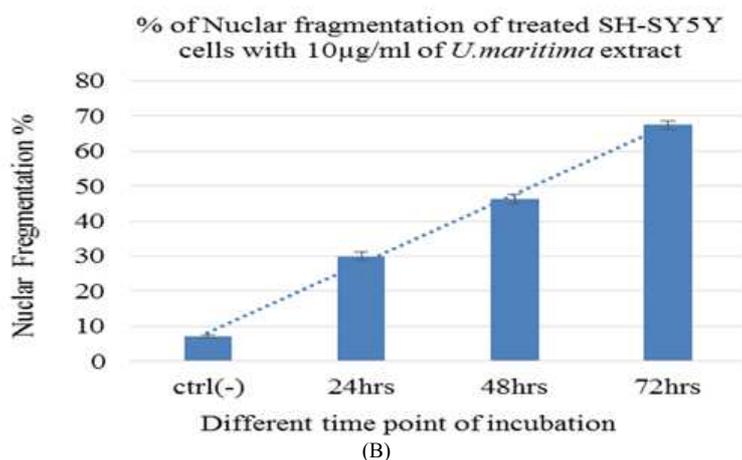
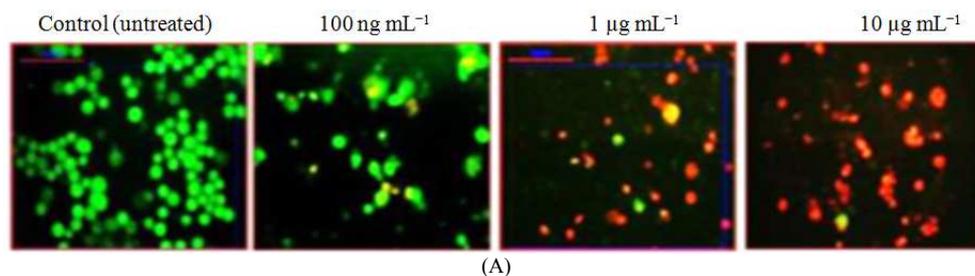


Fig. 6. (A) Both treated and untreated human malignant neuroblastoma SH-SY5Y cells were stained with PI staining. Cells were observed under a fluorescence microscope (Leica $\times 20$). Viable cells show green fluorescence in control (untreated) cells. Early and late and apoptotic cells show yellow and orange fluorescence in the treated groups. Concurrently, dead neuroblastoma has red fluorescence after time point 24 h of incubation; (B) The chart represented the proportion of nuclear fragmentations of DAPI-stained SH-SY5Y cells. The finding indicates that effects of phytochemical constituents of aqueous *U. maritima* extract as efficient apoptosis inducer depends on time points, data are presented as mean \pm SD; (C) SH-SY5Y cells by fluorescence inverted microscope (Leica) using $40\times$ magnification. The nuclei were stained with the DNA-specific dye (DAPI) after exposure to $10\ \mu\text{g mL}^{-1}$ of *U. maritima* aqueous extracts apoptotic distinctive symptoms appeared after 10 h exposure. Treated cells exhibiting size-reduced nuclear and plasma membrane blebbing and chromatin condensed (the arrows). DNA fragmentation and the formation of apoptotic bodies were observed (the arrows), compared to the nuclear morphology of cells control (untreated) group, had a regular and an oval shape and uniformly stained. Each photograph was representative of three independent observations

Furthermore, remarkable searches suggest that combinations of numerous antioxidants with anti-inflammatory agents may be more powerful in prevention and much more promising as a strategic approach to combat the neurological disorders (Lee and Lee, 2007; Deng *et al.*, 2011; Wen *et al.*, 2014). The aforementioned suggestion may explain how the presence of a combination of the bufadienolides and a cocktail of polyphenolic compounds (Fig. 2), as the natural principal phytochemical ingredients of *U. maritima* water-based extract provides significant selective proliferation inhibition and the effective apoptosis-inducing activities against human malignant neuroblastoma with non-significant neurotoxicity toward RA-differentiated cells (neuron-like cells), *in vitro*.

Conclusion

Tumor specificity is one of the biggest challenges facing new anticancer pharmaceutical candidates. The present investigation illustrates that the phytochemical composition of *U. maritima* extract meets the fundamental criteria for an effective agent against the human neuroblastoma SH-SY5Y cell line, with less sensitivity among neuron-module cells, *In vitro*. Deeper investigation should follow this work to elucidate the molecular mechanism of the anticancer activity of this unusual class of natural products, which could produce new structures in drug design to combat human malignant neuroblastoma in particular and neurological disorders in general.

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Author's Contributions

All authors equally contributed in this work.

Ethics

This article is original and contains unpublished material. The corresponding author confirms that all of the other authors have read and approved the manuscript and no ethical issues involved.

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