CPI-1189 Protects against TNBS-induced Colitis in a Rodent Model

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Abstract: Nitrone-related therapeutics (NRTs) represents a new class of molecules that may be effective in treating inflammatory conditions. The goal of this study was to examine the effect of CPI-1189 in a rat model of inflammatory bowel disease (IBD). Colonic inflammation was induced by an enema of trinitrobenzene sulfonic acid (TNBS). Saline-enema treated rats served as controls. After 3 days colonic damage was assessed morphologically using a validated scoring system and through measurement of myeloperoxidase (MPO), an enzymatic marker of inflammation. We found that a dose-dependent protection from TNBS-induced colonic damage was observed in rats given 10-70 mg kg⁻¹ of CPI-1189 treated p.o. 1 hr. before the TNBS enema. Consistent with the 55% absolute oral bioavailability of CPI-1189, greater protection (77%) was seen when CPI-1189 (30 mg kg⁻¹) was administered intravenously 1 hr. before the TNBS enema. In a separate series of healing experiments where CPI-1189 was administer after the TNBS inflammatory response had peaked, CPI-1189 at a dose of 90 mg kg⁻¹ p.o. reduced the TNBS colitis. CPI-1189 prevents and heals TNBS-induced colonic damage in rats suggesting that CPI-1189 may be a novel agent for the treatment of IBD.

Key words: Inflammatory bowel disease, trinitrobenzene sulfonic acid, colon, rat

INTRODUCTION

Inflammatory bowel disease (IBD) is a blanket term for either Crohn's disease or ulcerative colitis. Clinically, IBD is characterized by bloody diarrhea and abdominal pain that is often accompanied by fever, weight loss, anemia and severe fatigue. Individuals with IBD also have an increased risk of developing colon cancer compared to the general population^[1]. The cause of IBD remains unknown, although several factors such as genetic, infectious and immunologic susceptibility have been implicated^[2]. Treatment options for patients with either Crohn's disease or colitis are limited. The paucity of a safe and effective pharmacological agent to treat IBD has led to the use of surgery to treat many severe cases of IBD. The poor side-effect profile of corticosteroids limits their use in patients with IBD to the treatment of acute flares. Products based on 5-aminosalicylic acid (5-ASA) as the active agent show frequent drug intolerance, limited efficacy and can only be used in mild to moderate cases. If corticosteroids and 5-ASA agents are ineffective or cannot be tolerated, powerful immunosuppressive agents with significant side-effects

such as cyclosporine, 6-mecaptopurine or azathioprine are tried. Advances in the treatment of IBD have been difficult to achieve because of the lack of a full understanding of the etiology and pathophysiology of the disease. Monoclonal antibodies, such as the recently introduced antibody to TNF- α , represent a new therapeutic advance in the treatment of patients with IBD. However, the long-term toxic effects of these potentially immunogenic proteins remain to be determined.

CPI-1189 (Fig. 1A) is representative of a new class of therapeutic agents related to α -phenyl butyl nitrone (Fig. 1B), a compound that has been shown to mitigate oxidative stress in numerous disease models of ischemia and inflammation^[3,4]. Oxidative stress is suggested to play a crucial role in IBD^[5] and the purpose of the present study was to investigate the efficacy and potency of CPI-1189 in a standard *in vivo* animal model of IBD, TNBS-induced colitis^[6].

MATERIALS AND METHODS

Animals: Male Sprague Dawley rats (B & K Universal, Fremont, CA.) were used for these experiments. For the

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TNBS experiments the weight range of the animals was 200-412 g. Animals were maintained on standard rat chow and tap water *ad libitum* and were housed under controlled conditions of illumination (12 hr. light-dark cycle) and temperature (22°C). Rats in the TNBS study were fasted for 18-24 hr. prior to experimentation and allowed food and water *ad libitum* after the treatment.

CPI-1189

PBN

Fig. 1: Chemical structure of CPI-1189 (A) and PBN (B)

For the TNBS study rats were housed 2 per cage in the animal facility at the V.A. Research Center in Oklahoma. For the dose proportionality and absolute bioavailability studies rats were housed in the animal facility at Centaur Pharmaceuticals in Sunnyvale, CA for at least 7 days prior to experimentation. Until one day prior to dosing, the animals were housed 3 rats cage⁻¹; thereafter, the animals were singly housed. Animals in the dose proportionality study were fasted for 2 hr. prior to experimentation and allowed food and water *ad libitum* for 0.5 hr. after the treatment. Animals in the absolute bioavailability study were fasted for 2 hr. prior to experimentation and allowed food and water *ad libitum* for 1 hr. after the treatment.

Induction of colonic inflammation in rats: Fasted animals were brought into the laboratory and colonic damage was induced by instillation of TNBS (50 mg kg⁻¹ dissolved in 25% ethanol in a 0.5 mL enema) delivered directly into the colon through the anal opening via a 8 cm polyethylene tube attached to a 1mL syringe.

Treatment protocol (TNBS experiments): CPI-1189 was suspended in 1% methyl cellulose and then stirred overnight before dosing. In experiments designed to investigate the ability of CPI-1189 to prevent colonic damage induced by TNBS, animals were dosed orally with a 2 mL bolus of CPI-1189 (10, 30, or 70 mg kg⁻¹) or the methyl cellulose vehicle one hr. pre-TNBS instillation. In the experiment to investigate the healing capacity of CPI-1189, animals were dosed orally with the compound (90 mg kg⁻¹) or its methyl cellulose

vehicle 4, 8 or 24 hr post-TNBS enema. To determine the efficacy of CPI-1189 following intravenous administration, a series of experiments were performed in which 30 mg kg⁻¹ CPI-1189 (0.5 mL) was dosed via the tail-vein. Three days following the TNBS induction of colitis animals were euthanized and then a 5 cm segment of distal colon was removed, opened longitudinally and cleansed of fecal material. A longitudinal strip of the colonic segment weighing approximately 20-40 mg was then isolated and placed into a cryo-storage vial and quick frozen in liquid N₂ for later MPO analysis. The weight of the remaining colon was then recorded and the colon was placed on to a plastic viewing tray for gross morphological scoring.

Assessment of colonic damage and inflammation

Morphological scoring: The morphological score was determined by a qualified blinded observer. A 0-5 rating scale^[6] was assigned for each tissue sample examined; 0 = no damage, 1 = localized hyperemia but no ulcers, 2 = ulcers with no significant inflammation, 3 = ulcers with inflammation at one site; 4 = two or more sites of inflammation and /or ulceration, 5 = Two or more major sites of inflammation and/or ulceration, or one major site of inflammation and ulceration extending > 1 cm along the colon. For each treatment group, the morphological scores were combined and means ± SE were calculated.

Myeloperoxidase (MPO) activity: MPO is an enzyme that is released into tissue under inflammatory conditions. Increases in MPO activity shows direct correlation to the severity of inflammatory damage^[7]. MPO activity was measured using spectrophotometric analysis. Briefly, after determining the wet weight of the colonic tissue sample, it was homogenized in buffer (HTAB- 1ml/20 ng tissue) and then after a series of freeze -thaw steps, the homogenate was centrifuged for 2 min at 5000 RPM, then 10 µL of the supernatant or a series of horse radish peroxidase (HRP) standards were placed into duplicate wells of ELISA microtiter plates. peroxidase substrate The (3,3)5,5 tetramethylbenzidine- TMB) was added to each well to initiate an enzymatic reaction. After 10 minutes, the reaction was stopped by adding 100 µL of 0.18M H₂SO₄. An ELISA reader was used to measure the optical density of converted substrate and MPO activity was quantified as ng/100 µL sample. These values were then expressed as MPO activity ng/g wet weight tissue.

Treatment protocol (dose-proportionality study): CPI-1189 was formulated as a suspension in 1% aqueous methyl cellulose. Rats were dosed orally with CPI-1189 at 10, 30 or 100 mg kg⁻¹ (4 rats/dosing group). Dosing volumes were 0.005 mL g⁻¹. Blood was collected, via the tail vein from each rat and placed into

heparinized tubes, at 0, 0.5, 1, 2, 4, 8, 12, 16, 20 and 24 hr. post-dose of CPI-1189.

Treatment protocol (absolute bioavailability study): CPI-1189 was administered 20 mg kg⁻¹ either i.v. or by oral gavage. Four rats were dosed in each treatment group. The solution used for the i.v. treatment consisted of 75% polyethylene glycol (PEG) and 25% water. The suspension used for the p.o. treatment was prepared in 1% aqueous methylcellulose. Dosing volumes were 0.002 mL g⁻¹ of body weight for both p.o. and i.v. treatments. Each rat dosed orally was sampled serially by tail bled into heparinized tubes pre-dose at 0.5, 1, 2, 4, 8 and 24 hr. post-dose. Each rat dosed i.v. was sampled serially by tail bleed into heparinized tubes pre-dose and at 0.083, 0.25, 0.5, 1, 2, 4, 8 and 24 hr. post-dose.

Analysis of CPI-1189 in rat blood: An aliquot of the whole rat blood from the tail bleeds was added to 0.5 mL methanol in a 1.5 mL microcentrifuge tube. The samples were centrifuged for 10 minutes at 14,000 rpm at 4°C and the supernatant was filtered into 800 µL HPLC vials using a 0.45 µm syringe filter and a 1 mL syringe. 50 µL of this filtrate was injected onto the HPLC column. Using this procedure, the recovery of CPI-1189 was quantitative. The HPLC solvent mixture was 49.5% 0.03M citrate/acetate buffer (pH 3.6) and 50.5% HPLC grade methanol. The flow rate was set to 1.0 mL min⁻¹ and the run time was 10 minutes. The UV detector was set to 262 nm. The CPI-1189 peak typically eluted between 6 and 7 min. The absolute response from eluting CPI-1189 in an experimental sample was converted to a concentration using the slope (m) and intercept (b) values from an nonweighted linear regression analysis of the response from the injection of comparable aliquots of methanol solutions representing CPI-1189 concentrations of 0, 2.3, 4.7, 9.4, 19 and 23 µg mL⁻¹. The lower and upper limits of quantification for CPI-1189 for this procedure were typically 2.3 µg mL⁻¹ and 94 µg mL⁻¹, respectively, using 150 µL of blood fluid for analysis. The assay had an inter-assay precision above 10 µg mL^{-1} of < 10%. Between 2.3 and 10 µg mL^{-1} , the interassay precision was < 20%.

CPI-1189 (4-acetylamino-N-tert-Chemicals: butylbenzamide) was synthesized and supplied by Centaur Pharmaceuticals, Sunnyvale CA. 2,4,6trinitrobenzenesulfonic acid (TNBS), horse radish peroxidase (HRP), methyl cellulose, hexadecyltrimethylammonium bromide, sodium phosphate, potassium phosphate, sulfuric acid and 3,3', 5,5' tetramethylbenzidine (TMB) were all supplied by SIGMA Chemical Co., St. Louis, MO.

Data and statistical analysis

Efficacy studies in TNBS rats: Values were expressed as mean ± sem and data were analyzed using

nonparametric tests in the SAS software package (SAS version 6.12, Cary, NC). Simple two-way comparisons were performed using PROC NPAR1WAY (Wilcoxon). Dose-response relationships were analyzed using ANOVA by rank (Proc Rank followed by analysis of the normalized values by PROC GLM). If the ANOVA by rank indicated a significant difference, group comparisons were performed with a Tukey *post-hoc* test. Statistical significance was set as the p < 0.05 level and designated with an asterisk.

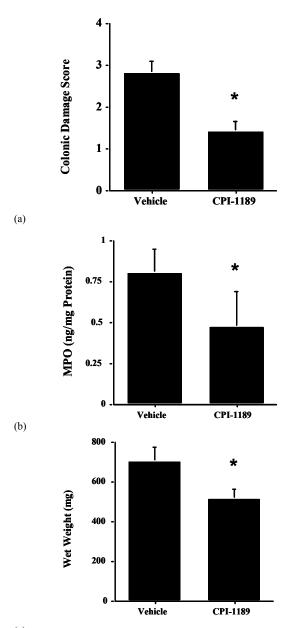
Dose proportionality and absolute bioavailability studies: The concentrations were tabulated and subjected to a noncompartmental pharmacokinetic analysis using WinNonlin (Professional Version 1.5, Scientific Consulting, Apex, NC) to determine the mean concentrations \pm SD and the pharmacokinetic parameters. Estimates for the AUC calculation the linear/log linear technique was used. Model 200 was used for p.o. dosing data and model 202 was used for the i.v. dosing data.

RESULTS

The intracolonic administration of TNBS (50 mg kg⁻¹ in 25% ethanol) consistently produced colonic damage in the distal portion of the rat colon at 3 days post treatment. The gross morphological damage produced by TNBS was characterized by "patchy" areas of necrosis, ulceration, hyperemia and inflammation. After TNBS administration the macroscopic changes were accompanied by a 4fold increase in distal colonic MPO activity that found in control rats compared to the TNBS enema. The colonic given damage induced by TNBS was also associated with a 4-fold increase in tissue wet weight.

Protective effects of pretreatment with CPI-1189

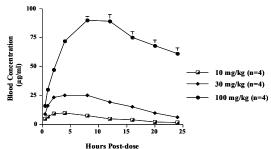
Efficacy of CPI-1189: In a our first series of experiments, groups of rats (n=11/group) were treated with either a single oral dose of CPI-1189 (10 mg kg⁻¹) or the methylcellulose vehicle control 1 hr. before the TNBS enema. This dose of CPI-1189 was selected based on its ability to provide 50% neuroprotection in an in vivo model of (MPTP mouse model of disease - data on file Centaur Parkinson's Pharmaceuticals Inc.). Macroscopic analysis after 3 days revealed that at 10 mg kg⁻¹ p.o. CPI-1189 had a significant protective effect (46%) against the TNBSinduced morphological damage. In the vehicle-treated group (n=11) the morphological score was 2.4 ± 0.4 whereas in the CPI-1189 treated group there was a score of 1.3 \pm 0.3. However, CPI-1189 at 10 mg kg⁻¹ p.o. had no inhibitory effect in this series of experiments on the TNBS-induced increase in MPO or tissue wet weight.



(c)
Fig. 2: Effect of CPI-1189 on the TNBS induced colonic inflammation. Rats (n = 14/group) were administered by oral gavage a single dose of CPI-1189 (or the methylcellulose vehicle) at a dose of 30 mg kg⁻¹ 1 hr before the TNBS enema. Three days post TNBS the rats treated with CPI-1189 showed a reduction in the colonic damage score (A), a decrease in the MPO activity (B) and a decrease in the wet weight of the colon (C) compared to control rats that were treated with the methylcellulose vehicle. Values are mean ± sem. * Statistically significant different from controls p < 0.05

In a second series of experiments, groups of rats (n=14/group) were treated with either a single oral dose

of CPI-1189 (30 mg kg⁻¹) or the methylcellulose vehicle control 1 hr. before the TNBS enema. Macroscopic analysis after 3 days revealed that CPI-1189 provided



Mean Pharmacokinetic Parameter Estimates O SE Following po Administration of 3 Ascending Doses of CPI-1189 to Rats.					
Dose (mg/kg)	T _{max} (h)	C _{max} (Eg/mL)	$AUC_{0\rightarrow 24h}$ (Êg x hr/mL)	(h)	V JF (L/kg)
10	3.500.5	9.6 0 0.3	123 O 5.8	7.4 O 1.2	0.77 O 0.13
30	5.5 O 1.5	26 O 1.3	413 O 28	5.9 0 0.7	0.54 O 0.03
100	10 O 1.2	93 O 3.6	1731 Ó 77	Not Determined	Not Determined

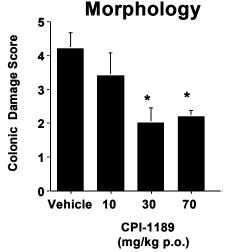
Fig. 3: Plot of mean blood concentrations ($\mu g \ mL^{-1} \pm SD$) and a table of resulting mean pharmacokinetic parameter estimates (\pm SD) following p.o. administration of three ascending doses of CPI-1189 to rats (n = 4/dose group). Circles, diamond and squares in the plot are data from the 10, 30 and 100 mg kg^-1 treatments, respectively. Approximately proportional increases in C_{max} and AUC are observed as the dose level is increased from 10 to 100 mg kg^-1. Similar shapes and T_{max} values for the blood concentration-time profiles are observed for the 10 and 30 mg kg^-1 dose group. However, the profile for the 100 mg kg^-1 dose group shows evidence of rate- limited absorption, i.e.,increased Tax and diminished fall off of blood concentrations at later time points

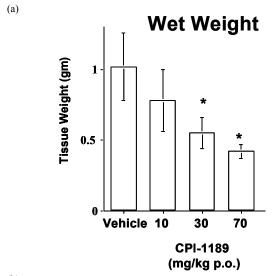
significant protection against the severe inflammatory response of the colonic mucosa induced by TNBS (Fig. 2A). In these same animals we also determined the effect of CPI-1189 on TNBS-induced increases in MPO activity and tissue wet weight. Our findings showed that CPI-1189 (30 mg kg⁻¹ p.o.) produced a significant reduction in MPO activity (Fig. 2B) and tissue wet weight (Fig. 2C) compared to vehicle-treated animals.

Lack of a protective effect with PBN: In this series of experiments, the efficacy of PBN against TNBS-induced colitis was investigated. Due to the acid instability of PBN, the compound was given via the i.p. rather than the p.o. route of administration. Groups of rats (n=6/group) were treated with a single dose of PBN (150 mg kg⁻¹ i.p.) or the saline vehicle control i.p. 1 hr. before the TNBS enema. Macroscopic analysis of the colon after 3 days revealed that PBN did not protect

against the severe inflammatory response of the colonic mucosa induced by TNBS. In the PBN treated group the mean morphological score of 2.4 ± 1.0 did not differ significantly from the saline vehicle-treated group where the morphological score was 2.6 ± 0.9 .

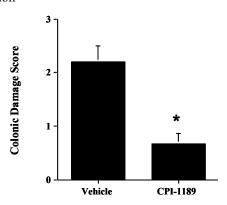
Evaluation of dose proportionality studies: Significant blood concentrations of CPI-1189 could be measured for





(b) Fig. 4: Dose-response effect of CPI-1189 (10, 30 or 70 mg kg⁻¹ p.o.) or the methylcellulose vehicle on TNBS (50 mg kg⁻¹) induced colonic inflammation. Rats (n = 5/group) were dosed 1 hr before the TNBS enema. At the 10 mg kg⁻¹ dose of CPI-1189 there was a reduction in the colonic damage score which was not statistically different from the vehicle-treated control rats. CPI-1189 at doses of 30 and 70 mg kg⁻¹ significantly reduced the TNBS colonic damage score. Values are mean ± sem. * Statistically significant difference at p < 0.05</p>

up to 24 hr. post p.o. doses of 10, 30 and 100 mg kg $^{-1}$ (Fig. 3). Resulting pharmacokinetic parameter estimates show excellent dose proportionality for C_{max} and AUC values. However, T_{max} increased from 3.5 to 10 hr. as the dose was increased from 10 to 100 mg kg $^{-1}$, suggesting that at higher doses absorption of the drug was rate limited but with a similar extent of absorption as achieved at lower doses. For the 100 mg kg $^{-1}$ dose, an insignificant fall off of blood concentrations over the 24 hr. sampling period prevented a calculation of $t_{1/2}$ and V_z /F values and probably produced an under estimation



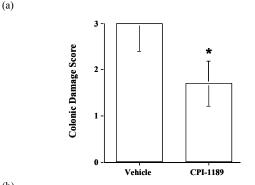
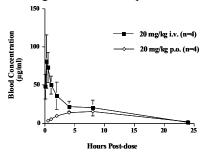


Fig. 5: Effect of route of administration on CPI-1189 (30 mg kg⁻¹) on the TNBS induced colonic inflammation. Rats (n = 6/group) were dosed either p.o. or i.v. 1 hr. before the TNBS enema or the vehicle (1% aqueous methylcellulose for p.o. and 25% aqueous PEG for i.v.). Although both routes of administration of CPI-1189 were protective against TNBS-induced damage, there was a more marked reduction in the colonic damage score in rats given the CPI-1189 via the i.v. route (A) compared to rats predosed with CPI-1189 p.o. (B). Values are mean ± sem. * Statistically significant difference at p < 0.05

of AUC for this dose level. For the 10 and 30 mg kg $^{-1}$ doses, the $t_{\rm 1/2}$ and V_z/F values were approximately 6 hr. and 0.6 μL kg $^{-1}$, respectively.

Evaluation of the dose-response characteristics of CPI-1189: The objective of this series of experiments was to determine the dose-response characteristics of

CPI-1189 given orally in the TNBS rat model of colitis. Groups of rats (n = 5/group) were administered a single oral dose of CPI-1189 (10-70 mg kg⁻¹) given 1 hr. before the TNBS. In the vehicle-treated rats, the TNBS enema stimulated gross morphological damage in the colon and increased the wet weight of the tissue (Fig. 4). In rats pretreated with CPI-1189 there was a significant and a dose-dependent reduction in both the TNBS-induced colonic damage (Fig. 4A) and increase in tissue wet weight (Fig. 4B). MPO levels were not assessed during this series of experiments.



Mean AUC Values (OSE) and Resulting Absolute Bioavailability Measurement for Rats Administered 20 mg/kg of CPI-1189 Either iv or po					
Treatment	Mean AUC $_{0\rightarrow24h}$ (Êg x hr/mL \pm SD)	Estimated Bioavailability (%)			
iv	349 ± 126	100%			
po-suspension	192 ± 6.9	55%			

Fig. 6: Plot of mean blood concentrations (μg mL⁻¹ ± SD) and a table of mean AUC values (± SD) following either i.v. or p.o. administration of a single 20 mg kg⁻¹ dose of CPI-1189 to rats (n = 4/dose group). Circles and squares in the plot are data from the p.o. and iv. treatments, respectively. The mean value for the terminal elimination half life observed following either treatments is similar, approximately 5 hr. This mean value is also similar to mean value for the terminal elimination half life found in the dose proportionality study (Fig. 3). Based on AUC values, the systemic bioavailability of a the p.o. dose of CPI-1189 is approximately half the systemic bioavailability of an i.v. dose

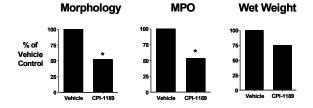


Fig. 7: Effect of CPI-1189 (30 mg kg⁻¹) in the TNBS-induced rodent model of colitis when dosed via oral gavage at 4,8 and 24 hr after the TNBS challenge (n = 14). Control rats received 3 doses of the methylcellulose vehicle at 4,8 and 24 hr after the TNBS challenge (n = 14). Following these 3 doses of CPI-1189 (cumulative dose of 90 mg kg⁻¹) there was a significant reduction in the TNBS colonic damage score compared to the vehicle control rats. Values are mean ± sem. * Statistically significant difference at p < 0.05

These results suggest that oral administration of CPI-1189 induces significant protective effects against TNBS-induced colonic damage at doses between of 30 and 70 mg kg⁻¹. As there was little difference between the protective effects of 30 and 70 mg kg⁻¹ an additional experiment was performed with a higher dose of CPI-1189 (90 mg kg⁻¹) to confirm that the maximum protective effect had been reached. In these experiments we found no obvious enhancement of efficacy with CPI-1189 (morphological score of 3.2 ± 0.5 in the vehicle-treated group and 2.0 ± 0.4 in the CPI-1189 group, a protection of 37.5 %.

Influence of route of administration: In the next series of experiments, we compared the efficacy of a single dose of CPI-1189 (30 mg kg⁻¹) administered by two defined routes: intravenously or orally. CPI-1189 was administered 1 hr. before the TNBS enema. Rats (n=6/dosing group) pretreated with the appropriate vehicle, p.o. (1% aqueous methylcellulose) or i.v. (25% aqueous PEG) 1 hr. before the TNBS served as controls. For the same 30 mg kg⁻¹ dose, greater morphological protection (77%) was observed when CPI-1189 was administered intravenously (Fig. 5A) compared to rats in which the CPI-1189 was administered p.o. (Fig. 5B).

Evaluation of absolute bioavailability: Significant blood concentrations of CPI-1189 could be measured for up to 24 hr. post administration of 20 mg kg⁻¹ i.v. or p.o. doses of CPI-1189 (Fig. 6). Resulting AUC and C_{max} values following the p.o. dose (Fig. 6) are consistent with those found in the dose proportionality study. The AUC values following the i.v. doses were higher than the p.o. doses, leading to a calculated absolute bioavailability of approximately 55%. Insufficient blood sampling in the 8-24 hr. post-dose time period for the animals treated p.o. limits the validity of parameter estimates \pm SD for the $t_{1/2}$ and V_z/F values obtained. Nevertheless, the mean values for these parameters \pm SD following p.o. dosing, 5.4 ± 0.6 hr. and 0.75 µL kg⁻¹, respectively, are similar to those found in the dose proportionality study. In addition, the $t_{1/2}$ values \pm SD found following the i.v. administration, 4.8 ± 0.8 hr. are also very similar to that found after oral administration in the absolute bioavailability study and the dose proportionality study.

Healing effects of CPI-1189 during acute post-treatment: In this series of experiments we investigated the effects of CPI-1189 administered after the TNBS enema to determine the effectiveness of the compound during the acute phase of the TNBS-induced inflammatory response. CPI-1189 (90 mg kg⁻¹ p.o)

administered between 4, 8 or 24 hr after the TNBS enema reduced the colonic damage induced by TNBS (Fig. 7).

DISCUSSION

In the present study TNBS in ethanol induced macroscopic damage of the distal colon in rats^[6,8] and stimulated an increase in the activity of MPO, an enzymatic marker of neutrophil infiltration into damaged tissue^[9,10]. It was also found that CPI-1189, a novel chemical entity, was protective in this model of colonic damage. CPI-1189's protective effects could be observed on tissue appearance; through measures of morphology and colonic wet weights and on tissue biochemistry through the measurement of MPO activity. Morphology damage scores, tissue wet weights and MPO values increased significantly in TNBS animals pretreated with vehicle, whereas in TNBS animals treated with CPI-1189 there was a significant reduction in these measures, suggesting that CPI-1189 produced an anti-inflammatory effect. The protection afforded by oral dosing of CPI-1189 was modest and inconsistent at a dose of 10 mg kg⁻¹ or less, but statistically significant at 30 mg kg⁻¹ or greater.

CPI-1189 was also effective when administered intravenously suggesting that the protection is affected by systemic, not topical action. The greatest degree of protection, 77%, was seen when CPI-1189 was administered at 30 mg kg⁻¹ i.v., 1 hour before the TNBS enema. This level of protection is 50% greater than when a 30 mg kg⁻¹ dose of CPI-1189 is given p.o. and is consistent with the approximately 50% absolute bioavailability of CPI-1189 in rat. Although a 70 mg kg⁻¹ p.o. dose of CPI-1189 caused a further improvement in the TNBS-induced increase in wet weight of the tissue beyond that seen with the 30 mg kg⁻¹ dose, this dose of CPI-1189 did not further improve the morphologic score beyond that seen with 30 mg kg⁻¹ CPI-1189. In a separate experiment, these findings with the 30 and 70 mg kg⁻¹ doses were extended to treatment with a 90 mg kg⁻¹ dose of CPI-1189. In this experiment, protection based on morphologic score was little different than that found following the 30 or 70 mg kg⁻¹ treatment with CPI-1189, but the protection based on wet weight measurements (edema) was better than that observed following the 30 or 70 mg kg⁻¹ treatment with CPI-1189. Based upon the proportional increase in systemic exposure (AUC values) when the CPI-1189 p.o. dose is increased from 10 to 100 mg kg⁻¹, an improvement in the morphologic score with the higher dose of CPI- 1189 would be expected. However, a consideration of the blood concentrations present in the rat when the TNBS treatment is administered gives a possible explanation for these findings and also points to the possible need for CPI-1189 to be present in blood at a reasonably high concentration at the time of TNBS instillation to affect the greatest protection. The absorption of CPI-1189 at doses above 30 mg kg⁻¹ appears to be rate limited, the blood concentrations one hour post-dose (the time of TNBS enema) for the 30, 70 and 90 mg kg⁻¹ doses are not significantly different (approximately 16, 23 and 28 μg mL⁻¹, respectively. At this same time point the blood concentration following a 10 mg kg⁻¹ p.o. dose is approximately one third the concentrations achieved following the 30 mg kg⁻¹ dose which is consistent with the lower and more inconsistent activity observed at this dose. When the degree of protection produced following i.v. administration of CPI-1189 is considered, it is apparent that blood concentrations of the compound are approximately three times greater than those seen following oral administration of the same dose. These higher blood concentrations can readily account for the higher degree of protection observed with i.v. dosing. These finding suggest the need for CPI-1189 to be present in blood at a relatively high concentration at the time of the TNBS instillation to produce the greatest protection. Despite the apparent need for CPI-1189 to be present for the best effect at relatively high concentrations in the blood at the time of the TNBS insult, the compound also appears to have some activity when given post-TNBS. In a preliminary study to evaluate the protective effects of CPI-1189 when given after the TNBS enema, the efficacy of a multiple dosing regime of orally administered CPI-1189 was examined. The degree of protection observed was comparable to that seen when CPI-1189 was given 1 hr. prior TNBS administration. The mechanism for this post-TNBS protection may be more related to the previously mentioned highly dose dependent decrease in edema found with CPI-1189 than the mechanism responsible for protection based on morphologic score which seems to plateau at 30 mg kg⁻¹. However, these findings, taken together with previous results, show that CPI-1189 not only protects the colonic tissue against an inflammatory insult but that the compound may actually interrupt or attenuate in the inflammatory process even after the process has been initiated. Although this hypothesis requires further experimental investigation, these findings of anti-inflammatory activity of CPI-1189 suggest that the compound could have clinical applications against both an active

inflammatory response and as prophylaxis against a new inflammatory insult. The finding that CPI-1189 is efficacious against TNBS-induced colitis is also in agreement with findings in another *in vivo* inflammatory model, that of adjuvant induced arthritis model of chronic inflammation, in which CPI-1198 was able to modulate the inflammatory response (data on file, Centaur Pharmaceuticals, Inc.).

The mechanism by which CPI-1189 protects in the TNBS model is still not fully understood and remains under active investigation. CPI-1189 has comparable radical trapping activity to PBN and has also been shown to attenuate TNF- α induced production of reactive oxygen species, however PBN shows little efficacy compared to CPI-1189 in the TNBS-induced model of colitis. This suggests that a free radical trapping mechanism is not responsible for the efficacy seen in this model. One possibility is that CPI-1189 modulates the activity of TNF- α or IL-1 β , two cytokines thought to be involved in the TNBS induced damage while PBN does not.

Both of these cytokines are elevated following TNBS administration^[11-14] and treatment with an IL-1 receptor antagonist^[15,16] and antibodies against TNF- α [13] reportedly ameliorate the effect of TNBS in rodents. Consistent with this possibility, CPI-1189 was recently shown to prevent TNF-α induced apoptosis in vitro^[17,18] to protect against TNF-α induced weight loss, cognitive deficits and cell death in vivo^[19, 20] and to prevent the induction of stress activated protein kinases (p38MAPK) by IL-1β in vitro^[21]. Alternatively the protective effects of CPI-1189 against colonic damage in this rat model may arise from its ability to alter the cascade of oxidative events associated with TNBS treatment^[22, 23]. CPI-1189 has activity as a scavenger of hydroxyl radical similar to that of PBN (data not shown) and the compound has been shown to reduce the generation of ROS attendant to TNF-α treatment^[17]. The likelihood that CPI-1189 protects against TNBS-induced damage by specifically targeting cytokine-mediated damage has considerable relevance to IBD. Both of these cytokines are elevated in IBD patients and current thinking implicates both TNF-a and IL-1 as important therapeutic targets for both Crohn's disease and ulcerative colitis^[5]. Indeed the emergance of genetically engineered antibodies that bind TNF-α (eg. inflixamab) have recently been approved for patient use. In summary, the present findings suggest that small molecules, such as CPI-1189, that also target these pathways and possess protective and healing activity in animal models of IBD

following oral administration might provide similar efficacy in the human disease.

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